

# Minoru Centre for Active Living Spring Break Schedule



SAT, MAR 14–SUN, MAR 29, 2026

|   | SUN                            | MON            | TUE            | WED            | THU            | FRI            | SAT            |
|---|--------------------------------|----------------|----------------|----------------|----------------|----------------|----------------|
| <b>Lane Swim</b><br><i>(Minimum 3 lanes available throughout the day)</i> | 7:00AM–9:00PM                  | 6:00AM–10:00PM | 6:00AM–10:00PM | 6:00AM–10:00PM | 6:00AM–10:00PM | 6:00AM–10:00PM | 6:00AM–10:00PM |
| <b>Leisure Pool, River Channel, Hot Tub &amp; Cold Plunge</b>             | 7:00AM–9:00PM                  | 6:00AM–10:00PM | 6:00AM–10:00PM | 6:00AM–10:00PM | 6:00AM–10:00PM | 6:00AM–10:00PM | 6:00AM–10:00PM |
| <b>Drop Slide, Rock Wall &amp; Diving Board</b>                           | 11:00AM–8:00PM                 | 11:00AM–9:00PM | 11:00AM–9:00PM | 11:00AM–9:00PM | 11:00AM–9:00PM | 11:00AM–9:00PM | 11:00AM–9:00PM |
| <b>Sensory-Friendly Swim*</b>   | 8:00–9:30AM<br><i>(Mar 29)</i> |                |                |                |                |                |                |
| <b>Fitness Centre</b>   | 7:00AM–9:00PM                  | 6:00AM–10:00PM | 6:00AM–10:00PM | 6:00AM–10:00PM | 6:00AM–10:00PM | 6:00AM–10:00PM | 6:00AM–10:00PM |

## NOTES:

- Schedule is subject to change.
- **Public Swim** includes lane swim (minimum three lanes available throughout the day), leisure pool, river channel, hot pool and cold plunge.
- Pools are shared at various times with aquatic user groups, swim lessons and aquafit.

\*Sensory-Friendly Swim is the last Sunday of each month. This swim time allows those who experience sensory sensitivity the opportunity to participate in swimming during a time when changes are made to the sensory experience at the pool. This includes turning off background music, stopping noisy equipment, offering a quiet room, turning off features and noisy toys and providing extra staff to support and help people.

## FITNESS AND SWIM DROP-IN FEES

|  | SWIMMING POOLS    | FITNESS CENTRE AND FITNESS CLASSES |
|--|-------------------|------------------------------------|
| Child (2–12 years)                     | \$4.95            | N/A                                |
| Youth (13–18 years)                    | \$6.55            | \$6.55*                            |
| Adult (19–54 years)                    | \$8.15            | \$8.15                             |
| Senior (55+ years)                     | \$6.55            | \$6.55                             |
| Family**                               | \$4.95 per person | N/A                                |
| Valid Community Centre Pass Add-on Fee | \$5.00            | \$5.00                             |

\*Youth (13–18 years) are required to submit an [Informed Consent and Permission Form for Youth](#) Fitness Centre Access, as well as complete a fitness centre orientation.

\*\*Family admission fee is per person and must include one (maximum two) parent or legal guardian accompanying dependant children (2–18 years) living in the same household. Drop-in Yoga classes are \$8.75 and 10 Visit Cards are not valid.