

# Cambie Community Centre

## FALL 2025 PROGRAM GUIDE



Photo Credit B. Ercetin



12800 Cambie Road,  
Richmond, BC V6V 0A9  
604-238-8399  
[cambie@richmond.ca](mailto:cambie@richmond.ca)



Cambie Community Centre



@cambiecc

This guide is updated regularly. Program information and schedules are subject to change. Thank you for your understanding!



# Fall 2025

## Mission:

To provide accessible programs and services in East Richmond that promote community and enhance our quality of life.

## Facility Hours:

Mon-Fri: 7:00am-9:45pm

Saturday: 9:00am-8:45pm

Sunday: 9:00am-9:45pm

Visit [richmond.ca/cambie](http://richmond.ca/cambie) for up to date holiday hours!



## Program Registration Information

- 1) **Online:** Visit [richmond.ca/register](http://richmond.ca/register) to register at any time.
- 2) **By Phone:** Registration Call Centre at **604-276-4300**, Mon-Fri, 8:30am-5:00pm
- 3) **In Person:** Visit the community centre during operating hours

To browse available programs, check out [richmond.ca/register](http://richmond.ca/register). A MyRichmond account and credit card is required for online registration.

## Refunds and Withdrawals

To receive a refund, or to withdraw or transfer from a class, call the Registration Call Centre at **604-276-4300**, Mon-Fri, 8:30am-5:00pm. Visit [richmond.ca/register](http://richmond.ca/register) for our full refund policy.

## Register early to avoid program cancellations!

Programs are cancelled approximately seven days prior to start date if there are not enough participants. Register as early as possible to reserve your spot and avoid program cancellations!

## Volunteer Opportunities

Interested in volunteering with Cambie Community Centre? Visit [icanhelp.richmond.ca](http://icanhelp.richmond.ca) to browse volunteer opportunities!



## Arts - Dance

**BALLET - PARENT AND TOT**

Spin, twirl and leap while discovering the fun aspects of this popular dance style. Parent participation required.

2-3 yrs	Sep 13-Oct 25	Sat	11:15-11:45am	\$31.70/7 sess.	00440214
2-3 yrs	Sep 13-Oct 25	Sat	12:00-12:30pm	\$31.70/7 sess.	00440228
2-3 yrs	Nov 1-Dec 13	Sat	11:15-11:45am	\$31.70/7 sess.	00440218
2-3 yrs	Nov 1-Dec 13	Sat	12:00-12:30pm	\$31.70/7 sess.	00440232

**BALLET**

Spin, twirl, and leap in these introductory sessions that focus on fun and specific-age group ballet techniques.

3-5 yrs	Sep 13-Oct 25	Sat	9:15-10:00am	\$47.55/7 sess.	00440242
3-5 yrs	Sep 13-Oct 25	Sat	10:15-11:00am	\$47.55/7 sess.	00440265
3-5 yrs	Sep 15-Oct 27	Mon	3:15-4:00pm	\$47.55/7 sess.	00440194
3-5 yrs	Sep 15-Oct 27	Mon	4:15-5:00pm	\$47.55/7 sess.	00440196
3-5 yrs	Nov 1-Dec 13	Sat	9:15-10:00am	\$47.55/7 sess.	00440249
3-5 yrs	Nov 1-Dec 13	Sat	10:15-11:00am	\$47.55/7 sess.	00440311
3-5 yrs	Nov 3-Dec 15	Mon	3:15-4:00pm	\$47.55/7 sess.	00440195
3-5 yrs	Nov 3-Dec 15	Mon	4:15-5:00pm	\$47.55/7 sess.	00440201



## Arts - Dance cont.

**CHAKRADANCE**

Discover the joy of self-expression through music, dance, chakras and mandala art creation including the whimsical world of modern fairytales, the fluidity of movement and the tranquility of meditation.

3-5 yrs	Sep 14-Oct 26	Sun	1:00-2:00pm	\$63.40/7 sess.	00440532
3-5 yrs	Nov 2-Dec 14	Sun	1:00-2:00pm	\$63.40/7 sess.	00440536

**FAIRY TALE DANCING**

Spin, roar, stomp and twirl to favourite fairy tale characters followed by storytime after each dance session.

3-5 yrs	Sep 19-Oct 31	Fri	3:15-4:00pm	\$47.55/7 sess.	00440329
3-5 yrs	Nov 7-Dec 19	Fri	3:15-4:00pm	\$47.55/7 sess.	00440330

**MINI HIP HOPPERS**

Groove to new and exciting moves in these fun and active sessions that cover basic choreography and dance games.

3-5 yrs	Sep 19-Oct 31	Fri	4:15-5:00pm	\$47.55/7 sess.	00440320
3-5 yrs	Nov 7-Dec 19	Fri	4:15-5:00pm	\$47.55/7 sess.	00440325





## Arts - Visual

### ART JAM

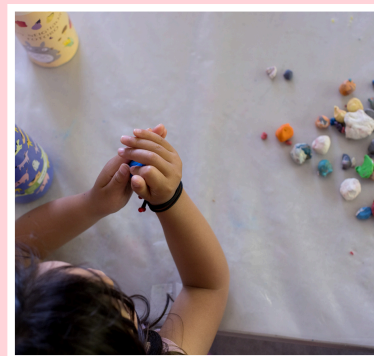
Create concept drawings, learn about colour palettes and develop freehand drawing skills in this specialized class. Instructed by Happy Kids Studios.

