



SOUTH ARM COMMUNITY CENTRE

FALL 2026 PROGRAMS



SOUTH ARM COMMUNITY CENTRE
8880 WILLIAMS ROAD
604-238-8060



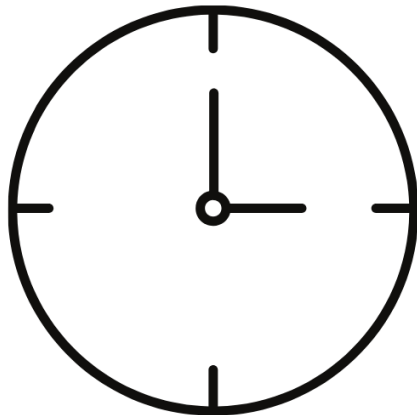
GENERAL INFORMATION

SOUTH ARM COMMUNITY ASSOCIATION

OUR MISSION:

South Arm Community Association aims to provide effective and enjoyable leisure opportunities for people so that they may grow and develop socially, emotionally, intellectually and physically.

We strive to create an inviting place where the community can come for information, to learn specific skills, to relax and to get into shape.



FALL FACILITY HOURS

MONDAY-FRIDAY

6:00AM-10:00PM

SATURDAY+SUNDAY

7:30AM-9:00PM

HOW TO REGISTER

- 1) IN-PERSON DURING FACILITY HOURS
- 2) REGISTRATION CALL CENTRE
604-276-4300 MON-FRI 8:30AM-5:00PM
- 3) ONLINE AT [RICHMOND.CA/REGISTER](https://richmond.ca/register)

FOR MORE INFORMATION, VISIT
[RICHMOND.CA/SOUTHARM](https://richmond.ca/southarm).

CONNECT WITH US



South Arm Community
Centre (SACC)



@SouthArmCC &
@SouthArmCCYouth



@SouthArmCC



southarm@richmond.ca

PRESCHOOL (0-5 YEARS)

Arts - Dance

BALLET - PRESCHOOLERS

Sep 13-Oct 25	Sun	9:15-10:00am	\$42.15/6 sess	3-5yrs	00537056
Sep 13-Oct 25	Sun	12:30-1:15pm	\$42.15/6 sess	3-5yrs	00537057
Sep 14-Dec 14	Mon	4:30-5:15pm	\$91.35/13 sess	3-5yrs	00536207
Sep 17-Dec 17	Thu	5:20-6:05pm	\$98.40/14 sess	3-5yrs	00536388
Nov 1-Dec 13	Sun	9:15-10:00am	\$49.20/7 sess	3-5yrs	00537058
Nov 1-Dec 13	Sun	12:30-1:15pm	\$49.20/7 sess	3-5yrs	00537059

BALLET - ADULT AND TOT

Sep 13-Oct 25	Sun	10:15-11:00am	\$42.15/6 sess	2-3yrs	00537060
Sep 17-Dec 17	Thu	6:15-7:00pm	\$98.40/14 sess	2-3yrs	00536391
Nov 1-Dec 13	Sun	10:15-11:00am	\$49.20/7 sess	2-3yrs	00537061

CREATIVE MOVEMENT - ADULT AND TOT

Sep 18-Oct 30	Fri	5:00-5:45pm	\$49.20/7 sess	1-2yrs	00539544
Nov 6-Dec 18	Fri	5:00-5:45pm	\$49.20/7 sess	1-2yrs	00539545

CREATIVE MOVEMENT - PRESCHOOLERS

Sep 13-Oct 25	Sun	11:15am-12:00pm	\$42.15/6 sess	3-5yrs	00537062
Sep 16-Nov 4	Wed	3:45-4:30pm	\$49.20/7 sess	3-5yrs	00539542
Sep 17-Dec 17	Thu	4:30-5:15pm	\$98.40/14 sess	3-5yrs	00536384
Nov 1-Dec 13	Sun	11:15am-12:00pm	\$49.20/7 sess	3-5yrs	00537063
Nov 18-Dec 16	Wed	3:45-4:30pm	\$35.15/5 sess	3-5yrs	00539543

DANCE COMBO - PRESCHOOLERS

Sep 16-Nov 4	Wed	4:45-5:30pm	\$49.20/7 sess	3-5yrs	00539604
Nov 18-Dec 16	Wed	4:45-5:30pm	\$35.15/5 sess	3-5yrs	00539612

MINI HIP HOPPERS - PRESCHOOLERS

Sep 15-Dec 15	Tue	3:45-4:30pm	\$98.40/14 sess	3-5yrs	00536321
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CHILD'S WORLD PRESCHOOL

MON/WED/FRI - #00509147

9:00AM-1:00PM

3 - 5 YRS* (BORN IN 2022 & 2023)

\$425.28/MONTH

TUES/THURS - #00509175

9:00AM-1:00PM

3 - 5 YRS* (BORN IN 2022 & 2023)

\$283.52/MONTH

*Children must be at least 3 years and no more than 4 yrs 11 months by December 31, 2026 in order to enroll for the 2026-2027 year.

For more information, please contact:

Preschool Coordinator:

Beth Hume 604-238-8063 or BHume@richmond.ca



Arts - Music

LITTLE ROCKERS - JUNIOR JAM - ROCKSTAR MUSIC® - PRESCHOOLERS

Sep 13-Nov 1	Sun	10:30-11:00am	\$77.00/7 sess	3-5yrs	00540178
Sep 13-Nov 1	Sun	11:00-11:30am	\$77.00/7 sess	3-5yrs	00540183
Nov 8-Dec 20	Sun	10:30-11:00am	\$77.00/7 sess	3-5yrs	00540182
Nov 8-Dec 20	Sun	11:00-11:30am	\$77.00/7 sess	3-5yrs	00540186

LITTLE ROCKERS - TINY TUNES - ROCKSTAR MUSIC® - ADULT AND TOT

Sep 13-Nov 1	Sun	10:00-10:30am	\$77.00/7 sess	1-3yrs	00539792
Nov 8-Dec 20	Sun	10:00-10:30am	\$77.00/7 sess	1-3yrs	00539867

Arts - Performing

MUSICAL THEATRE - PRESCHOOLERS

Sep 14-Dec 14	Mon	3:30-4:15pm	\$91.35/13 sess	3-5yrs	00536184
Sep 17-Dec 17	Thu	3:30-4:15pm	\$98.40/14 sess	3-5yrs	00536189



Arts - Visual

ART FOR TWOS - ADULT AND TOT - PRESCHOOLERS/ADULTS

Sep 20-Nov 1	Sun	10:15-11:00am	\$42.15/6 sess	2-3yrs	00537039
Nov 8-Dec 13	Sun	10:15-11:00am	\$42.15/6 sess	2-3yrs	00537040

ART ADVENTURES - PRESCHOOLERS

Sep 18-Oct 30	Fri	10:45-11:30am	\$49.20/7 sess	3-5yrs	00537002
Sep 20-Nov 1	Sun	2:45-3:30pm	\$42.15/6 sess	3-5yrs	00537045
Nov 6-Dec 18	Fri	10:45-11:30am	\$49.20/7 sess	3-5yrs	00537003
Nov 8-Dec 13	Sun	2:45-3:30pm	\$42.15/6 sess	3-5yrs	00537046

ART AROUND THE WORLD - PRESCHOOLERS

Sep 17-Oct 29	Thu	6:30-7:15pm	\$49.20/7 sess	3-5yrs	00536934
Nov 5-Dec 17	Thu	6:30-7:15pm	\$49.20/7 sess	3-5yrs	00536937
Dec 21-24	Mon-Thu	2:45-3:30pm	\$28.10/4 sess	3-5yrs	00541776

Arts - Visual

ARTS COMBO - ADULT AND TOT

Sep 18-Oct 30	Fri	9:30-10:15am	\$49.20/7 sess	1-2yrs	00537000
Nov 6-Dec 18	Fri	9:30-10:15am	\$49.20/7 sess	1-2yrs	00537001

