

Cambie Community Centre

SPRING 2024 PROGRAM GUIDE



12800 Cambie Road,
Richmond, BC V6V 0A9
604-238-8399
cambie@richmond.ca



Cambie Community Centre



@cambiecc

This guide is updated regularly. Program information and schedules are subject to change. Thank you for your understanding!

SPRING 2024

Mission:

To provide accessible programs and services in East Richmond that promote community and enhance our quality of life.

Facility Hours:

Monday - Friday: 7:00am - 9:45pm

Saturday: 9:00am - 8:45pm

Sunday: 9:00am - 9:45pm

Visit us at richmond.ca/cambie for up to date holiday hours!



Program Registration Information

- 1) **Online:** Visit www.richmond.ca/register to register at any time.
- 2) **By Phone:** Registration Call Centre at **604-276-4300**, Mon-Fri 8:30am-5:00pm
- 3) **In Person:** Visit the community centre during operating hours to register in person

To browse available programs please check out www.richmond.ca/register. A MyRichmond account and credit card is required for online registration.

Refunds and Withdrawals

To receive a refund, or to withdraw or transfer from a class, call the Registration Call Centre at **604-276-4300**, Monday to Friday, 8:30am-5:00pm. Visit www.richmond.ca/register for our full refund policy.

Register early to avoid program cancellations!

Programs are cancelled approximately seven days prior to start date if there are not enough participants. Register as early as possible to reserve your spot and avoid program cancellations!

Volunteer Opportunities

Interested in volunteering with Cambie Community Centre? Visit icanhelp.richmond.ca to browse volunteer opportunities!

Arts - Dance

BALLET - PARENT AND TOT

Spin, twirl and leap while discovering the fun aspects of this popular dance style. Parent participation required.

2-3 yrs	Apr 20-Jun 22	Sat	11:15-11:45am	\$42.55/10 sess.	#302663
2-3 yrs	Apr 20-Jun 22	Sat	12:00-12:30pm	\$42.55/10 sess.	#302665

BALLET

Spin, twirl, and leap in these introductory sessions that focus on fun and specific-age group ballet techniques.

3-5 yrs	Apr 8-Jun 17	Mon	3:15-4:00pm	\$63.80/10 sess.	#302673
3-5 yrs	Apr 8-Jun 17	Mon	4:15-5:00pm	\$63.80/10 sess.	#302676
3-5 yrs	Apr 20-Jun 22	Sat	9:15-10:00am	\$63.80/10 sess.	#302661
3-5 yrs	Apr 20-Jun 22	Sat	10:15-11:00am	\$63.80/10 sess.	#302662

FAIRY TALE DANCING

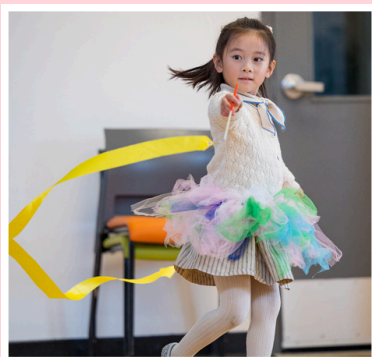
Spin, roar, stomp and twirl to favourite fairy tale characters followed by storytime after each dance session.

3-5 yrs	Apr 12-Jun 28	Fri	3:15-4:00pm	\$63.80/10 sess.	#302677
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MINI HIP HOPPERS

Groove to new and exciting moves in these fun and active sessions that cover basic choreography and dance games.

3-5 yrs	Apr 12-Jun 28	Fri	4:15-5:00pm	\$63.80/10 sess.	#302680
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Sports

SPORTBALL® - MULTISPORT - PARENT AND TOT

Focus on Physical Literacy and social exploration and learn Fundamental Sport Skills together through creative and challenging games. In addition, adults are taught techniques to help toddlers refine motor skills. Parent participation required. Instructed by Sportball®.

2-3 yrs Apr 20-Jun 22 Sat 10:00-10:45am \$162.00/9 sess. #301579

SPORTBALL® - MULTISPORT

Refine, rehearse, repeat in these sessions that focus on the basic skills common to all sports such as balance, coordination and stamina all in a fun, supportive and non-competitive setting that emphasizes teamwork. Instructed by Sportball®.