4-5 yrs	Sep 6-Oct 11	Sat	2:00-3:00pm	\$120.00/6 sess.	00437072
4-5 yrs	Oct 18-Nov 22	Sat	2:00-3:00pm	\$120.00/6 sess.	00437076

### CLAY CREATIONS - AIR DRY CLAY

Dress for a mess and create handmade pieces that develop skills in these self-confidence building, fun and creative sessions.

3-5 yrs	Sep 18-Oct 30	Thu	4:45-5:45pm	\$63.40/7 sess.	00440480
3-5 yrs	Nov 6-Dec 18	Thu	4:45-5:45pm	\$63.40/7 sess.	00440485



## Sports

### SPORTBALL® - BASKETBALL

Develop fundamental skills and confidence that covers dribbling, passing, shooting and teamwork all practiced in an exciting, non-competitive environment. Instructed by Sportball®.

3-5 yrs	Sep 20-Dec 13	Sat	1:50-2:50pm	\$198.00/11 sess.	00439426
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## Sports cont.

**SPORTBALL® - MULTISPORT - PARENT AND TOT**

Focus on Physical Literacy and social exploration and learn Fundamental Sport Skills together through creative and challenging games. In addition, adults are taught techniques to help toddlers refine motor skills. Parent participation required. Instructed by Sportball®.

2-3 yrs      Sep 20-Dec 13      Sat      10:00-10:45am      \$198.00/11 sess.      00436632

**SPORTBALL® - MULTISPORT**

Refine, rehearse, repeat in these sessions that focus on the basic skills common to all sports such as balance, coordination and stamina all in a fun, supportive and non-competitive setting that emphasizes teamwork. Instructed by Sportball®.

3-5 yrs      Sep 20-Dec 13      Sat      10:50-11:50am      \$198.00/11 sess.      00436633

**SPORTBALL® - SOCCER - PARENT AND TOT**

Develop some fundamental skills that include throw-ins, dribbling, trapping, passing and goalie skills to practice in exciting, non-competitive games. Parent participation required. Instructed by Sportball®.

2-3 yrs      Sep 20-Dec 13      Sat      11:55am-12:40pm      \$198.00/11 sess.      00436637

**SPORTBALL® - SOCCER**

Develop some fundamental skills that include throw-ins, dribbling, trapping, passing and goalie skills to practice in exciting, non-competitive games. Instructed by Sportball®.

3-5 yrs      Sep 20-Dec 13      Sat      12:45-1:45pm      \$198.00/11 sess.      00436639





# Arts - Dance

## BALLET

Spin, twirl and leap in this fun dance program.

6-8 yrs	Sep 15-Oct 27	Mon	5:15-6:15pm	\$63.40/7 sess.	00440204
6-8 yrs	Nov 3-Dec 15	Mon	5:15-6:15pm	\$63.40/7 sess.	00440207

## CHINESE DANCING

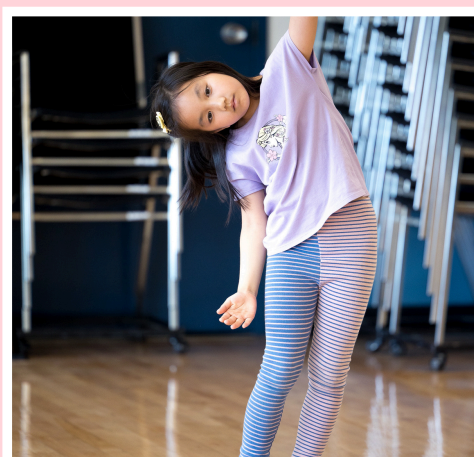
Learn this beloved and challenging multicultural art form composed of Chinese classical and folk dancing that includes jumping and tumbling techniques and the interpretation of music through movement, facial expressions and postures. No dance experience required.

6-8 yrs	Sep 14-Oct 26	Sun	10:00-11:00am	\$63.40/7 sess.	00440428
9-12 yrs	Sep 14-Oct 26	Sun	11:15am-12:15pm	\$63.40/7 sess.	00440435
6-8 yrs	Nov 2-Dec 14	Sun	10:00-11:00am	\$63.40/7 sess.	00440432
9-12 yrs	Nov 2-Dec 14	Sun	11:15am-12:15pm	\$63.40/7 sess.	00440438

## HIP HOP

Get your groove on in this easy going dance class.

6-8 yrs	Sep 11-Oct 23	Thu	3:30-4:30pm	\$63.40/7 sess.	00438443
9-12 yrs	Sep 11-Oct 23	Thu	4:45-5:45pm	\$63.40/7 sess.	00438447
6-8 yrs	Oct 30-Dec 11	Thu	3:30-4:30pm	\$63.40/7 sess.	00438446
9-12 yrs	Oct 30-Dec 11	Thu	4:45-5:45pm	\$63.40/7 sess.	00438449



## Arts - Dance cont.

### K-POP DANCING

Dance to up-tempo music and learn choreography to match in these fun and social sessions with quick, repetitive movements done in synchronicity.

