# HAMILTON COMMUNITY CENTRE



**SPRING 2024 PROGRAM GUIDE** 

## Welcome

### **ADDRESS**

5140 Smith Drive, Richmond BC V6V 2W5

### **PHONE**

604-238-8055

### **EMAIL**

hamilton@richmond.ca

#### WEBSITE

### www.richmond.ca/hamilton

www.ieiiiieii.	www.nermiena.ca/narmicon						
REGULAR HOURS	STAT HOURS						
Monday-Friday	Monday April 1st	8:00am-8:00pm					
7:00am-9:30pm	Monday May 20th	Closed					
Saturday-Sunday							
9:00am-4:30pm							

### **PROGRAM CANCELLATION POLICY**

### **Seasonal Classes**

Unless otherwise specified,

• If notice is given prior to the beginning of the third session of the class, a refund, less classes taken, will be provided. If notice is given after the beginning of the third session, no refund will be given.

### Short Programs (1 week or less), Camps, workshops, out trips and special events

Unless otherwise specified,

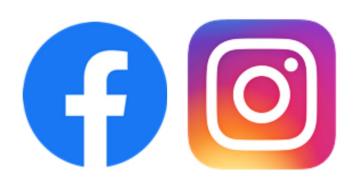
- If less than one week's notice is given, 50% of the fee will be refunded.
- If notice if given on or after the start date of the program, no refund will be given.
- Transfers will be allowed with 72 hours notice prior to the start date of the program.

### **Registered Visits**

• If you cancel at four hours prior to the start of your visit or class, a full refund will be given. Otherwise, no refund will be provided

### **SOCIAL MEDIA**

## **3 WAYS TO REGISTER**



@hamiltoncommunitycentre

- 1 www.richmond.ca/register
  - **Registration Call Centre:**
- **2.** Mon-Fri, 8:30am-5:30pm 604-276-4300
- 3. In person:
  During facility hours

# **PRESCHOOL**

ARTS—DANCE					
BALLET					
Apr 13 - Jun 22	S	11:25am - 12:10pm	\$63.80/10 sess	3-5 yrs	296211
Apr 13 - Jun 22	S	10:35 - 11:20am	\$63.80/10 sess	3-5 yrs	296208
Apr 13 - Jun 22	S	9:45 - 10:30am	\$63.80/10 sess	3-5 yrs	296207
ARTS—VISUAL					
ARTS COMBO					
Apr 14 - May 12	Su	10:45 - 11:45am	\$42.55/5 sess	3-5 yrs	296251
May 26 - Jun 23	Su	10:45 - 11:45am	\$42.55/5 sess	3-5 yrs	296273
NATURE AND SCIENCE					
WACKY SCIENCE					
Apr 8 - May 6	M	3:45 - 4:45pm	\$42.55/5 sess	4-5 yrs	296979
May 13 - Jun 17	M	3:45 - 4:45pm	\$42.55/5 sess	4-5 yrs	296987
SPORTS					
BASKETBALL					
Apr 10 - Jun 19	W	3:30 - 4:15pm	\$52.25/11 sess	3-5 yrs	295581
SOCCER					
Apr 11 - Jun 13	Th	4:15 - 5:00pm	\$47.50/10 sess	3-5 yrs	295631
SPORTBALL: MULTISPORT-					
Apr 13 - Jun 22	S	9:45 - 10:30am	\$180.00/10 sess	2-3 yrs	297018
SPORTBALL: MULTISPORT					
Apr 13 - Jun 22	S	10:30 - 11:30am	\$180.00/10 sess	3-5 yrs	297031
SPORTBALL - T-BALL					
Apr 13 - Jun 22	S	11:45am - 12:45pm	\$180.00/10 sess	3-5 yrs	297011



# **PLAY AND LEARN**

Come make new friends and play in a rich, learning environment; enjoying singing, music and stories, and receiving parenting support and information. Led by Richmond Family Place