3-5 yrs Apr 20-Jun 22 Sat 10:50-11:50am \$162.00/9 sess. #301580

SPORTBALL® - SOCCER - PARENT AND TOT

Develop some fundamental skills that include throw-ins, dribbling, trapping, passing and goalie skills to practice in exciting, non-competitive games. Parent participation required. Instructed by Sportball®.

2-3 yrs Apr 20-Jun 22 Sat 11:55am-12:40pm \$162.00/9 sess. #301587

SPORTBALL® - SOCCER

Develop some fundamental skills that include throw-ins, dribbling, trapping, passing and goalie skills to practice in exciting, non-competitive games. Instructed by Sportball®.

3-5 yrs Apr 20-Jun 22 Sat 12:45-1:45pm \$162.00/9 sess. #301605



Arts - Dance

BHANGRA DANCING - BEGINNER

Try this lively, high-energy and fun blend of music and dance that covers fundamental choreography and techniques.

6-12 yrs Apr 18-Jun 20 Thu 6:15-7:15pm \$85.10/10 sess. #302142

HIP HOP

Move, groove, and learn dance steps to the newest beats in this fun-filled setting.

6-8 yrs Apr 11-Jun 20 Thu 3:30-4:30pm \$93.60/11 sess. #302840

9-12 yrs Apr 11-Jun 20 Thu 4:45-5:45pm \$93.60/11 sess. #302844

JAZZ DANCING

Explore this popular and energetic form of dance that is characterized by syncopated rhythms and free expression.

6-12 yrs Apr 16-Jun 18 Tue 6:30-7:30pm \$85.10/10 sess. #310215 **Cancelled**

K-POP DANCING

Dance to up-tempo music and learn choreography to match with this fun, social and popular style of dance that consists of quick, repetitive movements while moving in synchronicity.

6-8 yrs Apr 16-Jun 18 Tue 4:00-5:00pm \$85.10/10 sess. #302649

9-12 yrs Apr 16-Jun 18 Tue 5:15-6:15pm \$85.10/10 sess. #302650



Arts - Visual

CHINESE BRUSH PAINTING - BEGINNER

Explore this ancient art and create beautiful pieces by practicing basic techniques and experimenting with various exercises. A non-refundable \$15 supplies fee is added when registering. Additional supplies may also be needed.

6-10 yrs	Apr 14-May 12	Sun	9:30-10:30am	\$42.55/5 sess.	#301545 Cancelled
6-10 yrs	May 19-Jun 16	Sun	9:30-10:30am	\$42.55/5 sess.	#301548

WILDLIFE IN WATERCOLOUR PAINTING

Paint some of the world's most majestic animals using a variety of watercolour techniques that achieve textural effects. Supplies included.

6-10 yrs	Apr 18-May 16	Thu	3:30-4:30pm	\$42.55/5 sess.	#301558 Cancelled
6-10 yrs	May 23-Jun 20	Thu	3:30-4:30pm	\$42.55/5 sess.	#301561



General Interest

PRIMARY CARE - BABYSITTING BASICS

Learn fun games and activities for children, basic babysitting skills and how to deal with emergencies. A Canadian Red Cross Babysitting Certificate provided upon successful completion of session. Instructed by Primary Care First Aid.

10-16 yrs	April 21	Sun	9:00am-5:00pm	\$85.00/1 sess.	#303871
10-16 yrs	May 12	Sun	9:00am-5:00pm	\$85.00/1 sess.	#303872
10-16 yrs	Jun 16	Sun	9:00am-5:00pm	\$85.00/1 sess.	#303876

Martial Arts

KARATE - SHITO-RYU - BEGINNER

Learn this traditional style of martial arts in a fun and safe environment. There may be additional fees including; membership fees, belt grading fee (optional), uniform and safety equipment (optional). The instructor will provide details of options.

6+ yrs	Apr 17-Jun 19	Wed	6:30-7:30pm	\$74.40/10 sess.	#303831
6+ yrs	Apr 19-Jun 21	Fri	6:30-7:30pm	\$74.40/10 sess.	#303847

KARATE - SHITO-RYU - BEGINNER/INTERMEDIATE

Learn this traditional style of martial arts in a fun and safe environment. There may be additional fees including; membership fees, belt grading fee (optional), uniform and safety equipment (optional). The instructor will provide details of options.