6-8 yrs	Sep 16-Oct 28	Tue	4:00-5:00pm	\$63.40/7 sess.	00440341
9-12 yrs	Sep 16-Oct 28	Tue	5:15-6:15pm	\$63.40/7 sess.	00440365
6-8 yrs	Nov 4-Dec 16	Tue	4:00-5:00pm	\$63.40/7 sess.	00440361
9-12 yrs	Nov 4-Dec 16	Tue	5:15-6:15pm	\$63.40/7 sess.	00440369

## Arts - Visual

### CARTOONING

Learn to tell stories through drawings and by working on character development, thumbnails, layout pages, paneling and more in these specialized sessions designed by a former Disney animator from Happy Kids Studios.

6-8 yrs	Sep 6-Oct 11	Sat	3:10-4:10pm	\$120.00/6 sess.	00437174
6-8 yrs	Oct 18-Nov 22	Sat	3:10-4:10pm	\$120.00/6 sess.	00437179

### CHARACTER DESIGN

Focus on developing engaging characters in animation, comics, games and more in these specialized sessions designed by a former Disney animator from Happy Kids Studios.

9-12 yrs	Sep 6-Oct 11	Sat	4:20-5:20pm	\$120.00/6 sess.	00437196
9-12 yrs	Oct 18-Nov 22	Sat	4:20-5:20pm	\$120.00/6 sess.	00437201





## Arts - Visual cont.

**CLAY CREATIONS - AIR DRY CLAY**

Dress for a mess and create handmade pieces that develop skills in these self-confidence building, fun and creative sessions.

6-8 yrs	Sep 18-Oct 30	Thu	6:00-7:00pm	\$63.40/7 sess.	00440501
6-8 yrs	Nov 6-Dec 18	Thu	6:00-7:00pm	\$63.40/7 sess.	00440506



## Martial Arts

**KARATE - SHITO-RYU - BEGINNER**

Learn this traditional style of martial arts in a fun and safe environment. There may be additional fees including; membership fees, belt grading fee (optional), uniform and safety equipment (optional). The instructor will provide details of options.

6+ yrs	Sep 10-Dec 17	Wed	6:30-7:30pm	\$118.95/15 sess.	00435127
6+ yrs	Sep 12-Dec 19	Fri	6:30-7:30pm	\$111.00/14 sess.	00435126

**KARATE - SHITO-RYU - BEGINNER/INTERMEDIATE**

Learn this traditional style of martial arts in a fun and safe environment. There may be additional fees including; membership fees, belt grading fee (optional), uniform and safety equipment (optional). The instructor will provide details of options.

6+ yrs	Sep 10-Dec 17	Wed	7:00-8:00pm	\$118.95/15 sess.	00435130
6+ yrs	Sep 12-Dec 19	Fri	7:00-8:00pm	\$111.00/14 sess.	00435132

## Martial Arts cont.

### KARATE - SHITO-RYU - INTERMEDIATE/ADVANCED

Learn this traditional style of martial arts in a fun and safe environment. Uniform and safety gear required. Additional fees required for membership, belt grading (optional), uniform and safety equipment.

6+ yrs	Sep 10-Dec 17	Wed	8:00-9:00pm	\$118.95/15 sess.	00435141
6+ yrs	Sep 12-Dec 19	Fri	8:00-9:00pm	\$111.00/14 sess.	00435146

### TAEKWONDO - BEGINNER

Learn the art of self-defence with an emphasis on control, kicking and punching moves all in a safe environment. Additional fees may be charged for equipment and belt testing.

6-12 yrs	Sep 20-Dec 13	Sat	4:00-5:00pm	\$108.00/12 sess.	00435053
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### TAEKWONDO - INTERMEDIATE/ADVANCED

Practice advanced skills and techniques with a continued emphasize on control and discipline. Pre-requisite: Previous experience and instructor approval.

6+ yrs	Sep 20-Dec 13	Sat	5:00-6:00pm	\$108.00/12 sess.	00435056
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### TAEKWONDO - BLACK BELT

Practice advanced skills and techniques with experienced instructors who emphasize control and discipline. Previous experience and instructor approval required. Additional fees may be charged for equipment and belt testing.

6+ yrs	Sep 20-Dec 13	Sat	6:00-7:30pm	\$162.00/12 sess.	00435054
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## Nature and Science

### WACKY SCIENCE

Explore the explosive and somewhat messy world of potions and science through simple and safe experiments. Supplies included.

6-12 yrs	Sep 19-Oct 31	Fri	4:15-5:45pm	\$95.15/7 sess.	00440335
6-12 yrs	Nov 7-Dec 19	Fri	4:15-5:45pm	\$95.15/7 sess.	00440337



## Racquet Sports

### BADMINTON - INTERMEDIATE

Master more basic skills plus footwork along with an introduction about the rules of singles and doubles play. Equipment required at each session. Pre-requisite: Previous badminton experience.