> Mondays and Thursdays - 10:00am-12:00pm 0-6yrs - Free







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ARTS - DANCE					
HIP-HOP—BEGINNI	ERS				
Apr 10 - Jun 19	W	6:30 - 7:30pm	\$93.60/11 sess	6-8 yrs	296045
ARTS - MUSIC					
	E PRIVATE LESSONS				
Apr 12 - Jun 21	F	3:00 - 3:30pm	\$265.45/11 sess	5+	296050
Apr 12 - Jun 21	F	3:35 - 4:05pm	\$265.45/11 sess	5+	296052
Apr 12 - Jun 21	F	4:10 - 4:40pm	\$265.45/11 sess	5+	296053
Apr 12 - Jun 21	F	4:45 - 5:15pm	\$265.45/11 sess	5+	296054
Apr 12 - Jun 21	F	5:20 - 5:50pm	\$265.45/11 sess	5+	296056
Apr 12 - Jun 21	F	5:55 - 6:25pm	\$265.45/11 sess	5+	296057
ARTS—VISUAL					
ACRYLIC PAINTING					
Apr 17 - Jun 12	W	4:45 - 5:45pm	\$76.60/9 sess	6-9 yrs	297095
FUNDAMENTALS O	F DRAWING				
Apr 17 - Jun 12	W	3:30 - 4:30pm	\$76.60/9 sess	6-9 yrs	297094
•	NOLOGY AND SOCIAL N				
	ING USING SCRATCH JE				
Apr 20 - Jun 15	S	12:30 - 1:30pm	\$92.00/8 sess sess	5-7 yrs	297364
COOKING					
BAKING TREATS AN			4		
Apr 13 - May 11	S	12:30 - 1:45pm	\$94.65/5 sess	6-9 yrs	296088
Apr 13 - May 11	S	2:00 - 3:15pm	\$94.65/5 sess	6-9 yrs	296089
May 25 - Jun 22	S	12:30 - 1:45pm	\$94.65/5 sess	6-9 yrs	296090
May 25 - Jun 22	S	2:00 - 3:15pm	\$94.65/5 sess	6-9 yrs	296091
MARTIAL ARTS KARATE: BEGINNER	•				
Apr 8 - Jun 17	M	6:30 - 7:30pm	\$74.40/10 sess	6+	296200
KARATE: BEGINNER		0.30 - 7.30pm	514.40/ TO 2622	U∓	230200
Apr 8 - Jun 17	M	7:00 - 8:00pm	\$74.40/10 sess	6+	296198
KARATE: INTERMED		7.00 0.00pm	γ/ π.πο/ 10 3633	<b>J</b> .	230130
Apr 8 - Jun 17	M	8:00 - 9:00pm	\$74.40/10 sess	6+	296201
RACQUET SPORTS		5.55 5.60p	Ţ	•	
BADMINTON					
Apr 8 - Jun 17	M	3:45 - 4:45pm	\$63.40/10 sess	6-8 yrs	296092
SPORTS		•	· ·		
BASKETBALL					
Apr 10 - Jun 19	W	4:15 - 5:15pm	\$69.75/11 sess	6-8 yrs	295573
SOCCER		•	•	•	
Apr 11 - Jun 13	Th	5:00 - 6:00pm	\$63.40/10 sess	6-8 yrs	295724
•		'	. ,	•	

## **PRETEEN AND YOUTH**

COMPUTER, TECHNOLOGY AND SOCIAL MEDIA								
CREATIVE COMPUTING USING SCRATCH								
Apr 20 - Jun 15	S	1:45 - 2:45pm	\$92.00/8 sess sess	8-12 yrs	297367			
RACQUET SPORTS								
BADMINTON								
Apr 8 - Jun 17	M	4:45 - 5:45pm	\$63.40/10 sess	9-12 yrs	296093			
SPORTS								
ACTIVE AFTER SCHOOL								
Apr 10 - Jun 19	F	2:45 - 4:15pm	\$36.30/11 sess	9-12 yrs	299902			
BASKETBALL								
Apr 5 - Jun 19	W	5:15 - 6:15pm	\$69.75/11 sess	9-12 yrs	295576			
VOLLEYBALL								
Apr 12 - Jun 21	F	4:30 - 5:30pm	\$69.75/11 sess	9-12 yrs	297032			
GENERAL INTEREST								