6+ yrs	Apr 17-Jun 19	Wed	7:00-8:00pm	\$74.40/10 sess.	#303836
6+ yrs	Apr 19-Jun 21	Fri	7:00-8:00pm	\$74.40/10 sess.	#303854

KARATE - SHITO-RYU - INTERMEDIATE/ADVANCED

Learn this traditional style of martial arts in a fun and safe environment. There may be additional fees including; membership fees, belt grading fee (optional), uniform and safety equipment (optional). The instructor will provide details of options.

6+ yrs	Apr 17-Jun 19	Wed	8:00-9:00pm	\$74.40/10 sess.	#303841
6+ yrs	Apr 19-Jun 21	Fri	8:00-9:00pm	\$74.40/10 sess.	#303857

TAEKWONDO - BEGINNER

Learn the art of self-defence with an emphasis on control, kicking and punching moves all in a safe environment. Additional fees may be charged for equipment and belt testing.

6-12 yrs	Apr 13-Jun 22	Sat	4:00-5:00pm	\$90.00/10 sess.	#301894
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TAEKWONDO - INTERMEDIATE/ADVANCED

Practice advanced skills and techniques with a continued emphasize on control and discipline. Previous experience and instructor approval required.

6+ yrs	Apr 13-Jun 22	Sat	5:00-6:00pm	\$90.00/10 sess.	#301926
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Martial Arts cont.

TAEKWONDO - BLACK BELT

Practice advanced skills and techniques with experienced instructors who emphasize control and discipline. Previous experience and instructor approval required. Additional fees may be charged for equipment and belt testing.

6+ yrs	Apr 13-Jun 22	Sat	6:00-7:30pm	\$135.00/10 sess.	#301994
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Nature and Science

WACKY SCIENCE

Explore the explosive and somewhat messy world of potions and science through simple and safe experiments.

6-12 yrs	Apr 19-May 17	Fri	4:15-5:45pm	\$63.80/5 sess.	#301566
6-12 yrs	May 24-Jun 21	Fri	4:15-5:45pm	\$63.80/5 sess.	#301570



Racquet Sports

BADMINTON - INTERMEDIATE

Master more basic skills plus footwork along with an introduction about the rules of singles and doubles play. Pre-requisite: Previous badminton experience required.

9-12 yrs	Apr 20-Jun 22	Sat	10:50-11:50am	\$57.05/9 sess.	#303859
9-12 yrs	Apr 21-Jun 23	Sun	11:00am-12:00pm	\$57.05/9 sess.	#303863

Sports

BASKETBALL

Practice dribbling, passing and shooting skills followed by friendly games.

6-9 yrs	Apr 13-Jun 15	Sat	9:00-10:00am	\$63.40/10 sess.	#302155
6-9 yrs	Apr 13-Jun 15	Sat	10:15-11:15am	\$63.40/10 sess.	#302195
9-12 yrs	Apr 13-Jun 15	Sat	11:30am-12:30pm	\$63.40/10 sess.	#302201

GOLF

Try junior golf lessons with trained Canadian PGA instructors demonstrating important techniques for a great golf swing. These sessions are offered in partnership with Mayfair Lakes and the East Richmond Community Association. Price includes use of golf clubs and golf balls.

8-16 yrs	May 7-Jun 25	Tue	4:00-5:00pm	\$240.00/8 sess.	#299895
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MULTISPORT - FOR GIRLS

Learn the basic fundamental movement skills for improved participation in basketball, soccer, volleyball and more. All self-identified girls welcome.

8-12 yrs	Apr 9-May 14	Tue	4:45-5:45pm	\$38.05/6 sess.	#302830
8-12 yrs	May 28-Jun 18	Tue	4:45-5:45pm	\$25.35/4 sess.	#302836

SOCCER

Dribble, pass and kick in this fun, non-competitive atmosphere.

8-12 yrs	Apr 10-Jun 19	Wed	4:45-5:45pm	\$69.75/11 sess.	#302820 Cancelled
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Sports cont.

SPORTBALL® - SOCCER

Develop some fundamental skills that include throw-ins, dribbling, trapping, passing and goalie skills to practice in exciting, non-competitive games. Instructed by Sportball®.

5-7 yrs Apr 20-Jun 22 Sat 1:50-2:50pm \$162.00/9 sess. #301609

**VOLLEYBALL - BEGINNER**

Improve game play in these designed sessions that include mini games and a fun and non-competitive atmosphere. Suitable for new players.

8-12 yrs Apr 11-Jun 20 Thu 4:45-5:45pm \$63.40/10 sess. #302804

VOLLEYBALL - INTERMEDIATE

Improve game play in these designed sessions that include mini games and a fun and non-competitive atmosphere. Suitable for players that have completed Volleyball - Preteens or Volleyball - Beginner - Preteens.