9-12 yrs	Sep 13-Dec 13	Sat	10:50-11:50am	\$87.75/13 sess.	00434335
9-12 yrs	Sep 14-Dec 14	Sun	11:00am-12:00pm	\$87.75/13 sess.	00434350

## Sports

### BASKETBALL

Practice dribbling, passing and shooting skills followed by friendly games.

6-8 yrs	Sep 13-Dec 13	Sat	9:15-10:15am	\$81.00/12 sess,	00434247
8-10 yrs	Sep 13-Dec 13	Sat	10:25-11:25am	\$81.00/12 sess,	00434250
10-12 yrs	Sep 13-Dec 13	Sat	11:35am-12:35pm	\$81.00/12 sess,	00434255

## Sports cont.

**FLOOR HOCKEY**

Learn the basics of this popular indoor sport that provides a great foundation for fun, teamwork and fitness.

9-13 yrs	Sep 12-Oct 24	Fri	4:45-5:45pm	\$47.25/7 sess.	00438423
9-13 yrs	Oct 31-Dec 12	Fri	4:45-5:45pm	\$47.25/7 sess.	00438425

**SOCCER**

Dribble, pass and kick in this fun, non-competitive atmosphere.

6-8 yrs	Sep 9-Oct 28	Tue	4:45-5:45pm	\$54.00/8 sess.	00439391
6-8 yrs	Nov 4-Dec 16	Tue	4:45-5:45pm	\$47.25/7 sess.	00439394

**SOCCER**

Learn basic soccer skills and participate in casual games with your peers.

9-12 yrs	Sep 10-Oct 22	Wed	4:45-5:45pm	\$47.25/7 sess.	00438428
9-12 yrs	Oct 29-Dec 10	Wed	4:45-5:45pm	\$47.25/7 sess.	00438429



## Sports cont.

**VOLLEYBALL - BEGINNER**

Improve game play in these professionally-designed sessions that include mini games and a fun and non-competitive atmosphere. This program is for new volleyball players.

9-12 yrs	Sep 11-Oct 23	Thu	4:45-5:45pm	\$47.25/7 sess.	00438402
9-12 yrs	Oct 30-Dec 11	Thu	4:45-5:45pm	\$47.25/7 sess.	00438404

**VOLLEYBALL - INTERMEDIATE**

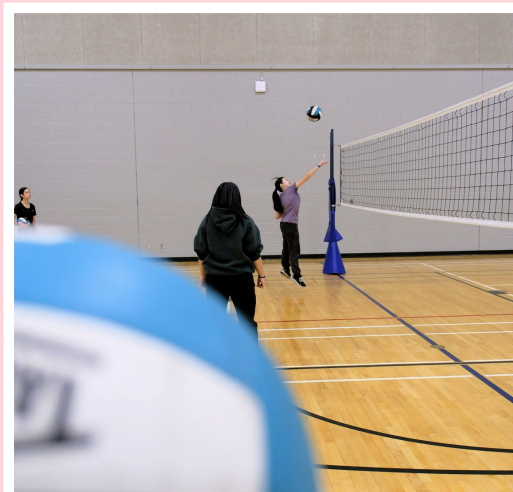
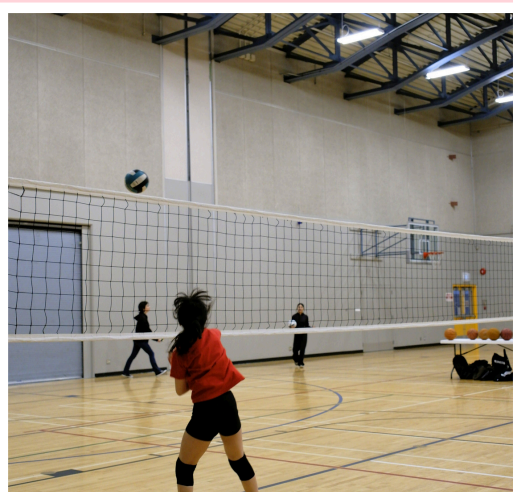
Improve game play in these professionally-designed sessions that include mini games and a fun and non-competitive atmosphere. Suitable for players that have completed Volleyball - Beginner - Preteens.

9-12 yrs	Sep 8-Oct 20	Mon	4:45-5:45pm	\$47.25/7 sess.	00438408
9-12 yrs	Oct 27-Dec 8	Mon	4:45-5:45pm	\$47.25/7 sess.	00438414

**VOLLEYBALL BC - SMASHBALL ATOMIC**

Compete and play in these fast-paced, engaging and fun sessions that introduce new tactics and game concepts while incorporating additional volleyball skills. Open to all skill levels regardless of previous experience. Instructed by Volleyball BC.

9-12 yrs	Sep 6-Nov 1	Sat	3:30-4:30pm	\$120.00/8 sess.	00433761
9-12 yrs	Nov 8-Dec 20	Sat	3:30-4:30pm	\$105.00/7 sess.	00433762





## Racquet Sports

### BADMINTON - ADVANCED

Apply the strategy, speed and placement skills learned in practices to high-energy games. Basic and refined strokes are covered along with control and consistency. Pre-requisite: Badminton-Intermediate experience.

