Drop-In Fitness & Personal Training Fees

EFFECTIVE SEP 3, 2024

FITNESS DROP-IN, MEMBERSHIPS & VISIT CARDS				
FITNESS DROP-IN PER VISIT		FITNESS MEMBERSHIPS		
Youth (13 – 18 yrs) / Senior (55+ yrs)	\$5.00	Adult – 1 month	\$59.00	
Adult (19-54 yrs)	\$6.90	Adult-3 months	\$128.00	
Yoga	\$8.75	Adult-6 months	\$219.00	
		Adult – 1 year	\$365.00	
FITNESS VISIT CARDS		Youth / 55+-1 month	\$47.00	
Adult – 10 visits	\$55.00	Youth / 55+-3 months	\$105.00	
Youth / 55+-10 visits	\$40.00	Youth / 55+-6 months	\$180.00	
Note: Visit Cards are not valid for Yoga classes		Youth / 55+ – 1 year	\$300.00	
ADD-ON FEES				
Fitness Add-On*	\$1.00 community centre \$4.70 Watermania and Minoru Centre for Active Living	Family Add-On – 1 Year**	\$300.00	
*Fitness Add-On fee will apply when using a valid membership to attend drop-in fitness at a facility other than where the membership was purchased. The Fitness Add-On fee is not valid for Drop-in Yoga.		**Family Add-On must be purchased at the same time as the primary membership holder and must reside in the same household. For adults only.		

PERSONAL TRAINING

Improve fitness and wellness with support from a Registered Personal Trainer. Group Training: 2–3 friends or family members with similar fitness levels and 1 trainer. Taxes included.

NO. OF SESSIONS	1-ON-1 INDIVIDUAL TRAINING	2-3 GROUP TRAINING
1 (1 hr)	\$64.95	\$97.45
3 (1 hr)	\$185.15	\$277.60
5 (1 hr)	\$292.40	\$438.65
10 (1 hr)	\$552.35	\$828.65
5 (30 mins)	\$154.25	N/A
10 (30 mins)	\$292.40	N/A
20 (30 mins)	\$552.35	N/A

FOR THE SAFETY AND ENJOYMENT OF ALL PARTICIPANTS

- Review and follow the Fitness Centre Etiquette, Fitness Class Etiquette and Code of Conduct as posted.
- Review the PAR-Q annually or if your condition changes. www.richmond.ca/fitness.
- Drop-in fitness classes are on a first-come, first-served basis.
- Wristbands are available 30 minutes before class start time.
- Arrive on time to class. Latecomers are not permitted
 5 minutes past class start time.
- Youth 13-15 years old are required to complete a fitness centre orientation. Call Fitness Reception to book an orientation.
- Youth 13–18 years old are required to submit a <u>Informed</u>
 <u>Consent and Permission Form for Youth</u> Fitness Centre Access.

