



Name: \_\_\_\_\_ Date: \_\_\_\_\_

Birthdate (DD-MM-YY): \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Person to Contact in Case of Emergency: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician's Name \_\_\_\_\_

|                         |               |              |
|-------------------------|---------------|--------------|
| <b>Date of Surgery:</b> |               |              |
| Please Circle           |               |              |
| <b>HIP</b>              | <b>Right:</b> | <b>Left:</b> |
| <b>KNEE:</b>            | <b>Right:</b> | <b>Left:</b> |

### Completed Check List

- 1. Completed and attached CURRENT PAR-Q Form  Yes  No
- 2. Completed Clinical Pathway Form  Yes  No

### Additional Information:

- 1. Have you ever participated in Joint Replacement Program?  Yes  No
- 2. Are you able to swim OR are you comfortable in chest deep water?  Yes  No
- 3. Have you ever been in a Fitness Centre?  Yes  No
- 4. Do you have proper attire for the Fitness Centre (runners and shorts)?  Yes  No
- 5. Do you have arthritis? Describe type and location:  Yes  No

Are you currently on any medications or drugs?  Yes  No

If so, please list: \_\_\_\_\_

Have you had surgery other than joint replacement in the last 12 months?  Yes  No

Please describe: \_\_\_\_\_

Do you have any other medical conditions that could effect your ability to exercise?  Yes  No

Please describe: \_\_\_\_\_