ARTS COMBO - PRESCHOOLERS

Sep 17-Oct 29	Thu	3:45-4:30pm	\$49.20/7 sess	3-5yrs	00537011
Nov 5-Dec 17	Thu	3:45-4:30pm	\$49.20/7 sess	3-5yrs	00537012

CRAFT COMBO - PRESCHOOLERS

Sep 14-Oct 26	Mon	5:00-5:45pm	\$42.15/6 sess	3-5yrs	00536670
Sep 19-Oct 31	Sat	1:00-1:45pm	\$42.15/6 sess	3-5yrs	00537031
Nov 2-Dec 14	Mon	5:00-5:45pm	\$49.20/7 sess	3-5yrs	00536690
Nov 7-Dec 12	Sat	1:00-1:45pm	\$42.15/6 sess	3-5yrs	00537032

CLAY CREATIONS - AIR DRY CLAY - PRESCHOOLERS

Sep 15-Oct 27	Tue	3:30-4:15pm	\$49.20/7 sess	3-5yrs	00537047
Nov 3-Dec 15	Tue	3:30-4:15pm	\$49.20/7 sess	3-5yrs	00537048
Dec 21-Dec 24	Mon-Thu	9:15-10:00am	\$28.10/4 sess	3-5yrs	00541764

DRAWING AND PAINTING - PRESCHOOLERS

Sep 17-Oct 29	Thu	10:45-11:30am	\$49.20/7 sess	3-5yrs	00536998
Nov 5-Dec 17	Thu	10:45-11:30am	\$49.20/7 sess	3-5yrs	00536999

PAINT AND PLAY - ADULT AND TOT

Sep 17-Oct 29	Thu	9:30-10:15am	\$49.20/7 sess	1-2yrs	00536962
Nov 5-Dec 17	Thu	9:30-10:15am	\$49.20/7 sess	1-2yrs	00536995

DRAW ME A STORY - ADULT AND TOT

Sep 17-Oct 29	Thu	10:45-11:30am	\$49.20/7 sess	1-3yrs	00541973
Nov 5-Dec 17	Thu	10:45-11:30am	\$49.20/7 sess	1-3yrs	00542002

DRAW ME A STORY - PRESCHOOLERS

Sep 17-Oct 29	Thu	5:15-6:00pm	\$49.20/7 sess	3-5yrs	00536927
Nov 5-Dec 17	Thu	5:15-6:00pm	\$49.20/7 sess	3-5yrs	00536931

CRAFT CORNER - ADULT AND TOT

Sep 18-Oct 30	Fri	12:30-1:15pm	\$49.20/7 sess	1-3yrs	00537021
Sep 19-Oct 31	Sat	11:45am-12:30pm	\$42.15/6 sess	1-3yrs	00537029
Nov 6-Dec 11	Fri	12:30-1:15pm	\$42.15/6 sess	1-3yrs	00537022
Nov 7-Dec 12	Sat	11:45am-12:30pm	\$42.15/6 sess	1-3yrs	00537030

D.I.Y. (DO-IT-YOURSELF) ORNAMENTS WORKSHOP - PRESCHOOLERS

Dec 23	Wed	3:00-3:45pm	\$7.00/1 sess	3-5yrs	00539964
Dec 24	Thu	3:00-3:45pm	\$7.00/1 sess	3-5yrs	00539966

Camps

PRESCHOOL WINTER CAMP - BORN 2021-2022 - LICENSED - PRESCHOOLERS

Dec 21-24	Mon-Thu	9:00am-1:00pm	\$122.75/4 sess	3-4yrs	00542691
Dec 28-31	Mon-Thu	9:00am-1:00pm	\$122.75/4 sess	3-4yrs	00542753

DROP-IN - ADULT AND TOT PRESCHOOLERS/ADULTS PLAYTIME

WEDNESDAY/THURSDAY

9:30 - 11:00AM

\$3.15

For children up to 5 years old. Parent participation required.



General Interest

TUMMY TIME - ADULT AND TOT

Sep 17-Oct 29	Thu	9:45-10:30am	\$47.20/7 sess	0-1yrs	00542020
Nov 1-Nov 29	Sun	3:00-4:00pm	\$33.70/5 sess	0-1yrs	00535810
Nov 5-Dec 17	Thu	9:45-10:30am	\$47.20/7 sess	0-1yrs	00542037

123, ABC'S - PHONICS AND MATH - PRESCHOOLERS

Sep 14-Oct 26	Mon	3:45-4:30pm	\$30.35/6 sess	4-5yrs	00536407
Sep 19-Oct 31	Sat	9:15-10:00am	\$30.35/6 sess	3-4yrs	00539658
Sep 20-Nov 1	Sun	9:15-10:00am	\$30.35/6 sess	3-4yrs	00539765
Nov 2-Dec 14	Mon	3:45-4:30pm	\$35.40/7 sess	4-5yrs	00536627
Nov 7-Dec 19	Sat	9:15-10:00am	\$35.40/7 sess	3-4yrs	00539668
Nov 8-Dec 13	Sun	9:15-10:00am	\$30.35/6 sess	3-4yrs	00539769

EARLY LEARNERS - ADULT AND TOT

Sep 11-Oct 23	Fri	11:00am-12:15pm	\$59.00/7 sess	1-2yrs	00535780
Oct 30-Dec 11	Fri	11:00am-12:15pm	\$59.00/7 sess	1-2yrs	00535797

MOMMY AND ME PLAYTIME - PRESCHOOLERS/ADULTS

Oct 31-Dec 5	Sat	3:45-4:45pm	\$33.70/5 sess	1-2yrs	00535813
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Languages

MANDARIN FUN FOR PRESCHOOLERS - PRESCHOOLERS

Oct 31-Dec 5	Sat	2:30-3:30pm	\$33.70/5 sess	4-5yrs	00535771
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Nature and Science

SLIME-MAKING WORKSHOP - PRESCHOOLERS

Dec 23	Wed	2:00-2:45pm	\$7.00/1 sess	3-5yrs	00539948
Dec 24	Thu	2:00-2:45pm	\$7.00/1 sess	3-5yrs	00539953

WACKY SCIENCE - PRESCHOOLERS

Sep 15-Oct 27	Tue	5:45-6:30pm	\$49.20/7 sess	3-5yrs	00537051
Sep 17-Oct 29	Thu	4:45-5:30pm	\$49.20/7 sess	3-5yrs	00537013
Sep 19-Oct 31	Sat	9:30-10:15am	\$42.15/6 sess	3-5yrs	00537024
Sep 20-Nov 1	Sun	9:15-10:00am	\$42.15/6 sess	3-5yrs	00537035
Sep 20-Nov 1	Sun	3:45-4:30pm	\$42.15/6 sess	3-5yrs	00537036
Nov 3-Dec 15	Tue	5:45-6:30pm	\$49.20/7 sess	3-5yrs	00537052
Nov 5-Dec 17	Thu	4:45-5:30pm	\$49.20/7 sess	3-5yrs	00537014
Nov 7-Dec 12	Sat	9:30-10:15am	\$42.15/6 sess	3-5yrs	00537026
Nov 8-Dec 13	Sun	9:15-10:00am	\$42.15/6 sess	3-5yrs	00537037
Nov 8-Dec 13	Sun	3:45-4:30pm	\$42.15/6 sess	3-5yrs	00537038
Nov 3-Dec 15	Tue	5:45-6:30pm	\$49.20/7 sess	3-5yrs	00537052
Dec 21-Dec 24	Mon-Thu	11:45am-12:30pm	\$28.10/4 sess	3-5yrs	00541813

Sports

ADAPTED SPORT AND PLAY - PRESCHOOLERS

Oct 17-Dec 12	Sat	11:00-11:45am	\$42.10/8 sess	3-5yrs	00536346
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SOCCER - ADULT AND TOT - SPORTBALL®

