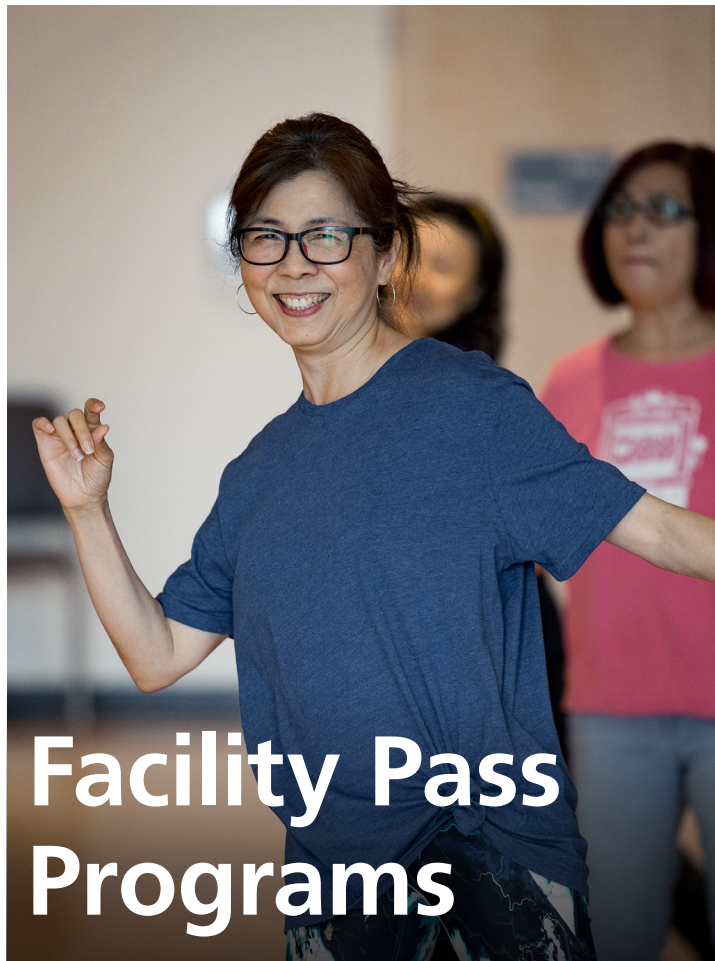


# Summer 2024



## Facility Pass Programs

Seniors Centre at Minoru  
Centre for Active Living  
7191 Granville Avenue  
Richmond, BC V6Y 1N9

TEL 604-238-8450  
[minorucentre.ca](http://minorucentre.ca)  
[seniors@richmond.ca](mailto:seniors@richmond.ca)

### Arts – Dance, Music and Performance

#### Ballroom Dance (Additional \$2.00)

Practice steps in a non-instructional setting.

#### Glee

Sing with the joyous sounds and energy that flows from this group.

#### Happy Chorus

Sing Chinese folk songs with this energetic social group.

#### Joy Singing and Dancing | C, M (Additional \$2.00)

Sing songs and dance a little with this fun social group.

#### Multicultural Dance (Additional \$2.00)

Practice a wide range of popular dances with an opportunity to perform in the community.

#### Minoru Community Line Dancers (Additional \$2.00)

Practice routines with the opportunities to perform.

#### Peking Opera

Practice this unique form of Chinese Opera that synthesizes speech, singing, mime and music.

#### Platinum Players

Produce and participate in short plays with this theater group.

#### Saxophone (Additional \$2.00)

Join this fun, non-instructional session. Saxophone required.

#### Ukulele Circle (Additional \$2.00)

Join this fun music circle. Ukulele required.

### Arts – Visual

#### Chinese Calligraphy (Additional \$2.00)

Practice the art of this unique style of writing.

#### Kingsland Calligraphy | C

Practice writing calligraphy in this non-instructional session.

#### Photo Group

Share photography knowledge, listen to speakers and take part in photo shoot outings.