13-18 yrs	Sep 13-Dec 13	Sat	11:55am-12:55pm	\$87.75/13 sess.	00434360
13-18 yrs	Sep 14-Dec 14	Sun	12:05-1:05pm	\$87.75/13 sess.	00434363

## Sports

### VOLLEYBALL BC - TRAIN AND PLAY

Compete and play in these low-pressure, engaging and fun sessions for all levels to learn different technical and tactical skills using both a traditional and conceptual approach. Open to all skill levels regardless of previous experience. Instructed by Volleyball BC.

13-16 yrs	Sep 6-Nov 1	Sat	4:45-5:45pm	\$120.00/8 sess.	00433764
13-16 yrs	Nov 8-Dec 20	Sat	4:45-5:45pm	\$105.00/7 sess.	00433765



## Arts - Dance

### SHUFFLE DANCING - BEGINNER/INTERMEDIATE

Learn a sequence of shuffle moves of about 16-32 counts in this high-energy dance style influenced by foot work dances at dance music events and characterized by rapid heel-and-toe movements combined with various arm and hand motions. Pre-requisite: Shuffle Dancing - Beginner.

18+ yrs	Sep 18-Oct 23	Thu	7:00-8:00pm	\$157.50/6 sess.	00441734
18+ yrs	Oct 30-Dec 4	Thu	7:00-8:00pm	\$157.50/6 sess.	00441736

## Arts - Visual

### PAINT NIGHT

Recreate a famous painting to take home with step-by-step instruction. Instructed by Party with Laura. No experience required. A \$5 supplies fee charged when registering.

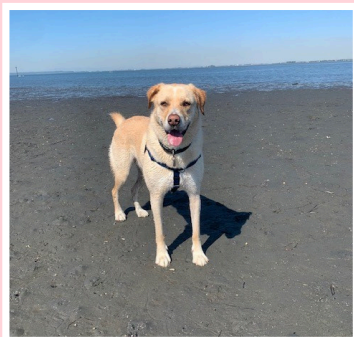
18+ yrs	Sep 18	Thu	6:30-8:30pm	\$35.00/1 sess.	00430682
18+ yrs	Dec 4	Thu	6:30-8:30pm	\$35.00/1 sess.	00430685

## General Interest

### PUPPY PRESCHOOL

Learn some tips and tricks in proper puppy training in a positive environment that focuses on basic manners, socialization, handling and navigating challenging behaviours. Puppy must be 8 to 18 weeks on first day of class. Instructed by Daisy Dog Training.

18+ yrs	Sep 20-Oct 11	Sat	10:00-11:00am	\$175.00/4 sess.	00440449
18+ yrs	Nov 15-Dec 6	Sat	10:00-11:00am	\$175.00/4 sess.	00440451



## General Interest cont.

### DOG MANNERS - RECALL AND WALKING

Build on the basic skills of dog training by learning positive methods for adolescent to adult dogs along with body language basics. Instructed by Daisy Dog Training.

18+ yrs	Sep 20-Oct 11	Sat	11:15am-12:15pm	\$175.00/4 sess.	00440456
18+ yrs	Nov 15-Dec 6	Sat	11:15am-12:15pm	\$175.00/4 sess.	00440460

## Martial Arts

### KARATE - SHITO-RYU - ALL LEVELS

Learn this traditional style of martial arts in a fun and safe environment. There may be additional fees including; membership fees, belt grading fee (optional), uniform and safety equipment (optional). The instructor will provide details of options.

19+ yrs	Sep 9-Dec 16	Tue	7:30-9:30pm	\$237.90/15 sess.	00435151
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## Racquet Sports

### BADMINTON - INTERMEDIATE

Learn strategy, speed and placement skills to then work on in high-energy games. Basic and refined strokes and control and consistency are also covered. Equipment required at each session. Pre-requisite: Previous badminton experience required.

18+ yrs	Sep 13-Dec 13	Sat	9:15-10:45am	\$131.55/13 sess.	00434635
18+ yrs	Sep 13-Dec 13	Sat	2:00-3:30pm	\$131.55/13 sess.	00434646
18+ yrs	Sep 14-Dec 14	Sun	1:10-2:40pm	\$131.55/13 sess.	00434649

## Racquet Sports cont.

### BC PICKLE SCHOOL - PICKLEBALL - BEGINNER

Learn the rules and basic techniques of this increasingly popular game that combines ping pong, tennis and badminton on a badminton size court utilizing wooden paddles and a plastic wiffle ball. This fun, simple and fast-paced program is designed for beginners. Racquets are supplied. Taught by a certified instructor.

19+ yrs	Sep 6-Oct 4	Sat	12:45-2:15pm	\$105.00/5 sess.	00433962
19+ yrs	Oct 18-Nov 15	Sat	12:45-2:15pm	\$105.00/5 sess.	00433967
19+ yrs	Nov 22-Dec 20	Sat	12:45-2:15pm	\$105.00/5 sess.	00433968

### BC PICKLE SCHOOL - PICKLEBALL - SKILL DRILL PLAY

Continue to improve in these high-intensity, drill-focused sessions that focus on perfecting shots and heightening game awareness. Instructed by a certified instructor.