Sep 13-Dec 13	Sun	9:30-10:15am	\$234.00/13 sess	2-3yrs	00536353
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SOCCER - SPORTBALL® - PRESCHOOLERS

Sep 13-Dec 13	Sun	10:15-11:15am	\$234.00/13 sess	3-5yrs	00536350
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CHILDREN (6-12 Years)

Arts - Dance

BALLET - CHILDREN

Sep 15-Dec 15	Tue	4:45-5:45pm	\$131.20/14 sess	6-9yrs	00543211
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JAZZ DANCING - CHILDREN

Sep 18-Oct 30	Fri	3:45-4:45pm	\$65.60/7 sess	6-9yrs	00539616
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Sep 19-Dec 19	Sat	12:15-1:15pm	\$112.45/12 sess	6-9yrs	00543214
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Nov 6-Dec 18	Fri	3:45-4:45pm	\$65.60/7 sess	6-9yrs	00539618
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CHEER DANCING - PRETEENS

Sep 23-Oct 28	Wed	5:00-6:00pm	\$56.20/6 sess	9-12yrs	00537010
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Arts - Music

MUSICAL EXPRESSIONS - GUITAR OR UKULELE PRIVATE LESSONS - ALL AGES

Lessons are available in 30 minute timeslots on Wednesdays 2:55-9:15pm and Fridays 3:30-7:30pm. Please visit richmond.ca/register or visit the South Arm Community Centre front desk to inquire about session availability.

MUSICAL EXPRESSIONS - PIANO PRIVATE LESSONS - ALL AGES

Lessons are available in 30 minute timeslots on Tuesdays 3:30-7:30pm, Thursdays 3:30-7:30pm, and Saturdays 9:30am-4:30pm. Please visit richmond.ca/register or visit the South Arm Community Centre front desk to inquire about session availability.

UKULELE JAM - GROUP - ROCKSTAR MUSIC® - CHILDREN

Sep 13-Nov 1	Sun	11:30am-12:30pm	\$140.00/7 sess	6-9yrs	00540251
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Nov 8-Dec 20	Sun	11:30am-12:30pm	\$140.00/7 sess	6-9yrs	00540271
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Arts - Performing

MUSICAL THEATRE - CHILDREN

Sep 19-Dec 19	Sat	11:00am-12:00pm	\$112.45/12 sess	6-9yrs	00536375
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MUSICAL THEATRE - PRETEENS

Sep 19-Dec 19	Sat	3:30-4:30pm	\$121.80/13 sess	9-12yrs	00545985
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Out of School Care

BEFORE + AFTER SCHOOL OPTIONS

Schools Served:

DeBeck, Whiteside, Walter Lee and Bridge

For more information, please contact:

Child Development Coordinator:

Alex Ngai 604-238-8078 or ANGai@richmond.ca



Arts - Visual

3D PAPER ARTS - CHILDREN

Sep 15-Oct 27	Tue	3:45-5:00pm	\$82.00/7 sess	6-9yrs	00536751
Nov 3-Dec 15	Tue	3:45-5:00pm	\$82.00/7 sess	6-9yrs	00536753

ARTS COMBO EXPLORATION - ALL LEVELS - CHILDREN

Dec 28-31	Mon-Thu	9:30am-12:00pm	\$93.70/4 sess	6-9yrs	00539971
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CRAFT COMBO - CHILDREN

Dec 21-24	Mon-Thu	1:30-2:30pm	\$37.50/4 sess	6-9yrs	00541787
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ANIME AND MANGA - CHILDREN

Sep 19-Oct 31	Sat	10:30-11:30am	\$56.20/6 sess	6-9yrs	00537027
Nov 7-Dec 12	Sat	10:30-11:30am	\$56.20/6 sess	6-9yrs	00537028

CLAY CREATIONS - AIR DRY CLAY - CHILDREN

Sep 18-Oct 30	Fri	5:30-6:45pm	\$82.00/7 sess	6-9yrs	00539540
Nov 6-Dec 18	Fri	5:30-6:45pm	\$82.00/7 sess	6-9yrs	00539541
Dec 28-31	Mon-Thu	1:00-2:15pm	\$46.85/4 sess	6-9yrs	00541848

DRAWING AND PAINTING - CHILDREN

Sep 17-Oct 29	Thu	3:30-4:45pm	\$82.00/7 sess	6-9yrs	00536912
Nov 5-Dec 17	Thu	3:30-4:45pm	\$82.00/7 sess	6-9yrs	00536915

JEWELLERY MAKING - CHILDREN

Sep 20-Nov 1	Sun	1:15-2:30pm	\$70.25/6 sess	6-9yrs	00537043
Nov 8-Dec 13	Sun	1:15-2:30pm	\$70.25/6 sess	6-9yrs	00537044
Sep 20-Nov 1	Sun	1:00-2:15pm	\$70.25/6 sess	6-9yrs	00539783
Nov 8-Dec 13	Sun	1:00-2:15pm	\$70.25/6 sess	6-9yrs	00539788
Dec 21-24	Mon-Thu	10:15-11:30am	\$46.85/4 sess	6-9yrs	00541807
Dec 28-31	Mon-Thu	12:30-1:45pm	\$46.85/4 sess	6-9yrs	00539976

JEWELLERY MAKING - PRETEENS

Sep 14-Oct 26	Mon	6:15-7:15pm	\$56.20/6 sess	9-12yrs	00536747
Nov 2-Dec 14	Mon	6:15-7:15pm	\$65.60/7 sess	9-12yrs	00536749

ACRYLIC PAINTING - CHILDREN

Sep 19-Oct 31	Sat	2:00-3:15pm	\$70.25/6 sess	6-9yrs	00537033
Nov 7-Dec 12	Sat	2:00-3:15pm	\$70.25/6 sess	6-9yrs	00537034
Sep 20-Nov 1	Sun	11:15am-12:30pm	\$70.25/6 sess	6-9yrs	00537041
Nov 8-Dec 13	Sun	11:15am-12:30pm	\$70.25/6 sess	6-9yrs	00537042

WATERCOLOUR PAINTING - BEGINNER - CHILDREN

Sep 18-Oct 30	Fri	3:45-5:00pm	\$82.00/7 sess	6-9yrs	00539536
Nov 6-Dec 18	Fri	3:45-5:00pm	\$82.00/7 sess	6-9yrs	00539537

Computers, Technology and Social Media

3D PRINTING - BUILD YOUR OWN TOY - COMPUCHILD - CHILDREN

Sep 16-Nov 4	Wed	4:15-5:15pm	\$140.00/7 sess	6-9yrs	00535962
Nov 18-Dec 16	Wed	4:15-5:15pm	\$100.00/5 sess	6-9yrs	00535963

MACHINE CONCEPTS WITH ROBOTICS - COMPUCHILD - CHILDREN

Sep 14-Oct 26	Mon	3:45-4:45pm	\$120.00/6 sess	6-9yrs	00535937
Sep 16-Nov 4	Wed	5:30-6:30pm	\$140.00/7 sess	6-9yrs	00535947
Nov 2-Dec 14	Mon	3:45-4:45pm	\$140.00/7 sess	6-9yrs	00535938
Nov 18-Dec 16	Wed	5:30-6:30pm	\$100.00/5 sess	6-9yrs	00535958

Cooking

COOKING BASICS - PRETEENS

Sep 13-Nov 1	Sun	10:00-11:30am	\$176.90/7 sess	9-13yrs	00536234
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Fitness

YOGA - CHILDREN

Sep 10-Oct 29	Thu	3:45-4:45pm	\$61.85/6 sess	6-12yrs	00536314
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Nov 5-Dec 17	Thu	3:45-4:45pm	\$72.15/7 sess	6-12yrs	00536316
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ZUMBA® KIDS - CHILDREN

Sep 9-Oct 21	Wed	6:00-7:00pm	\$54.60/6 sess	7-12yrs	00536318
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Oct 28-Dec 16	Wed	6:00-7:00pm	\$63.70/7 sess	7-12yrs	00536322
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General Interest