[minoruphotoclub.com](http://minoruphotoclub.com)

#### Wood Carving (Additional Pass)

Turn wood into beautiful carvings. Tools and carving materials required.

#### Woodworking (Additional Pass)

Build creative projects in the fully-equipped woodworking shop.

### Card Games

#### Board Games

Join this group that plays a variety of board games.

#### Bridge

Play this popular trick-taking card game with three other players.

#### Crib

Play this card game that groups cards in combinations.

#### Euchre

Play this social trick-taking card game with a deck of 24 cards.

#### Mahjong (Additional \$2.00)

Play “Hong Kong style” in tables of four. No drop-in. Call 604-238-8450 for information.

### Poker

Play this friendly card game that involves skill and individualist play.

#### Scrabble

Challenge others in this classic game of word strategy.

#### Whist

Play this classic English trick-taking card game with others.

### Educational Support

#### Prostate Cancer Support Group

Get support, share information and listen to guest speakers discuss ways to manage this disease.

### Social

#### Busy Fingers

Knit personal and centre supplied materials to fundraise for the Society.

#### Hanging with the Guys

Connect with other men to discuss hobbies, sports and more.

#### LEGO®

Build unique structures with others in this creative session. LEGO® provided.

#### Knitters and Knatters

Knit personal and centre supplied materials to fundraise for the Society.

#### Spanish Social | S

Socialize with Spanish-speakers seniors from Latin American countries.

### Sports and Movement

#### Billiards (Additional Pass \$48.00)

Play snooker in the Billiards room. Pool cue locker available for rent, pending availability.

#### Carpet Bowling

Try this social game that is played indoors on a long ‘felt’ carpet.

#### Model Walkers (Additional \$2.00)

Walk like a model on the runway in this fun and social movement session.

#### Tai Chi Practice (Additional \$2.00)

Practice a series of gentle physical exercises and stretches.

#### Yuanji Dance | C, M (Additional \$2.00)

Experience a guided mixture of choreographed dance, meditation and qigong originating from Taiwan.

### Legend: Main Language Spoken

C = Cantonese | M = Mandarin | S = Spanish

All groups accommodate English speakers, unless otherwise stated.

## Vision

We improve the quality of life for seniors.

## Mission Statement

The Minoru Seniors Society delivers innovative and exceptional programs and services in partnership with the City of Richmond.

## Facility Hours

**Mon–Fri:** 8:00AM–9:00PM

**Sat/Sun/Stats:** 8:00AM–5:00PM

The Society operates a full-service cafeteria with members pricing for Seniors Facility Pass holders and a Bistro in the north lobby for on-the-go meals.

## Cafeteria Hours

**Mon–Fri:** 8:30AM–2:00PM

(Hot lunch served from 11:00AM–1:30PM)

## Bistro Hours

**Mon–Fri:** 1:00–7:00PM

**Sat & Sun:** 10:00AM–7:00PM

# MINORU SENIORS FACILITY PASS

The Minoru Seniors Facility Pass (\$36.00/year) supports the Minoru Seniors Society and is available for individuals 55+ years and spouses less than 55 years old. Complimentary Seniors Facility Passes are available to honour those 90 years and older. Join a welcoming community that supports your lifestyle. Passes are valid one year from date of purchase. Visit the front desk or call 604-238-8450 for more information.

Minoru Seniors Facility Pass Benefits:

- Special pricing in the Cafeteria
- Access to 30+ weekly drop-in activities
- Voting privileges at the Annual General Meeting
- Parking Pass (65+ years) \$11.00/calendar year (limited quantities)

## \*Additional Fees \$2.00/drop-in

- Ballroom Dance
- Chinese Calligraphy
- Joy Singing and Dancing
- Mahjong
- Minoru Community Line Dancers
- Model Walkers
- Multicultural Dance
- Saxophone
- Tai Chi Practice
- Ukulele Circle
- Yuanji Dance