19+ yrs	Sep 6-Oct 4	Sat	2:15-4:00pm	\$105.00/5 sess.	00434205
19+ yrs	Oct 18-Nov 15	Sat	2:15-4:00pm	\$105.00/5 sess.	00434206
19+ yrs	Nov 22-Dec 20	Sat	2:15-4:00pm	\$105.00/5 sess.	00434207

### BC PICKLE SCHOOL - PICKLEBALL - ADVANCED

Master advanced strategies, refine precision in shot placement and enhance court coverage. Instructed by a certified instructor. Paddles provided for use if required. Pre-requisite: Pickleball - Intermediate.

19+ yrs	Sep 6-Oct 4	Sat	4:00-5:30pm	\$90.00/5 sess.	00434202
19+ yrs	Oct 18-Nov 15	Sat	4:00-5:30pm	\$90.00/5 sess.	00434203
19+ yrs	Nov 22-Dec 20	Sat	4:00-5:30pm	\$90.00/5 sess.	00434204





Drop-in is available first-come first-served for registered fitness classes with spaces remaining.  
Call ahead at the Cambie Front Desk (604-238-8399) to check if space is available!

Please note that Total Fitness Passes are not applicable to dropping into a registered program.

**No drop-in available for registered Pilates classes.**

## CHAIR FITNESS

Manage chronic conditions and pain more effectively both in and out of the chair. Focus on simple exercises, deep breathing and gentle stretches in these basic fitness sessions. Suitable for older adults and those with physical limitations.

55+ yrs	Sep 9-Oct 28	Tue	1:15-2:00pm	\$43.75/7 sess.	00434918
55+ yrs	Sep 12-Oct 24	Fri	11:15am-12:00pm	\$43.75/7 sess.	00434925
55+ yrs	Oct 31-Dec 19	Fri	11:15am-12:00pm	\$50.00/8 sess.	00434931
55+ yrs	Nov 4-Dec 16	Tue	1:15-2:00pm	\$37.50/6 sess.	00434929

## CORE YOGA

Focus on movements, breathing exercises and yoga poses that work to build a strong and stable core.

13+ yrs	Sep 10-Nov 5	Wed	5:30-6:30pm	\$91.00/9 sess.	00439739
13+ yrs	Nov 5-Dec 17	Wed	5:30-6:30pm	\$70.75/7 sess.	00439761

## DANCE FUSION - FOR WOMEN

Jump into this fun and straightforward dance fitness routine. Set to popular Latin, World beats and pop hits, this choreography is crafted to enhance cardiovascular health. Enjoy a great workout while grooving to the music, featuring interval training that alternates between upbeat and slower rhythms.

13+ yrs	Sep 12-Oct 31	Fri	7:00-8:00pm	\$71.45/8 sess.	00439823
13+ yrs	Nov 7-Dec 19	Fri	7:00-8:00pm	\$62.50/7 sess.	00439861

## HATHA YOGA

Work towards a healthier body and clearer mind in this low-intensity, slower-paced and well-rounded approach to yoga that incorporates traditional and restorative style poses, breathing techniques and meditation.

13+ yrs	Sep 16-Nov 4	Tue	6:30-7:30pm	\$80.65/8 sess.	00440459
13+ yrs	Nov 18-Dec 16	Tue	6:30-7:30pm	\$50.55/5 sess.	00440466

Drop-in is available first-come first-served for registered fitness classes with spaces remaining.  
Call ahead at the Cambie Front Desk (**604-238-8399**) to check if space is available!

Please note that Total Fitness Passes are not applicable to dropping into a registered program.

**No drop-in available for registered Pilates classes.**

## PILATES - LEVEL 1

Create long, lean and toned muscles and improve posture focusing on core movements, a full range of motion and adding strength in this non-impact sessions performed on mats.

13+ yrs	Sep 12-Oct 31	Fri	5:30-6:30pm	\$80.90/8 sess.	00439794
13+ yrs	Nov 7-Dec 19	Fri	5:30-6:30pm	\$70.75/7 sess.	00439796

## PILATES - LEVEL 2

LEVEL 2, some Pilates experience is suggested. Create long, lean and toned muscles and improve posture focusing on core movements, a full range of motion and adding strength in this non-impact sessions performed on mats.

13+ yrs	Sep 8-Oct 27	Mon	5:30-6:30pm	\$70.75/7 sess.	00439632
13+ yrs	Nov 3-Dec 15	Mon	5:30-6:30pm	\$70.75/7 sess.	00439666

## ZUMBA® - FOR WOMEN

Move to zesty Latin and international music in this dance fitness program that offers a great cardiovascular workout with easy-to-follow routines.

13+ yrs	Sep 8-Oct 27	Mon	7:15-8:15pm	\$62.50/7 sess.	00439698
13+ yrs	Nov 3-Dec 15	Mon	7:15-8:15pm	\$62.50/7 sess.	00439706

## ZUMBA® - TONING - FOR WOMEN

Use toning sticks to help torch calories with dance and strength training that offers a great cardiovascular workout with easy-to-follow routines.