8-12 yrs Apr 8-Jun 17 Mon 4:45-5:45pm \$63.40/10 sess. #302807

VOLLEYBALL BC - SMASHBALL ATOMIC

Compete and play in these fast-paced, engaging and fun sessions that introduce new tactics and game concepts while incorporating additional volleyball skills. Open to all skill levels regardless of previous experience. Instructed by Volleyball BC.

8-12 yrs Apr 27-Jun 15 Sat 3:30-4:30pm \$105.00/7 sess. #302733

Join Cambie's Youth Council!

Gain leadership skills while planning fun activities in **Youth Taking Charge**. Past activities include winter clothing drives, collaborations with Cambie's Out of School Care program and other special events! This program runs throughout the School Year.

Interested in joining? Keep an eye out on icanhelp.richmond.ca!

Martial Arts

KARATE - SHITO-RYU - ALL LEVELS

Learn this traditional style of martial arts in a fun and safe environment. There may be additional fees including; membership fees, belt grading fee (optional), uniform and safety equipment (optional). The instructor will provide details of options.

16-18 yrs Apr 16-Jun 18 Tue 7:30-9:30pm \$148.80/10 sess. #303844



Racquet Sports

BADMINTON - INTERMEDIATE

Apply the strategy, speed and placement skills learned in practices to high-energy games. Basic and refined strokes are covered along with control and consistency. Pre-requisite: Previous badminton experience.

13-18 yrs Apr 20-Jun 22 Sat 11:55am-12:55pm \$57.05/9 sess. #303861
 13-18 yrs Apr 21-Jun 23 Sun 12:05-1:05pm \$57.05/9 sess. #303864

Sports

VOLLEYBALL

Improve game play in these sessions that include mini games and a fun and non-competitive atmosphere.

13-18 yrs Apr 12-Jun 21 Fri 4:45-5:45pm \$69.75/11 sess. #302808

VOLLEYBALL BC - TRAIN AND PLAY

Compete and play in these low-pressure, engaging and fun sessions for all levels to learn different technical and tactical skills using both a traditional and conceptual approach. Open to all skill levels regardless of previous experience. Instructed by Volleyball BC.

13-16 yrs Apr 27-Jun 15 Sat 4:45-5:45pm \$105.00/7 sess. #302792



Volunteer at Cambie Community Centre!

Interested in volunteering with Cambie Community Centre? Visit icanhelp.richmond.ca to browse volunteer opportunities!

Cambie's volunteer opportunities include seasonal programs, special events and daycamps!

Search with key word "**Cambie**"! The first time you sign up for a volunteer opportunity, you will have to create an **ICanHelp** account.

Arts - Dance

SWING DANCING

Develop the fundamental movements of this vibrant and popular dance style in a welcoming environment. Suitable for all levels.

18+ yrs Apr 16-Jun 18 Tue 7:45-8:45pm \$85.10/10 sess. #311877 **Cancelled**

Arts - Visual

PAINT NIGHT

Recreate a famous painting to take home with step-by-step instruction. Instructed by Party with Laura. No experience required.

18+ yrs May 23 Thu 6:30-8:30pm \$35.00/1 sess. #299106

General Interest

PUPPY PRESCHOOL

Learn some tips and tricks in proper puppy training in a positive environment that focuses on basic manners, socialization, handling and navigating challenging behaviours. Puppy must be 8 to 18 weeks on first day of class. Instructed by Daisy Dog Training.

18+ yrs Apr 20-May 11 Sat 10:00-11:00am \$175.00/4 sess. #302683

18+ yrs May 25-Jun 15 Sat 10:00-11:00am \$175.00/4 sess. #302694

DOG MANNERS - RECALL AND WALKING

Build on the basic skills of dog training by learning positive methods for adolescent to adult dogs along with body language basics. Instructed by Daisy Dog Training.

18+ yrs Apr 20-May 11 Sat 11:15am-12:15pm \$175.00/4 sess. #302707

18+ yrs May 25-Jun 15 Sat 11:15am-12:15pm \$175.00/4 sess. #302715

Martial Arts

KARATE - SHITO-RYU - ALL LEVELS

Learn this traditional style of martial arts in a fun and safe environment. There may be additional fees including; membership fees, belt grading fee (optional), uniform and safety equipment (optional). The instructor will provide details of options.