FLORAL ARRANGING BASICS - BEGINNER - PRETEENS

Sep 19-Oct 3	Sat	4:00-5:30pm	\$42.15/3 sess	9-12yrs	00541853
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Nov 28-Dec 12	Sat	4:00-5:30pm	\$42.15/3 sess	9-12yrs	00541868
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PRETEEN HANGOUT - PRETEENS

Sep 17-Oct 29	Thu	4:30-6:30pm	\$49.70/7 sess	9-13yrs	00535907
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Nov 5-Dec 10	Thu	4:30-6:30pm	\$42.60/6 sess	9-13yrs	00535909
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LITTLE BOOKWORMS - READING AND WRITING - CHILDREN

Sep 19-Oct 31	Sat	10:15-11:15am	\$40.45/6 sess	6-8yrs	00539752
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Sep 20-Nov 1	Sun	10:15-11:15am	\$40.45/6 sess	6-8yrs	00539771
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Nov 7-Dec 19	Sat	10:15-11:15am	\$47.20/7 sess	6-8yrs	00539756
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Nov 8-Dec 13	Sun	10:15-11:15am	\$40.45/6 sess	6-8yrs	00539773
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MINI MATHLETES - CHILDREN

Sep 19-Oct 31	Sat	11:30am-12:30pm	\$40.45/6 sess	6-8yrs	00539760
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Sep 20-Nov 1	Sun	11:30am-12:30pm	\$40.45/6 sess	6-8yrs	00539775
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Nov 7-Dec 19	Sat	11:30am-12:30pm	\$47.20/7 sess	6-8yrs	00539762
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Nov 8-Dec 13	Sun	11:30am-12:30pm	\$40.45/6 sess	6-8yrs	00539777
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Martial Arts

TAEKWONDO - BEGINNER - CHILDREN

Sep 14-Dec 7	Mon	4:30-5:30pm	\$120.00/12 sess	6-12yrs	00535651
Sep 18-Dec 11	Fri	5:30-6:30pm	\$120.00/12 sess	6-12yrs	00535677
Sep 19-Dec 12	Sat	2:30-3:30pm	\$120.00/12 sess	6-12yrs	00535692

TAEKWONDO - INTERMEDIATE - CHILDREN

Sep 14-Dec 7	Mon	3:30-4:30pm	\$120.00/12 sess	6-18yrs	00535513
Sep 14-Dec 7	Mon	5:30-6:30pm	\$120.00/12 sess	6-18yrs	00535653
Sep 14-Nov 30	Mon	6:30-7:30pm	\$120.00/12 sess	6-18yrs	00535654
Sep 18-Dec 11	Fri	3:30-4:30pm	\$120.00/12 sess	6-18yrs	00535670
Sep 18-Dec 11	Fri	4:30-5:30pm	\$120.00/12 sess	6-18yrs	00535674
Sep 18-Dec 11	Fri	6:30-7:30pm	\$120.00/12 sess	6-18yrs	00535680

Nature and Science

WACKY SCIENCE - CHILDREN

Sep 15-Oct 27	Tue	4:30-5:30pm	\$65.60/7 sess	6-9yrs	00537049
Sep 17-Oct 29	Thu	5:45-6:45pm	\$65.60/7 sess	6-9yrs	00537015
Nov 3-Dec 15	Tue	4:30-5:30pm	\$65.60/7 sess	6-9yrs	00537050
Nov 5-Dec 17	Thu	5:45-6:45pm	\$65.60/7 sess	6-9yrs	00537016

Racquet Sports

BADMINTON - INTERMEDIATE - PRETEENS

Sep 9-Dec 16	Wed	4:30-5:30pm	\$91.25/13 sess	9-12yrs	00536324
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Sports

GIRLS AT BAT - CHILDREN

Nov 2-Dec 14	Mon	4:15-5:15pm	\$49.15/7 sess	6-9yrs	00536338
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BASKETBALL - CHILDREN

Sep 19-Dec 12	Sat	11:30am-12:30pm	\$84.25/12 sess	6-8yrs	00536301
Sep 19-Dec 12	Sat	2:30-3:30pm	\$84.25/12 sess	8-10yrs	00536303
Sep 14-Dec 14	Mon	5:45-6:45pm	\$91.25/13 sess	8-10yrs	00536341

BASKETBALL - PRETEENS

Sep 19-Dec 12	Sat	3:30-4:30pm	\$84.25/12 sess	10-12yrs	00536304
Sep 14-Dec 14	Mon	7:00-8:00pm	\$91.25/13 sess	10-12yrs	00536340

BASKETBALL - RYBL - SMALL BALL - GRADES K/1 - CHILDREN

Sep 21-Nov 30	Mon	6:00-6:45pm	\$105.00/10 sess	5-6yrs	00538484
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BASKETBALL - RYBL - SMALL BALL - GRADES 2/3 - CHILDREN

Sep 21-Nov 30	Mon	7:00-7:45pm	\$105.00/10 sess	7-8yrs	00538485
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BASKETBALL - RYBL - JUMP - GRADES 4/5 - CHILDREN

Sep 17-Nov 19	Thu	6:15-7:15pm	\$135.00/10 sess	8-10yrs	00538481
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BASKETBALL - RYBL - JUMP - GRADES 4/5 - CHILDREN

Sep 18-Nov 20	Fri	6:15-7:15pm	\$135.00/10 sess	8-10yrs	00538482
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BASKETBALL - RYBL - SKILLS AND GAME PLAY - 3 V 3 - GRADES 4/5 - CO-ED - CHILDREN

Sep 27-Nov 22	Sun	11:00am-12:15pm	\$120.00/8 sess	8-10yrs	00539007
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BASKETBALL - RYBL - SKILLS AND GAME PLAY - GRADES 4/5 - FOR GIRLS - CHILDREN

Oct 3-Feb 27	Sat	10:15-11:30am	\$225.00/16 sess	8-10yrs	00538486
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BASKETBALL - RYBL - LEAGUE - GRADES 4/5 - CO-ED - CHILDREN

Oct 3-Feb 20	Sat	10:15-11:15am	\$270.00/16 sess	8-10yrs	00538479
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Sports

BASKETBALL - RYBL - JUMP - GRADES 6/7 - CHILDREN

Sep 17-Nov 19	Thu	7:30-8:30pm	\$135.00/10 sess	10-12yrs	00538480
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BASKETBALL - RYBL - JUMP - GRADES 6/7 - CHILDREN

Sep 18-Nov 20	Fri	7:30-8:30pm	\$135.00/10 sess	10-12yrs	00538483
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BASKETBALL - RYBL - SKILLS AND GAME PLAY - 3 V 3 - GRADES 6/7 - CO-ED - CHILDREN

Sep 27-Nov 22	Sun	12:30-1:45pm	\$120.00/8 sess	10-12yrs	00539008
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BASKETBALL - RYBL - LEAGUE - GRADES 6/7 - CO-ED - CHILDREN

Oct 3-Feb 20	Sat	11:15am-12:30pm	\$270.00/16 sess	10-12yrs	00538478
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BASKETBALL - RYBL - SKILLS AND GAME PLAY - GRADES 6/7 - FOR GIRLS - CHILDREN

Oct 3-Feb 27	Sat	11:45am-12:15pm	\$225.00/16 sess	10-12yrs	00538487
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MULTISPORT - CHILDREN

Sep 10-Oct 22	Thu	3:30-4:30pm	\$49.15/7 sess	6-8yrs	00536311
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Oct 29-Dec 17	Thu	3:30-4:30pm	\$56.15/8 sess	6-8yrs	00536312
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SOCCER - OUTDOOR - PRETEENS

Sep 10-Oct 1	Thu	4:00-5:00pm	\$28.10/4 sess	9-12yrs	00536292
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SOCCER - SPORTBALL® - CHILDREN