13+ yrs	Sep 10-Oct 29	Wed	7:15-8:15pm	\$71.45/8 sess.	00439777
13+ yrs	Nov 5-Dec 17	Wed	7:15-8:15pm	\$62.50/7 sess.	00439786

## Fitness Prices

Passes and Drop-In Rates		
	Adult	Youth/55+
Drop-In	\$6.95	\$5.10
Yoga Drop-In (1 hour)	\$8.75	N/A
10 Visit Card	\$56.00	\$41.00
1 Month	\$59.00	\$48.00
3 Month	\$129.00	\$107.00
6 Month	\$221.00	\$184.00
1 Year	\$371.00	\$306.00
1 Year Family Add-On	\$306.00	N/A
Passes are non-transferrable. Personal training is available. Inquire at the front desk for more information.		

With the purchase of a 1 year adult pass, you may add one additional family member living in the same residence for a reduced price. Passes must be purchased at the same time.

Annual pass holders are permitted one vacation extension per year. This extension must be requested before the start of the vacation and is only granted for periods of more than two weeks and no more than one calendar month.

Total Fitness Pass holders can attend drop-in fitness classes and fitness classes at other community centres for an add on fee of \$1.00 (**not including specialty classes**).

\$4.80 for Minoru Centre and Watermania pools.

Visit cards do not apply.

A refund will only be considered if a permanent disability occurs, or if a client moves outside the Richmond area.

## Drop-In Fitness Classes

**Tentative; Schedule effective September 2 to December 24**

All drop-in group fitness classes are included in your Total Fitness Pass. 1 hour drop-in yoga classes are **NOT** included in 10 visit cards.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Total Body Conditioning</b> 10:00-11:00am	<b>Dance Fit</b> 10:00-11:00am	<b>Total Body Conditioning</b> 10:00-11:00am		<b>Functional Fitness</b> 10:00-11:00am
	<b>Hybrid/Express Zoom/Drop-In Yoga</b> 12:15-1:00pm	<b>Hybrid/Express Zoom/Drop-In HIIT</b> 12:15-1:00pm	<b>Hybrid/Express Zoom/Drop-In TBC</b> 12:15-1:00pm	<b>Barre Fit</b> 12:15-1:00pm

**Hybrid Class:** Attend in person or register and attend through Zoom from home.

**Express Class:** 45 minute lunch-time lunch time classes - perfect for when you're on a lunch-break!

# Drop-In Schedules

## Drop-In Sports and Games Room Schedules/Pricing

**Tentative; Schedule effective September 2 to December 24**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Badminton</b> (Court Rentals) 9:30am-2:45pm All Ages	<b>Badminton</b> 12:00-2:45pm 18+ yrs	<b>Pickleball</b> 8:30-11:30am 18+ yrs	<b>Pickleball</b> 8:30-11:30am 55+ yrs	<b>Pickleball</b> 12:00-2:45pm 18+ yrs	<b>Badminton</b> 12:00-2:45pm 18+ yrs	<b>Badminton</b> (Court Rentals) 9:30am-8:00pm All Ages
<b>Pickleball</b> 9:30am-12:00pm 16+ yrs	<b>Youth Open Gym</b> 3:00-4:30pm 13-18 yrs	<b>Basketball</b> 12:00-2:45pm 18+ yrs	<b>Badminton</b> 12:00-2:45pm 18+ yrs	<b>Youth Open Gym</b> 3:00-4:30pm 13-18 yrs	<b>Youth Open Gym</b> 3:00-4:30pm 13-18 yrs	<b>Pickleball</b> (Court Rentals) 4:15-8:00pm All Ages
<b>Basketball</b> 9:45am-12:00pm 13+ yrs		<b>Youth Open Gym</b> 3:00-4:30pm 13-18 yrs	<b>Youth Open Gym</b> 3:00-4:30pm 13-18 yrs		<b>Youth Volleyball and Basketball</b> 6:00-8:30pm 13-18 yrs	
<b>Pickleball</b> (Court Rentals) 12:15-2:30pm All Ages		<b>Volleyball</b> (Registered Visits) 6:30-9:15pm 16+ yrs	<b>Badminton</b> 6:30-9:15pm 16+ yrs		<b>Night Shift Basketball/Volleyball</b> 9:00-11:30pm 16-30 yrs	
<b>Volleyball</b> 12:30-3:00pm 16+ yrs						

### Drop-in Sport Pricing and Court Rental Information

	Adult	55+	Youth
Drop-In	\$6.30	\$5.05	\$3.55
10 Visit Card	\$50.00	\$40.00	N/A
Court Rentals (45 mins)	\$11.85	N/A	N/A

**No private instruction permitted.** Courts can be booked starting at 12:00pm one week in advance. Book online, by phone, or in person. 24 hours notice must be given to get a refund. No refunds given for less than 24 hours notice. Clients are required to check-in at the front desk or with gym attendant before proceeding to the court. Max 2 court rentals per person, per day.

### 1 Year Games Room Pass

	Adult (18+)	18 and Under
1 Year Pass	\$13.00	\$7.00

Games room includes table tennis, foosball and pool table.  
Games room pass is required to use equipment.  
No access during "Youth Only" hours.