19+ yrs	Apr 16-Jun 18	Tue	7:30-9:30pm	\$148.80/10 sess.	#303842
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Racquet Sports

BADMINTON - INTERMEDIATE

Learn strategy, speed and placement skills to then work on in high-energy games. Basic and refined strokes and control and consistency are also covered. Equipment required at each session. Pre-requisite: Previous badminton experience required.

18+ yrs	Apr 20-Jun 22	Sat	9:15-10:45am	\$85.60/9 sess.	#303858
18+ yrs	Apr 20-Jun 22	Sat	2:00-3:30pm	\$85.60/9 sess.	#303862
18+ yrs	Apr 21-Jun 23	Sun	1:10-2:40pm	\$85.60/9 sess.	#303866

PICKLEBALL - BEGINNER

Learn the rules and basic techniques of this fun, simple and fast-paced game that combines ping pong, tennis and badminton on a badminton size court utilizing paddles and a plastic wiffle ball. Suitable for beginners. Paddles provided for use if required.

19+ yrs	Apr 20-May 18	Sat	1:00-2:15pm	\$70.00/5 sess.	#302811
19+ yrs	May 25-Jun 22	Sat	1:00-2:15pm	\$70.00/5 sess.	#302821

PICKLEBALL - SKILL DRILL PLAY - ALL LEVELS

Continue to improve in these high-intensity, drill-focused sessions that focus on perfecting shots and heightening game awareness. Instructed by a certified instructor.

19+ yrs	Apr 20-May 18	Sat	2:15-4:00pm	\$95.00/5 sess.	#302835
19+ yrs	May 25-Jun 22	Sat	2:15-4:00pm	\$95.00/5 sess.	#302838

Drop-in is available first-come first-served for registered fitness classes with spaces remaining. Call ahead at the Cambie Front Desk (604-238-8399) to check if space is available!

Please note that Total Fitness Passes are not applicable for dropping into a registered program.

ZUMBA® (*FOR WOMEN)

Move to zesty Latin and international music in this dance fitness program that offers a great cardiovascular workout with easy to follow routines.

13+ yrs	Apr 4-May 16	Thu	10:00-11:00am	\$58.80/7 sess.	#302115
*13+ yrs	Apr 5-May 10	Fri	7:00-8:00pm	\$50.50/6 sess.	#302122
*13+ yrs	Apr 8-May 13	Mon	7:15-8:15pm	\$50.50/6 sess.	#302105
*13+ yrs	May 17-Jun 28	Fri	7:00-8:00pm	\$58.80/7 sess.	#302135
13+ yrs	May 23-Jun 27	Thu	10:00-11:00am	\$50.50/6 sess.	#302133
*13+ yrs	May 27-Jun 24	Mon	7:15-8:15pm	\$42.10/5 sess.	#302127



ZUMBA® - TONING - FOR WOMEN

Use toning sticks to help torch calories with dance and strength training that offers a great cardiovascular workout with easy-to-follow routines.

13+ yrs	Apr 3-May 15	Wed	7:15-8:15pm	\$58.80/7 sess.	#302107
13+ yrs	May 22-Jun 26	Wed	7:15-8:15pm	\$50.50/6 sess.	#302137

CORE YOGA

Focus on movements, breathing exercises and yoga poses that work to build a strong and stable core.

13+ yrs	Mar 27-May 8	Wed	5:45-6:45pm	\$67.40/7 sess.	#302112
13+ yrs	Jun 5-Jun 26	Wed	5:45-6:45pm	\$38.50/4 sess.	#302132

Fitness Prices

Passes and Drop-In Rates		
	Adult	Youth/55+
Drop-In	\$6.90	\$5.00
Yoga Drop-In (1 hour)	\$8.75	N/A
10 Visit Card	\$55.00	\$40.00
1 Month	\$59.00	\$47.00
3 Month	\$128.00	\$105.00
6 Month	\$219.00	\$180.00
1 Year	\$365.00	\$300.00
1 Year Family Add-On	\$300.00	N/A
Passes are non-transferrable. Personal training is available. Inquire at the front desk for more information.		

With the purchase of a 1 year adult pass, you may add one additional family member living in the same residence for a reduced price. Passes must be purchased at the same time.

Annual pass holders are permitted one vacation extension per year. This extension must be requested before the start of the vacation and is only granted for periods of more than two weeks and no more than one calendar month.