Free

# ART ATTACK

**RESUME & SKILL BUILDING** 

Jun 2

Tuesdays - Apr 9-Jun 25 2:45-4:15pm - Grades 4-7 \$3.30/drop-in or Grade 5 Active Pass



300828

14-18 yrs

# PRETEEN HANGOUT

Thursdays - Apr 11-Jun 27 2:45-4:15pm - Grades 4-7 \$3.30/drop-in or Grade 5 Active Pass



# **ACTIVE AFTER**

1:30 - 3:00pm

SCHOOL

Fridays - Apr 10-Jun 19 - 2:45-4:15pm Grade 4-7 - \$36.30 11/sessions - 299902



# YOUTH FITNESS

Monday-Friday - 3:30-5:30pm \$7.00 Youth Facility Pass - 13-18 yrs

Youth orientation and signed parental consent form and PAR-Q must be completed prior to first time attending



# Youth Open Gym

Saturdays - 2:15-4:15pm 11-16yrs \$7.00 Youth Facility Pass

Open gyms are also scheduled during school breaks and pro-d days



# **ADULTS**

ARTS—VISUAL									
PAINT NIGHT—LANDSCAP	PAINT NIGHT—LANDSCAPE PAINTING								
Apr 26	F	7:00 - 8:30pm	\$27.00	18+	294089				
PAINT NIGHT—SUNSET PAINTING									
Jun 21	F	7:00 - 8:30pm	\$27.00	18+	294086				
PAINT NIGHT—LANDSCAPE PAINTING  Apr 26									
BALLROOM DANCING—BE	GINNER	1							
Apr 10 - Jun 12	W	6:30 - 7:30pm	\$85.10/10 sess	18+	300175				

**GENERAL INTEREST**RESUME AND INTERVIEW SKILL BUILDING

May 5 Su 1:30 - 3:00pm Free 18+ 300882

DROP-IN SPORTS SCHEDULE JAN 2-APR 1							
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Women's Floor Hockey 18+ 7:00-9:15pm	Badminton 6:30-9:15pm	Pickleball 6:30-9:15pm	<b>Badminton</b> 6:30-9:15pm	<b>Basketball</b> 16+ 6:15-9:15pm	Badminton 11:45-2:00pm	Pickleball 9:30am-12:45pm Basketball 16+ 1:15-4:15pm	
			SPORTS RAT	ΓES			
				16-18 yrs	55+ yrs	19+ yrs	
	Drop-In			\$3.30	\$4.95	\$6.00	
10 Visit Pass				N/A	\$40.00	\$48.00	



## **55+**

### **SENIOR FACILITY PASS PROGRAMS JAN 2-APR 1**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Tai Chi Advanced			
Tai Chi Advanced	7:30-8:30am		Tai Chi Advanced	Tai Chi Advanced
7:30-8:30am			7:30-8:30am	7:30-8:30am
	Tai Chi Beginner	Tai Chi Advanced	Tai Chi Beginner	
Mah Jong	8:30-9:30am	7:30-8:30am	8:30-9:30am	Dancing and Sing
10:15-12:30pm			Mah Jong	A-Long
	Seniors Circle		9:45-12:00pm	10:00am-12:00pm
	9:30-11:00am		9.43-12.00pm	

All activities included with \$16.00 Seniors Facility Pass

### **FITNESS**

**STAY STRONG** 

Apr 10 - Jun 26 W 10:15 - 11:15am \$65.00/12 sess 55+ 299892

### **HEALTH AND WELLNESS**

WELLNESS WEDNESDAYS WORKSHOPS

 Apr 17 - Jun 5
 W
 11:30am - 1:30pm
 Free
 299893

PROTECT YOUR EYES - EARLY DETECTION AND TREATMENT WORKSHOP

Apr 30 T 11:15am - 12:15pm Free 55+ 305294

**NUTRITION SERIES—WELLNESS TALK** 

May 2-May 23 Th 12:15-1:15pm FREE 55+ 300537

# **WELLNESS WEDNESDAYS**

Create connections and try wellness activities that focus on different facets of overall health and wellbeing. Transportation and lunch included. Program funded by Lafarge Canada and New Horizons Seniors Grant. Registration required.