**Sport and Games Room visit cards and passes are non-transferable and cannot be used at other Community Centres.**

### 1 Year Youth Facility Pass (13-18 yrs)

<b>Youth Facility Pass 1</b> FREE	<ul style="list-style-type: none"> <li>Access to Youth Open Gym, Youth Volleyball and Basketball</li> <li>Equipment loans during Open Gym times with card</li> <li>Access to Games Room during "Youth Only" hours (Mon-Fri: during school lunch and 3:00-4:30pm, Tu/Thu 8:00-10:00am)</li> </ul>
<b>Youth Facility Pass 2</b> \$7.00	<ul style="list-style-type: none"> <li>All of the above, <b>plus</b></li> <li>Unlimited access to the Games Room and Games Room Equipment rentals</li> <li>Access to the Fitness Centre Tue/Thu 3:00-4:00pm.</li> </ul>



# Seasonal Programs and Events

## Halloween Programs and Events

### HALLOWEEN SPOOKY SCIENCE

Watch simple science experiments take on eerie twists in this Halloween-themed session that includes a take-home prize.

6-12 yrs	Oct 18	Sat	10:00-11:30am	\$13.60/1 sess.	00436295
6-12 yrs	Oct 18	Sat	12:30-2:00pm	\$13.60/1 sess.	00436305

### HALLOWEEN EEKY SHRIEKY

Turn a pumpkin into a creative and unique jack-o-lantern to take home along with a scary face mask. Dress for a mess and the weather. Wear a Halloween costume to add to the fun!

3-5 yrs	Oct 25	Sat	10:00-11:30am	\$13.60/1 sess.	00440376
3-5 yrs	Oct 25	Sat	12:00-1:30pm	\$13.60/1 sess.	00440384

### MONSTER MASH DANCE PARTY

Groove into the Halloween season and play games with this spooktacular dance session. Bring home a Halloween goodie-bag. Wear a costume for added fun!

3-5 yrs	Oct 26	Sun	1:30-2:15pm	\$6.80/1 sess.	00431074
6-10 yrs	Oct 26	Sun	2:30-3:15pm	\$6.80/1 sess.	00431075



# Seasonal Programs and Events

## Holiday Programs and Events

### BREAKFAST WITH SANTA

Celebrate the season with breakfast, crafts, a gift and visit with Santa. Children and adults must pre-register. Parent participation required. No refunds after December 1, 2025.

1 mo.+	Dec 6	Sat	10:00am-12:00pm	\$12.05/1 sess.	00430552
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### A YUMMY LITTLE CHRISTMAS

Listen to festive and seasonal stories, sing songs and make a special and delicious holiday treat all in build up to this special holiday.

3-5 yrs	Dec 20	Sat	10:00-11:30am	\$13.60/1 sess.	00440395
3-5 yrs	Dec 20	Sat	12:00-1:30pm	\$13.60/1 sess.	00440397

### GINGERBREAD HOUSE BUILDERS

Design and build a personalized small graham cracker gingerbread house in this hands-on class that includes candies, frosting and crackers.

6-12 yrs	Dec 21	Sun	10:00-11:30am	\$24.55/1 sess.	00440400
6-12 yrs	Dec 21	Sun	12:00-1:30pm	\$24.55/1 sess.	00440405



## Preschool 2025/26 School Year

### Little Explorers

(Ages 3-5)

#### Mon/Wed

9:00am-12:00pm

\$193.60/monthly

#### Tue/Thu

9:00am-12:00pm

\$199.00/monthly

### Kinderfun

(Ages 3-5)

#### Mornings

#### Mon/Wed/Fri

9:00-11:30am

\$231.90/monthly

#### Tue/Thu

9:00-11:30am

\$158.20/monthly

#### Afternoons

#### Mon/Wed/Fri

12:30-3:00pm

\$231.90/monthly

#### Tue/Thu

12:30-3:00pm

\$158.20/monthly

### Junior Kindergarten

(Ages 4-5)

Note: Registrants must also be registered in either Kinderfun or Little Explorers!

#### Mon/Wed

11:30am-1:00pm

\$95.45/monthly

#### Tue/Thu

11:30am-1:00pm

\$99.50/monthly

Contact Anne-Marie for more information!

Phone: 604-238-8385

Email: Anne-Marie.Olmstead-Wilcox@richmond.ca

## Out of School Care 2025/26 School Year

Cambie's Out of School Care programs encourage children to pursue their interests, develop confidence, independence and friendships while respecting themselves, their environment and others!

### Schools that we service include:

McNeely and Mitchell - Morning and after school  
Tomsett - After school only

**Winter/Spring Break and Pro-D days are included in monthly fees.**

Contact Julian for more information!

Phone: 604-238-8388

Email: Julian.Hui@richmond.ca

## Playtime - Parent and Tot

Play on equipment and try different activity tables.

For children up to 5 years old.

**Parent participation required.**

### Day/Time/Price:

Mondays and Fridays

9:15-11:00am

\$3.15/Drop-in



## Recreation Fee Subsidy Program

The City of Richmond's **Recreation Fee Subsidy Program** helps Richmond residents in need of financial assistance access recreational programs.

Applications are submitted yearly, with terms running from September 1 to August 31.

For more information, visit  
**[richmond.ca/subsidy](http://richmond.ca/subsidy)**