Total Fitness Pass holders can attend drop-in fitness classes and fitness classes at other community centres for an add on fee of \$1.00 (**not including specialty classes**).

\$4.80 for Minoru Centre and Watermania pools.
Visit cards do not apply.

A refund will only be considered if a permanent disability occurs, or if a client moves outside the Richmond area.

Drop-In Fitness Classes

Schedule effective April 2 - June 30.

All drop-in group fitness classes are included in your Total Fitness Pass. 1 hour drop-in yoga classes are **NOT** included in 10 visit cards.

Monday	Tuesday	Wednesday	Thursday	Friday
Total Body Conditioning 10:00 - 11:00am	Dance Fit 10:00 - 11:00am	Total Body Conditioning 10:00 - 11:00am		Functional Fitness 10:00 - 11:00am
	Hybrid/Express Zoom/Drop-In Yoga 12:15 - 1:00pm	Hybrid/Express Zoom/Drop-In HIIT 12:15 - 1:00pm	Hybrid/Express Zoom/Drop-In TBC 12:15 - 1:00pm	
				Yoga 5:30 - 6:30pm

Hybrid Class: Attend in person or register and attend through Zoom from home.

Express Class: 45 minute lunch-time lunch time classes - perfect for when you're on a lunch-break!

Drop-In Schedules

Drop-In Sports and Games Room Schedules/Pricing

Schedule effective April 2 - June 30.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Badminton (Court Rentals) 9:30am - 2:45pm All Ages	Badminton 12:00 - 2:45pm 18+ yrs	Pickleball 8:30 - 11:30am 18+ yrs	Badminton 12:00 - 2:45pm 18+ yrs	Pickleball 12:00 - 2:45pm 18+ yrs	Badminton 12:00 - 2:45pm 18+ yrs	Badminton (Court Rentals) 9:30am - 8:00pm All Ages
Pickleball 9:30am - 12:00pm 16+ yrs	Youth Open Gym 3:00 - 4:30pm 13-18 yrs	Basketball 12:00 - 2:45pm 18+ yrs	Youth Open Gym 3:00 - 4:30pm 13-18 yrs	Youth Open Gym 3:00 - 4:30pm 13-18 yrs	Youth Open Gym 3:00 - 4:30pm 13-18 yrs	Pickleball (Court Rentals) 4:15 - 8:00pm All Ages
Basketball 9:45am - 12:00pm 13+ yrs		Youth Open Gym 3:00 - 4:30pm 13-18 yrs	Badminton 6:30 - 9:15pm 16+ yrs		Youth Volleyball and Basketball 6:00 - 8:30pm 13-18 yrs	
Pickleball (Court Rentals) 12:15 - 2:30pm All Ages		Volleyball (Registered Visits) 6:30 - 9:15pm 16+ yrs			Night Shift Basketball/Volleyball 9:00 - 11:30pm 16-30 yrs	
Volleyball 12:30 - 3:00pm 16+ yrs						

Drop-in Sport Pricing and Court Rental Information

	Adult	55+	Youth
Drop-In	\$6.00	\$4.95	\$3.30
10 Visit Card	\$48.00	\$40.00	N/A
Court Rentals (45 mins)	\$11.25	N/A	N/A

No private instruction permitted. Courts can be booked starting at 12:00pm one week in advance. Book online, by phone, or in person. 24 hours notice must be given to get a refund. No refunds given for less than 24 hours notice. Clients are required to check-in at the front desk or with gym attendant before proceeding to the court. Max 2 court rentals per person, per day.

1 Year Games Room Pass

	Adult (18+)	18 and Under
1 Year Pass	\$13.00	\$7.00

Games room includes table tennis and pool table. Games room pass is required to use equipment. No access during "Youth Only" hours.

Sport and Games Room visit cards and passes are non-transferable and cannot be used at other Community Centres.

1 Year Youth Facility Pass (13-18 yrs)

Youth Facility Pass 1 FREE	<ul style="list-style-type: none"> • Access to Youth Open Gym, Youth Volleyball and Basketball • Equipment loans during Open Gym times with card • Access to Games Room during "Youth Only" hours (Mon-Fri: during school lunch and 3:00-4:30pm, Tu/Thu 8:00-10:00am)
Youth Facility Pass 2 \$7.00	<ul style="list-style-type: none"> • All of the above, plus • Unlimited access to the Games Room and Games Room Equipment rentals • Access to the Fitness Centre Tue & Thu 3:00-4:00pm.