## \*\*Additional Passes each/year

- Billiards Pass \$48.00
- Woodworking Pass \$48.00
- Wood Carving Pass \$42.00

SUN	MON	TUE	WED	THU	FRI	SAT
Billiards** 8:00AM–4:45PM	Billiards** 8:00AM–8:45PM	Billiards** 8:00AM–8:45PM	Billiards** 8:00AM–8:45PM	Billiards** 8:00AM–8:45PM	Billiards** 8:00AM–8:45PM	Billiards** 8:45AM–4:45PM
Wood Carving** 9:30AM–12:00PM	Woodworking** 8:30AM–2:00PM	Tai Chi Practice* 9:00–10:00AM	Woodworking** 8:30AM–2:00PM	Tai Chi Practice* 8:45–9:45AM	Woodworking** 8:30AM–2:00PM	Tai Chi Practice* 8:45–9:45AM
Model Walkers* 11:00AM–1:00PM	Tai Chi Practice* 8:45–9:45AM	Wood Carving** 9:30AM–12:00PM	Yuanji Dance* 8:30–10:30AM	Yuanji Dance* 9:00–10:30AM	Tai Chi Practice* 9:00–10:00AM	Ballroom Dance* 10:00AM–NOON
Poker 11:30AM–4:00PM	Yuanji Dance* 9:00–10:30AM	Poker 11:30AM–4:00PM	Tai Chi Practice* 8:45–9:45AM	Busy Fingers/ Knitters and Knatters 9:30–11:30AM	Mahjong* 10:00AM–5:00PM	Spanish Social 10:30AM–1:00PM
Wood Carving** 1:00–4:30PM	Busy Fingers/ Knitters and Knatters 9:30–11:30AM	Carpet Bowling 12:30–3:00PM	Happy Chorus 10:00AM–12:30PM	1:00–3:00PM	Duplicate Bridge 12:30–4:00PM	Peking Opera 1:30–4:30PM
Minoru Community Line Dancers* 1:30–3:30PM	LEGO® 10:00AM–12:00PM	Wood Carving** 1:00–4:30PM	Mahjong* 10:00AM–5:00PM	Minoru Strummers Ukulele Circle* 10:00–11:30AM	Chinese Calligraphy* 1:00–4:00PM	Multicultural Dance* 2:00–4:30PM
	Happy Chorus 10:00AM–12:30PM	Kingsland Calligraphy 1:30–4:00PM	Crib 1:00–3:30PM	Poker 11:30AM–4:00PM	Euchre 1:00–4:00PM	Woodworking** 8:30AM–4:00PM (FINISHING DAY)
	Crib 1:00–3:00PM	Platinum Players 2:00–4:30PM	Glee 2:00–4:00PM	Scrabble 12:45–4:00PM	Minoru Community Line Dancers* 1:30–3:30PM	
	Bridge 1:00–4:30PM	Saxophone* 3:00–5:00PM	Multicultural Dance* (PERFORMANCE GROUP ONLY) 6:45–8:45PM	Joy Singing and Dancing* (SINGING) 1:00–3:00PM	Hanging with the Guys 3:00–4:30PM	
	Photo Group (2ND & 4TH WEEK) 1:30–3:30PM	Board Games 3:30–5:30PM		Wood Carving** 1:00–4:30PM	Classical Chinese and Ethnic Folk Dance 6:45–8:45PM	
	Multicultural Dance* 2:30–4:30PM	Yuanji Dance* 6:30–8:30PM		Ballroom Dance* 3:30–5:15PM		
	Whist 6:00–8:45PM	Joy Singing and Dancing* (DANCING) 6:45–8:45PM		Saxophone* 4:00–6:00PM		
				Prostate Cancer Support Group (2ND WEEK) 6:30–8:30PM		
				Yuanji Dance 6:30–8:30PM		

Schedule is subject to change. Call 604-238-8450 for information. Specific drop-in activities have limited capacity. Contact the front desk for more information.