Cambie Community Centre

Seniors Annual Facility Pass Program Schedule

FALL 2026

PASS AND DROP-IN FEE

A Seniors Facility Pass is available for individuals 55+ years old and to spouses less than 55 years old for one year from date of purchase.

1 Year Pass	$20.00
Drop-In per visit	$4.70

Visit the front desk or call 604-238-8399 for more information.

Schedule subject to change.

3 Ways to Register:

- richmond.ca/register
- 604-276-4300, Mon – Fri, 8:30am – 5:00pm
- In-person at any community facility

***Registration required.**

All sessions are at East Richmond Community Hall (ERCH), 12360 Cambie Road, unless otherwise indicated.

CCC – Cambie Community Centre, 12800 Cambie Road

SUN	MON	TUE	WED	THU	FRI	SAT
		Tai Chi Practice–Form 24* 8:30 – 9:15am *(no instruction)* *00528882*	Tai Chi–48 Form* 8:30 – 9:30am *00528881*		Tai Chi–24 Form* 8:30 – 9:30am *00528880* *(CCC)*	
		Tai Chi Practice–Form 48* 9:15 – 10:00am *(no instruction)* *00528883*	Table Tennis–Drop-In 9:30 – 10:30am		Table Tennis–Drop-In 9:30 – 10:30am	
		Mahjong* *(2nd Tue/mth)* 10:00am – 12:00pm *00528890* --- Karaoke *(1st and 3rd Tue/mth)* 10:00am – 12:30pm	Writing Club* *(3rd Wed/mth)* 10:00am – 12:00pm *00528891* --- Book Club* *(1st Wed/mth)* 10:30am – 12:00pm *00528889*	Indoor Walking* 10:00 – 11:00am *00528886* *(CCC)*	Knitting–Drop-In 10:00 – 11:30am	
	Coffee and Tea and Games 11:00am – 12:30pm		Luk Tung Kuen* 11:00 – 11:45am *00528884* --- Coffee and Tea *(2nd Wed/mth)* 11:00am – 1:00pm		Luk Tung Kuen* 11:00 – 11:45am *00528885*	
			Peking Opera 2:45 – 5:00pm			

Class Descriptions

CLASS DESCRIPTIONS

BOOK CLUB
Meet with other book lovers to discuss the book of the month. Library card and registration required.

COFFEE AND TEA AND GAMES
Make new friends, meet old friends or just drop-in to enjoy conversation and refreshments. Games vary from Crib, Mexican Train and Mahjong.

INDOOR WALKING
Stay dry exercising and socializing with fellow walkers. Registration required.

KARAOKE
Choose from English or Cantonese songs to sing solo or a duet. Bring your own microphone.

KNITTING – DROP-IN
Turn yarn into something magical in these social sessions.

LUK TUNG KUEN
Counter the pain of aging with this very gentle, safe and fluid form of exercise that keeps the mind alert and moves the whole body. Registration required.

MAHJONG
Play this tile-based game that originated in China and is similar to the Western card game rummy. This social and popular game includes skill, strategy and calculation and involves a degree of chance. Registration required. This program is held on the second Tuesday of each month.

PEKING OPERA
Practice this unique form of Chinese opera that synthesizes speech, singing and music.

TABLE TENNIS – DROP-IN
Play this table and racquet sport with two or four players. One table available.

TAI CHI – 24 FORM
Increase flexibility, relaxation and balance in these beginner sessions. Instructed by a qualified volunteer. Registration required.

TAI CHI – 48 FORM
Achieve health benefits that include better balance, increased flexibility and relaxation in these sessions. Instructed by a qualified volunteer. Suitable for those with an intermediate knowledge of Tai Chi – 24 Form. Registration required.

TAI CHI PRACTICE – 24 FORM AND 48 FORM
Increase flexibility, relaxation and balance in these sessions. Led by a qualified volunteer and for current registrants in Tai Chi – 24 Form and/or 48 Form. Registration required.

WRITING CLUB
Share stories, writing experience and ideas, and offer constructive feedback to other members to help peers improve writing skills. Registration required.

Richmond