Sep 13-Dec 13	Sun	11:15am-12:15pm	\$234.00/13 sess	5-7yrs	00536347
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ULTIMATE FRISBEE - OUTDOOR - PRETEENS

Sep 8-29	Tue	3:30-5:00pm	\$42.10/4 sess	9-12yrs	00536334
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VOLLEYBALL - BEGINNER - PRETEENS

Sep 19-Dec 12	Sat	12:45-1:45pm	\$84.25/12 sess	9-12yrs	00536307
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Sep 10-Dec 17	Thu	4:45-5:45pm	\$105.30/15 sess	9-12yrs	00536309
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VOLLEYBALL - INTERMEDIATE - PRETEENS

Sep 10-Dec 17	Thu	5:45-6:45pm	\$105.30/15 sess	9-12yrs	00536308
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YOUTH (13-18 YEARS)

Arts - Dance

K-POP DANCING - YOUTH

Sep 15-Oct 20	Tue	4:15-5:15pm	\$56.20/6 sess	13-18yrs	00537007
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Cooking

IRON CHEF COOKING - YOUTH

Sep 13-Nov 8	Sun	12:30-2:00pm	\$202.20/8 sess	11-16yrs	00536228
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Sep 13-Nov 1	Sun	2:45-4:15pm	\$176.90/7 sess	11-16yrs	00536229
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Fitness

GROUP WEIGHT TRAINING - YOUTH

Sep 18-Oct 23	Fri	3:15-4:15pm	\$68.15/6 sess	13-18yrs	00535288
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Nov 6-Dec 11	Fri	3:15-4:15pm	\$68.15/6 sess	13-18yrs	00535290
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ULTIMATE KICKBOXING - TRY-IT - YOUTH

Sep 19	Sat	12:15-1:15pm	Free/1 sess	13-18yrs	00535451
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ULTIMATE KICKBOXING - YOUTH

Sep 26-Oct 24	Sat	12:15-1:15pm	\$35.00/5 sess	13-18yrs	00535454
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Camp

DAYCAMP - ADVENTURE CAMP - YOUTH

Dec 21-23	Mon-Wed	10:00am-4:00pm	\$170.65/3 sess	11-16yrs	00536239
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Dec 28-30	Mon-Wed	10:00am-4:00pm	\$170.65/3 sess	11-16yrs	00536241
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General Interest

LEADERSHIP - INTRODUCTION - YOUTH

Sep 15-Dec 15	Tue	3:45-5:00pm	Free/13 sess	13-18yrs	00537017
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RESUME AND INTERVIEW SKILL BUILDING - YOUTH

Nov 4-Nov 18	Wed	4:00-5:00pm	Free/3 sess	15-18yrs	00537004
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Racquet Sports

BADMINTON - INTERMEDIATE - YOUTH

Sep 9-Dec 16	Wed	3:15-4:15pm	\$91.25/13 sess	13-18yrs	00536328
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Sep 9-Dec 16	Wed	5:45-6:45pm	\$91.25/13 sess	13-18yrs	00536329
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Sports

BASKETBALL DEVELOPMENT SKILLS - YOUTH

Sep 12-Dec 5	Sat	9:30-10:30am	\$77.20/11 sess	13-18yrs	00535964
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BASKETBALL - RYBL - SKILLS AND GAME PLAY - GRADES 8/9 - FOR BOYS - YOUTH

Sep 19-Dec 5	Sat	12:00-1:30pm	\$140.00/11 sess	13-15yrs	00538473
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BASKETBALL - RYBL - SKILLS AND GAME PLAY - GRADES 8/9 - FOR GIRLS - YOUTH

Sep 26-Nov 28	Sat	1:30-2:45pm	\$130.00/10 sess	13-15yrs	00538474
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FLAG FOOTBALL FUNDAMENTALS - YOUTH

Sep 9-Oct 14	Wed	3:45-5:15pm	\$52.65/5 sess	12-15yrs	00547293
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GROUP RUNNING - FOR GIRLS - YOUTH

Sep 10-Oct 1	Thu	4:00-5:00pm	Free/4 sess	13-18yrs	00547302
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SOCCER - OUTDOOR - YOUTH

Sep 10-Oct 1	Thu	5:00-6:00pm	\$28.10/4 sess	13-18yrs	00536293
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VOLLEYBALL SKILLS - YOUTH

Sep 12-Dec 5	Sat	11:00am-12:00pm	\$77.20/11 sess	13-18yrs	00535968
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ADULTS (18+ YEARS)

Arts - Dance

BALLET - BEGINNER - ADULTS

Sep 19-Dec 19	Sat	2:00-3:15pm	\$152.25/13 sess	18yrs+	00536361
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JAZZ DANCING - ADULTS

Sep 14-Dec 14	Mon	1:45-3:00pm	\$152.25/13 sess	18yrs+	00536162
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LYRICAL DANCING - ADULTS

Sep 15-Dec 15	Tue	1:45-3:00pm	\$152.25/13 sess	18yrs+	00536271
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Arts - Music

TAIKO DRUMMING - BEGINNER - ADULTS

Oct 19-Dec 14	Mon	7:30-8:30pm	\$84.35/9 sess	19yrs+	00534631
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TAIKO DRUMMING - INTERMEDIATE - ADULTS

Oct 19-Dec 14	Mon	6:30-7:30pm	\$84.35/9 sess	19yrs+	00534629
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TAIKO DRUMMING - ADVANCED - ADULTS

Oct 19-Dec 14	Mon	5:30-6:30pm	\$84.35/9 sess	19yrs+	00534627
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Arts - Performing

MUSICAL THEATRE DANCING - ADULTS

Sep 17-Dec 17	Thu	8:00-9:15pm	\$163.95/14 sess	18yrs+	00536395
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Arts - Visual

DRAWING AND SKETCHING - ADULTS

Sep 18-Oct 30	Fri	1:45-3:00pm	\$82.00/7 sess	18yrs+	00537018
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Nov 6-Dec 11	Fri	1:45-3:00pm	\$70.25/6 sess	18yrs+	00537019
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ACRYLIC PAINTING - ADULTS

Sep 17-Oct 29	Thu	1:30-3:00pm	\$98.40/7 sess	18yrs+	00537008
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Nov 5-Dec 17	Thu	1:30-3:00pm	\$98.40/7 sess	18yrs+	00537009
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PAINT NIGHT - ADULTS

Oct 18	Sun	5:00-6:30pm	\$14.05/1 sess	18yrs+	00537053
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Nov 15	Sun	5:00-6:30pm	\$14.05/1 sess	18yrs+	00537054
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Dec 13	Sun	5:00-6:30pm	\$14.05/1 sess	18yrs+	00537055
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SWAP MEET

SATURDAY, SEP 12

10:00AM-2:00PM

Join us for a community sale featuring 40 vendors offering gently used household items, sports equipment, clothing, and more. Find great deals and hidden treasures!