Seasonal Events

Join the Community Challenge at Cambie!

Be All You Cambie Fun Run

Join this walk or run through King George Park while enjoying family-friendly activities. Parent participation and registration of all participants required.

Saturday, June 15
10:00 - 12:00pm
Ages 1 mo. +
Free, #00327977

Drum Fit

Move to fun songs using a fitness ball and drum sticks from a seated or standing position.
Registration required.

Monday, June 17
12:15 - 1:15pm
Ages 55+
Free, #00328038

\$30 for 30 Under 30

Purchase a Cambie Total Fitness Pass for the month of June for \$30! This pass will give access to the Cambie Fitness Centre and Drop-in Fitness Classes. Pass valid for month of June only.

June 1 - June 30
Ages 19-30

\$30 for 30 day Total Fitness Pass

Dance Moves

Move to lively music in a dance class that offers a fun workout. Registration required.

Monday, June 24
12:15 - 1:15pm
Ages 55+
Free, #00329129

Youth Open Gym

Drop-in and play after school in this free program for youth. Engage in sport while tuning into a variety of competing musical genres.

Thursdays, Jun 6-Jun 27
3:00 - 4:30pm
Ages 13-18
Free, Drop-in



PRESENTED BY



Looking for Seniors Programs?

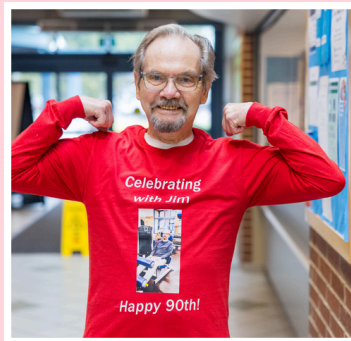
For a full list of 55+ programs, ask for our Spring Seniors guide!

Arts Programs: Dance Moves, Paint Night

Special Events: Vaisakhi Celebration

Out Trips: Italian Day on the Drive Trip

Other Programs: Book Club, Mahjong, Tai Chi and more!



Purchase a Seniors Facility Pass Today!

\$16.00/1 Year Membership

Programs Include:

Coffee Social, Book Club, Memoir Writing Class, Walking Club, Tai Chi, Luk Tung Kuen, Knitting, Table Tennis, Mahjong and Peking Opera

***Note that some of these programs require registration!**

**Seniors programs are typically located at East Richmond Community Hall
12360 Cambie Road**

Little Explorers (Ages 3 - 5)

Monday/Wednesday
9:00am - 12:00pm
\$178.10/monthly

Tuesday/Thursday
9:00am - 12:00pm
\$194.05/monthly

Kinderfun (Ages 3 - 5)

Mornings

Mon/Wed/Fri
9:00 - 11:30am
\$216.75/monthly

Tuesday/Thursday
9:00 - 11:30am
\$155.15/monthly

Afternoons

Mon/Wed/Fri
12:30 - 3:00pm
\$216.75/monthly

Tuesday/Thursday
12:30 - 3:00pm
\$155.15/monthly

Junior Kindergarten (Ages 4 - 5)

Note: Registrants must also be registered in either Kinderfun or Little Explorers!

Monday/Wednesday
11:30am - 1:00pm
\$89.05/monthly

Tuesday/Thursday
11:30am - 1:00pm
\$97.00/monthly

Contact Anne-Marie for more information!
Phone: 604-238-8385
Email: Anne-Marie.Olmstead-Wilcox@richmond.ca

Cambie's Out of School Care programs encourage children to pursue their interests, develop confidence, independence and friendships while respecting themselves, their environment and others!

Schools that we service include:

McNeely and Mitchell - Morning and after school
Tomsett - After school only

Winter/Spring Break and Pro-D days are included in monthly fees.

Contact Julian for more information!
Phone: 604-238-8388
Email: Julian.Hui@richmond.ca

Playtime - Parent and Tot

Play on equipment and try different activity tables.
For children up to 5 years old.

Parent participation required.

Day/Time/Price:

Mondays
9:15 - 11:00am
\$3.00/Drop-in



Recreation Fee Subsidy Program

The City of Richmond's **Recreation Fee Subsidy Program** helps Richmond residents in need of financial assistance access recreational programs.

Applications are submitted yearly, with terms running from September 1 - August 31.

For more information, visit richmond.ca/subsidy