Wed
Apr 17-Jun 5
11:30am-1:30pm
299893
Free





# **FITNESS**

### **REGISTERED FITNESS**

PILATES AND YOGA COMBINATION

Apr 8-Jun 24 M 6:30-7:30pm \$105.95/11 sess 16+ 307871

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DROP-IN FITNESS JAN 2-APR 1							
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
Cardio and Core Wendy 9:00-10:00am  Pilates and Yoga 6:30-7:30pm (Jan 8- Mar 11. Registered program. Drop-In if space allows)	Total Body Conditioning Jenn 7:00-8:00pm	Functional Training Wendy 9:00-10:00am	Total Body Conditioning Wendy 7:00-8:00pm	Core and Strength Jenn 9:00-10:00am	Total Body Conditioning Wendy 9:30-10:30am		
		FITNESS	RATES				
	Youth 13-18 yrs/ 55+ yrs Adult 19+ yrs						
Drop-i	n yoga	\$8.56		\$11.68			
Dro	p-In	\$5.00		\$6.	\$6.90		
10 Vis	it Pass	\$40.00		\$55.00			
1 Month		\$47.00		\$59.00			
3 Months		\$105.00		\$128.00			
6 Months		\$180.00		\$219.00			
1 Y	ear	\$300.00		\$365.00			
Family Add	d-On (1 yr)	N,	/A	\$300	0.00		

With the purchase of a 1 year Adult Total Fitness Pass, one additional adult may be added for the price listed above. Passes must be purchased at the same time and are non-transferable. All classes included with the purchase of a fitness pass (Yoga not included with visit card). 1 year family pass must be purchased at the same time as the purchase of the 1 year fitness pass.



## PERSONAL TRAINING

Rates Sessions One on One Group \$92.85 \$61.85 1 sessions \$264.60 \$176.35 3 sessions \$417.80 \$278.50 5 sessions 10 sessions \$526.05 \$789.20



Wendy



Jenn

# HAMILTON CHILD CARE SERVICES

# RAINBOWS AND UNICORNS PRESCHOOL

3-5 yrs.

M/W/F

AM Class: 8:30-12:30pm | \$340.95/month

T/Th

AM 2.5HR Class: 8:30-11:00am | \$160.75/month

AM 4HR Class: 8:30am-12:30pm | \$257.20/month

## SCHOOL AGE OUT OF SCHOOL CARE

Grades K-7

Morning Care: 7:00-8:45am | \$218.60/month

After Care: 2:45-6:00pm | \$451.65/month

Morning Care/After Care | \$493.85/month.

Please inquire with Director of Child Care for registration and program information at 604-204-8655 or malcobia@richmond.ca

# COMMUNITY GARDEN





## At 23280 Gilley Road, Richmond BC V6V 2W5

In partnership with the City of Richmond, Urban Bounty looks after 16 garden sites across Richmond with over 760 members of all ages, abilities, and backgrounds. A community garden is a shared green space maintained by community members to grow food, flowers, and other plants for a yearly fee. Visit urbanbounty.ca to register and learn more.



# LIBRARY SERVICES







- Pop-up Library. Open on Saturdays from 9:00am-12:00pm
- Book vending machine. Available during facility hours
- Storywalk at McLean Park. Story rotated seasonally
- Pickup of book holds

## **EVENTS & WORKSHOPS**

# Easter Eggstravaganza

Join us for games, crafts, a visit with the Easter bunny and an egg hunt. Parent participation required.



Saturday, March 30th \$11.25 per child 10:00am-11:15am - 286241 11:45-1:00pm - 286245



# StoryWalk at McLean Park

MCLEAN NEIGHBOURHOOD PAR

Come join us for a StoryWalk® at the permanent circuit at McLean Park, in partnership with the Richmond Public Library!

A StoryWalk® combines physical and traditional literacy, and is designed so that you can read a picture book story in sequence, while enjoying the natural beauty of the park.

Featured Title: **Ready for Anything** Written and illustrated by Keiko Kasza

When: Tuesday March 19th, 2024 11:00am - 12:00pm