Fitness

ADAPTED FITNESS - ADULTS

Sep 17-Dec 3	Thu	1:30-2:30pm	\$84.00/12 sess	18yrs+	00535187
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EXERCISES FOR THOSE WITH PARKINSON'S - ADULTS

Sep 23-Dec 16	Wed	3:00-4:00pm	\$84.00/12 sess	18yrs+	00534945
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FUNDAMENTALS OF FITNESS - LEVEL 1 - ADULTS

Sep 15-Oct 20	Tue	10:00-11:00am	\$86.95/6 sess	16yrs+	00535106
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Nov 3-Dec 8	Tue	10:00-11:00am	\$86.95/6 sess	16yrs+	00535154
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FUNDAMENTALS OF FITNESS - LEVEL 2 - ADULTS

Sep 10-Oct 15	Thu	10:00-11:00am	\$86.95/6 sess	16yrs+	00535170
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Oct 29-Dec 3	Thu	10:00-11:00am	\$86.95/6 sess	16yrs+	00535172
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POWERBUILDING - LEVEL 2 - ADULTS

Sep 8-Oct 6	Tue	6:15-7:15pm	\$72.45/5 sess	16yrs+	00534898
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Oct 13-Nov 10	Tue	6:15-7:15pm	\$72.45/5 sess	16yrs+	00534904
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Nov 17-Dec 15	Tue	6:15-7:15pm	\$72.45/5 sess	16yrs+	00534907
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POWERBUILDING 101 - ADULTS

Sep 9-Oct 7	Wed	6:15-7:15pm	\$72.45/5 sess	16yrs+	00534951
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Oct 14-Nov 11	Wed	6:15-7:15pm	\$72.45/5 sess	16yrs+	00534954
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Nov 18-Dec 16	Wed	6:15-7:15pm	\$72.45/5 sess	16yrs+	00534956
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TRX® PLUS - ADULTS

Sep 11-Oct 23	Fri	11:30-12:30pm	\$101.45/7 sess	16yrs+	00535243
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Sep 14-Oct 26	Mon	12:45-1:45pm	\$86.95/6 sess	16yrs+	00531792
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Nov 2-Dec 14	Mon	12:45-1:45pm	\$101.45/7 sess	16yrs+	00531796
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Nov 6-Dec 18	Fri	11:30-12:30pm	\$101.45/7 sess	16yrs+	00535246
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WOMEN ON WEIGHTS - ADULTS

Sep 13-Oct 25	Sun	8:30-9:30am	\$101.45/7 sess	16yrs+	00535508
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Sep 13-Oct 25	Sun	9:30-10:30am	\$101.45/7 sess	16yrs+	00535510
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Nov 8-Dec 20	Sun	8:30-9:30am	\$101.45/7 sess	16yrs+	00535509
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Nov 8-Dec 20	Sun	9:30-10:30am	\$101.45/7 sess	16yrs+	00535511
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CYCLE AND STRENGTH - ADULTS

Sep 14-Nov 2	Mon	9:00-10:00am	\$63.70/7 sess	16yrs+	00529544
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Nov 9-Dec 21	Mon	9:00-10:00am	\$63.70/7 sess	16yrs+	00529551
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CYCLE AND STRETCH - ADULTS

Sep 16-Oct 28	Wed	9:30-10:30am	\$54.60/6 sess	16yrs+	00534915
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Nov 4-Dec 16	Wed	9:30-10:30am	\$54.60/6 sess	16yrs+	00534918
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CYCLE H.I.I.T. BOOT CAMP - ADULTS

Sep 12-Oct 24	Sat	8:15-9:15am	\$54.60/6 sess	16yrs+	00535432
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Sep 12-Oct 24	Sat	9:30-10:30am	\$54.60/6 sess	16yrs+	00535444
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Nov 7-Dec 19	Sat	8:15-9:15am	\$63.70/7 sess	16yrs+	00535443
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Nov 7-Dec 19	Sat	9:30-10:30am	\$63.70/7 sess	16yrs+	00535447
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BRAZILIAN FIT DANCING - ALL LEVELS - ADULTS

Sep 22-Dec 8	Tue	6:30-7:30pm	\$109.20/12 sess	16yrs+	00529498
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LATIN FUNK DANCE® - DANCING AND CARDIO - ADULTS

Sep 15-Dec 1	Tue	8:00-9:00pm	\$109.20/12 sess	16yrs+	00539907
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Fitness

ZUMBA® - ADULTS

Sep 16-Dec 16	Wed	7:15-8:15pm	\$109.20/12 sess	16yrs+	00534965
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ZUMBA® - TONING - ADULTS

Sep 10-Dec 10	Thu	7:15-8:15pm	\$127.40/14 sess	16yrs+	00535233
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ZUMBA® LIFT - FOR WOMEN - ADULTS

Sep 22-Dec 8	Tue	7:00-8:00pm	\$109.20/12 sess	16yrs+	00536163
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GENTLE YOGA - ADULTS

Sep 10-Dec 10	Thu	5:15-6:15pm	\$123.75/12 sess	16yrs+	00535232
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IYENGAR® YOGA - LEVEL 1 - ADULTS

Sep 22-Oct 27	Tue	9:15-10:45am	\$92.80/6 sess	16yrs+	00531805
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Nov 3-Dec 15	Tue	9:15-10:45am	\$108.30/7 sess	16yrs+	00531806
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IYENGAR® YOGA - LEVEL 2 - ADULTS

Sep 23-Dec 16	Wed	6:30-8:00pm	\$170.15/11 sess	16yrs+	00534976
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PILATES - ALL LEVELS - ADULTS

Sep 10-Oct 15	Thu	6:15-7:15pm	\$61.85/6 sess	16yrs+	00535413
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Sep 13-Oct 25	Sun	10:15-11:15am	\$72.15/7 sess	16yrs+	00535507
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Nov 1-Dec 13	Sun	10:15-11:15am	\$72.15/7 sess	16yrs+	00539764
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Nov 12-Dec 17	Thu	6:15-7:15pm	\$61.85/6 sess	16yrs+	00538524
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PILATES AND YOGA FUSION - ADULTS

Sep 10-Oct 15	Thu	7:30-8:30pm	\$61.85/6 sess	16yrs+	00538544
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Nov 12-Dec 17	Thu	7:30-8:30pm	\$61.85/6 sess	16yrs+	00538555
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STRENGTH AND FLEX YOGA - ADULTS

Sep 15-Oct 27	Tue	5:30-6:45pm	\$90.15/7 sess	16yrs+	00534857
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Nov 3-Dec 15	Tue	5:30-6:45pm	\$90.15/7 sess	16yrs+	00534858
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YOGA SUTRAS OF PATANJALI - ADULTS

Sep 25-Nov 27	Fri	3:00-4:30pm	\$154.70/10 sess	16yrs+	00535512
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Gardening

BALCONY, CONTAINER AND SMALL SPACE GARDENING WORKSHOP - ADULTS

Sep 12	Sat	1:30-3:00pm	Free/1 sess	18yrs+	00543254
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SPICE UP YOUR GARDEN WITH GARLIC - ADULTS

Sep 12	Sat	11:00am-12:30pm	Free/1 sess	18yrs+	00543287
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FLORAL ARRANGING BASICS - BEGINNER - ADULTS

Sep 18-Oct 2	Fri	7:00-8:30pm	\$42.15/3 sess	18yrs+	00540880
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FLORAL ARRANGING BASICS - DRIED FLORAL WREATH WORKSHOP - ADULTS

Nov 20	Fri	7:00-8:30pm	\$14.05/1 sess	18yrs+	00540811
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FLORAL ARRANGING BASICS - HARVEST CENTREPIECE WORKSHOP - ADULTS

Oct 10	Sat	4:30-6:00pm	\$14.05/1 sess	18yrs+	00540792
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FLORAL ARRANGING BASICS - HOLIDAY CENTREPIECE WORKSHOP - ADULTS

Dec 23	Wed	7:00-8:30pm	\$14.05/1 sess	18yrs+	00540830
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FLORAL ARRANGING BASICS - INTERMEDIATE - ADULTS

Oct 16-Oct 30	Fri	7:00-8:30pm	\$42.15/3 sess	18yrs+	00541881
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IKEBANA FLOWER ARRANGING WORKSHOP - AUTUMN BASKET ARRANGEMENT - BEGINNER - ADULTS

Nov 7	Sat	4:00-4:30pm	\$30.00/1 sess	18yrs+	00542455
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IKEBANA FLOWER ARRANGING WORKSHOP - CHRISTMAS ARRANGEMENT - BEGINNER - ADULTS

Dec 12	Sat	4:00-5:30pm	\$30.00/1 sess	18yrs+	00542487
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**Racquet Sports****PICKLEBALL - NON-INSTRUCTIONAL - ADULTS**

Sep 14-Nov 2	Mon	12:15-2:30pm	\$49.15/7 sess	18yrs+	00536922
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Nov 9-Dec 21	Mon	12:15-2:30pm	\$49.15/7 sess	18yrs+	00536926
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PICKLEBALL - BEGINNER - ADULTS

Sep 19-Dec 12	Sat	8:45-10:15am	\$115.80/11 sess	18yrs+	00536274
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Sports**BASKETBALL - ADULTS**

Sep 14-Dec 14	Mon	8:15-9:45pm	\$91.25/13 sess	18yrs+	00536287
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VOLLEYBALL - ADULTS

Sep 9-Dec 30	Wed	7:15-9:45pm	\$105.30/15 sess	18yrs+	00536281
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SENIORS (55+ YEARS)

Arts- Dance

BALLET - FUNDAMENTALS - LEVEL 1 - 55+

Sep 15-Oct 27	Tue	12:30-1:45pm	\$60.80/7 sess	55yrs+	00533332
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BALLET FUNDAMENTALS - LEVEL 2 - 55+

Sep 17-Oct 29	Thu	9:30-10:45am	\$60.80/7 sess	55yrs+	00532738
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BALLROOM DANCING - ULTIMATE - CHA - CHA - 55+

Sep 18-Oct 23	Fri	5:00-6:30pm	\$90.00/6 sess	55yrs+	00534594
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BALLROOM DANCING - ULTIMATE - SALSA - 55+

Oct 30-Dec 4	Fri	5:00-6:30pm	\$90.00/6 sess	55yrs+	00534598
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LINE DANCING - BEGINNER - 55+

Sep 16-Nov 25	Wed	3:45-4:45pm	\$76.45/11 sess	55yrs+	00536804
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LINE DANCING - BEGINNER - IMPROVER - 55+

Sep 16-Nov 25	Wed	2:30-3:30pm	\$76.45/11 sess	55yrs+	00536801
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Arts - Music

TAIKO DRUMMING - BEGINNER - 55+

Oct 19-Dec 14	Mon	7:30-8:30pm	\$62.55/9 sess	55yrs+	00534630
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TAIKO DRUMMING - INTERMEDIATE - 55+

Oct 19-Dec 14	Mon	6:30-7:30pm	\$62.55/9 sess	55yrs+	00534628
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TAIKO DRUMMING - ADVANCED - 55+

Oct 19-Dec 14	Mon	5:30-6:30pm	\$62.55/9 sess	55yrs+	00534626
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UKULELE - BEGINNER - 55+

Sep 21-Nov 2	Mon	11:00am-12:30pm	\$62.55/6 sess	55yrs+	00536410
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UKULELE - KEEP GOING - 55+

Sep 21-Nov 2	Mon	12:45-2:15pm	\$62.55/6 sess	55yrs+	00536402
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Arts - Visual

CRAFT SERIES - CREATIVE CLAY CRAFT - CHRISTMAS THEME - 55+

Nov 19-Dec 10	Thu	10:30am-12:00pm	\$41.70/4 sess	55yrs+	00530951
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CRAFT SERIES - CREATIVE CLAY CRAFT - THANKSGIVING THEME - 55+

Sep 17-Oct 8	Thu	10:30am-12:00pm	\$41.70/4 sess	55yrs+	00530946
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PAINT, SIP AND SNACK - 55+

Sep 25	Fri	5:30-7:30pm	\$13.90 \$18.75/1 sess	55yrs+	00531918
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Oct 16	Fri	5:30-7:30pm	\$13.90 \$18.75/1 sess	55yrs+	00531919
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Nov 20	Fri	5:30-7:30pm	\$13.90 \$18.75/1 sess	55yrs+	00531920
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Dec 9	Wed	5:30-7:30pm	\$13.90 \$18.75/1 sess	55yrs+	00531921
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WATERCOLOUR PAINTING - ALL LEVELS - 55+

Sep 15-Oct 13	Tue	10:30am-12:30pm	\$69.50/5 sess	55yrs+	00537341
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Nov 23-Dec 14	Mon	10:30am-12:30pm	\$55.60/4 sess	55yrs+	00537345
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PAPER QUILLING ART - 55+

Oct 20-Nov 3	Tue	10:30am-12:30pm	\$41.70/3 sess	55yrs+	00537351
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Computers, Technology and Social Media

DIGITAL LITERACY - 55+

Oct 5-Nov 16	Mon	3:45-5:15am	Free/6 sess	55yrs+	00531831
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DIGITAL LITERACY (CANTONESE/MANDARIN) - 55+

Sep 20-Nov 15	Sun	3:00-4:00pm	Free/8 sess	55yrs+	00531830
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SMART PHONES, TABLETS AND LAPTOPS - LEARN FROM A YOUTH - 55+

Sep 24	Thu	3:30-4:00pm	Free/1 sess	55yrs+	00538687
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Sep 24	Thu	4:00-4:30pm	Free/1 sess	55yrs+	00538691
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Oct 8	Thu	3:30-4:00pm	Free/1 sess	55yrs+	00538692
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Oct 22	Thu	4:00-4:30pm	Free/1 sess	55yrs+	00538695
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Nov 5	Thu	3:30-4:00pm	Free/1 sess	55yrs+	00538696
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Nov 5	Thu	4:00-4:30pm	Free/1 sess	55yrs+	00538698
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Nov 19	Thu	3:30-4:00pm	Free/1 sess	55yrs+	00538699
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Nov 19	Thu	4:00-4:30pm	Free/1 sess	55yrs+	00538700
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Dec 3	Thu	3:30-4:00pm	Free/1 sess	55yrs+	00538701
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Dec 3	Thu	4:00-4:30pm	Free/1 sess	55yrs+	00538702
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Cooking

HEALTHY WORLD COOKING - THAILAND - 55+

Sep 15 Tue 5:00-6:30pm \$25.25/1 sess 55yrs+ 00538644

HEALTHY WORLD COOKING - JAPAN - 55+

Sep 22 Tue 5:00-6:30pm \$25.25/1 sess 55yrs+ 00538652

HEALTHY WORLD COOKING - KOREA - 55+

Oct 6 Tue 5:00-6:30pm \$25.25/1 sess 55yrs+ 00538653

HEALTHY WORLD COOKING - SINGAPORE - 55+

Oct 13 Tue 5:00-6:30pm \$25.25/1 sess 55yrs+ 00538654

HEALTHY WORLD COOKING - BURMA - 55+

Oct 20 Tue 5:00-6:30pm \$25.25/1 sess 55yrs+ 00538655

HEALTHY WORLD COOKING - PHILIPPINES - 55+

Nov 3 Tue 5:00-6:30pm \$25.25/1 sess 55yrs+ 00538656

HEALTHY WORLD COOKING - MONGOLIA - 55+

Nov 10 Tue 5:00-6:30pm \$25.25/1 sess 55yrs+ 00538657

HEALTHY WORLD COOKING - HONG KONG - 55+

Nov 24 Tue 5:00-6:30pm \$25.25/1 sess 55yrs+ 00538658

HEALTHY WORLD COOKING - VIETNAM - 55+

Dec 1 Tue 5:00-6:30pm \$25.25/1 sess 55yrs+ 00538659

HEALTHY WORLD COOKING - INDONESIA - 55+

Dec 8 Tue 5:00-6:30pm \$25.25/1 sess 55yrs+ 00538661

HEALTHY WORLD COOKING - CANADIAN HOLIDAY DINNER - 55+

Dec 15 Tue 5:00-7:00pm \$33.70/1 sess 55yrs+ 00538665

BAKE THE WORLD A BETTER PLACE WORKSHOP - KEY LIME TART - 55+

Sep 18 Fri 5:00-6:45pm \$29.50/1 sess 55yrs+ 00538385

BAKE THE WORLD A BETTER PLACE WORKSHOP - CRANBERRY SCONES - 55+

Oct 16 Fri 5:00-6:45pm \$29.50/1 sess 55yrs+ 00538391

BAKE THE WORLD A BETTER PLACE WORKSHOP - MINI FRUIT TARTS - 55+

Nov 20 Fri 5:00-6:45pm \$29.50/1 sess 55yrs+ 00538393

BAKE THE WORLD A BETTER PLACE WORKSHOP - FESTIVE ECLAIR- 55+

Dec 11 Fri 5:00-6:45pm \$29.50/1 sess 55yrs+ 00538412

HARVEST MOON CAKE MAKING WORKSHOP- 55+

Sep 24 Thu 9:45-10:45am \$17.50/1 sess 55yrs+ 00531790



Events and Seasonal Programs

RETRO RHYTHMS - 1960-1980S DANCE AND SOCIAL - 55+

Sep 8	Tue	12:00-1:30pm	\$17.50/1 sess	55yrs+	00532460
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Fitness

BETTER BACKS AND BALANCE - BEGINNER - 55+

Sep 14-Dec 21	Mon	12:00-1:00pm	\$84.00/12 sess	55yrs+	00529556
Sep 23-Dec 16	Wed	10:30-11:30am	\$84.00/12 sess	55yrs+	00534924

CHAIR FITNESS - LEVEL 1 - 55+

Sep 14-Dec 14	Mon	1:30-2:30pm	\$91.00/13 sess	55yrs+	00531802
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ACTIVE AND FIT - 55+

Sep 22-Oct 27	Tue	11:00am-12:00pm	\$42.00/6 sess	55yrs+	00531807
Nov 10-Dec 15	Tue	11:00am-12:00pm	\$42.00/6 sess	55yrs+	00531808
Sep 17-Dec 17	Thu	11:00am-12:00pm	\$84.00/12 sess	55yrs+	00535286
Sep 15-Oct 13	Tue	2:00-3:00pm	\$35.00/5 sess	55yrs+	00536063
Nov 17-Dec 15	Tue	2:00-3:00pm	\$35.00/5 sess	55yrs+	00536077

M.I.I.T. (MODERATE INTENSITY INTERVAL TRAINING) - 55+

Sep 14-Dec 14	Mon	10:30-11:30am	\$91.00/13 sess	55yrs+	00529552
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MEN ON WEIGHTS - 55+

Sep 14-Oct 26	Mon	12:00-1:00pm	\$68.15/6 sess	55yrs+	00529557
Nov 9-Dec 14	Mon	12:00-1:00pm	\$68.15/6 sess	55yrs+	00529558

WOMEN ON WEIGHTS - 55+

Sep 22-Oct 27	Tue	12:30-1:30pm	\$68.15/6 sess	55yrs+	00534839
Nov 10-Dec 15	Tue	12:30-1:30pm	\$68.15/6 sess	55yrs+	00534842

MINDS IN MOTION - 55+

Sep 10-Oct 22	Thu	1:30-3:00pm	\$41.80/7 sess	55yrs+	00539546
Nov 5-Dec 17	Thu	1:30-3:00pm	\$41.80/7 sess	55yrs+	00539547

CHAIR DANCING AND TONING - 55+

Sep 12-Oct 24	Sat	11:00am-12:00pm	\$49.00/7 sess	55yrs+	00535448
Oct 31-Dec 12	Sat	11:00am-12:00pm	\$49.00/7 sess	55yrs+	00536974

ZUMBA® - GOLD - ALL LEVELS - 55+

Sep 9-Dec 9	Wed	10:45-11:45am	\$84.00/12 sess	55yrs+	00534941
Sep 11-Oct 23	Fri	10:30-11:30am	\$49.00/7 sess	55yrs+	00535239
Oct 30-Dec 11	Fri	10:30-11:30am	\$49.00/7 sess	55yrs+	00536306

CHAIR YOGA - 55+

Sep 14-Dec 7	Mon	2:45-3:45pm	\$93.10/12 sess	55yrs+	00536959
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DROP-IN - BASKETBALL (55+ YEARS)

TUESDAY
1:15 - 2:45PM
\$5.05

Stay active and have fun with recreational basketball for adults aged 55+. A welcoming drop-in program for all skill levels.



General Interest

FINANCIAL LITERACY - MANAGING YOUR FINANCES IN RETIREMENT - 55+

Dec 2	Wed	10:00-11:00am	Free/1 sess	55yrs+	00532476
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FINANCIAL LITERACY - PROTECTING YOUR ASSETS WHILE PLANNING AHEAD - 55+

Oct 7	Wed	10:00-11:00am	Free/1 sess	55yrs+	00532466
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DIWALI CELEBRATION - 55+

Nov 17	Tue	12:00-2:00pm	\$17.50/1 sess	55yrs+	00528749
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WREATH MAKING WORKSHOP - FESTIVE THEME - 55+

Dec 4	Fri	5:00-7:00pm	\$13.60/1 sess	55yrs+	00534624
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Dec 11	Fri	5:00-7:00pm	\$13.60/1 sess	55yrs+	00534625
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Health and Wellness

MIND FLEX MEMORY AND WELLNESS (CANTONESE/MANDARIN/ENGLISH) - 55+

Sep 14-Oct 26	Mon	1:30-3:00pm	\$42.05/7 sess	55yrs+	00532742
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MEDITATION MADE EASY - 55+

Oct 6-Nov 24	Tue	1:30-2:30pm	\$48.10/8 sess	55yrs+	00538680
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BONE HEALTH 101 - 55+

Nov 4	Wed	10:00-11:30am	Free/1 sess	55yrs+	00540100
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DIABETES SELF-MANAGEMENT WORKSHOP - 55+

Oct 20-Dec 1	Tue	10:00am-12:30pm	Free/6 sess	55yrs+	00533378
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HOLISTIC HEALTH SERIES - EPIGENETICS WORKSHOP - 55+

Oct 19	Mon	1:00-2:30pm	Free/1 sess	55yrs+	00539774
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SIRVIVOR FITNESS PROGRAM TO SUPPORT PROSTATE HEALTH WORKSHOP - INTRODUCTION - 55+

Sep 9	Wed	10:00-11:00am	Free/1 sess	55yrs+	00532458
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Martial Arts

HEALTH QIGONG - FIVE ANIMALS FORM - 55+

Sep 10-Dec 10	Thu	12:15-1:15pm	\$97.00/14 sess	55yrs+	00534825
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WING CHUN - BEGINNER - 55+

Sep 14-Oct 26	Mon	5:45-6:45pm	\$48.50/7 sess	55yrs+	00537364
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Nov 9-Dec 14	Mon	5:45-6:45pm	\$41.60/6 sess	55yrs+	00537369
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TAI CHI - 48 FORM YANG STYLE - 55+

Sep 10-Dec 17	Thu	2:45-3:45pm	\$103.95/15 sess	55yrs+	00537633
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TAI CHI - FAN - 56 FORM - 55+

Sep 10-Dec 10	Thu	1:30-2:30pm	\$97.00/14 sess	55yrs+	00534847
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TAI CHI - WUDANG STYLE 13 FORM (CANTONESE) - BEGINNER - 55+

Sep 9-Dec 16	Wed	12:00-1:00pm	\$103.95/15 sess	55yrs+	00534854
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TAI CHI - WUDANG STYLE 13 FORM (CANTONESE) - INTERMEDIATE - 55+

Sep 9-Dec 16	Wed	1:15-2:15pm	\$103.95/15 sess	55yrs+	00534922
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Out Trips and Tours

BRITANNIA MINING MUSEUM TRIP - 55+

Sep 9	Wed	9:00am-4:00pm	\$78.00/1 sess	55yrs+	00536699
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SQUAMISH CANYON TRIP - 55+

Sep 23	Wed	9:30am-5:30pm	\$78.50/1 sess	55yrs+	00533290
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SQUAMISH SALMON HATCHERY AND DOWNTOWN TRIP - 55+

Nov 4	Wed	10:00am-4:45pm	\$32.00/1 sess	55yrs+	00534819
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MAAN FARMS PUMPKIN PATCH TRIP - 55+

Oct 21	Wed	9:45am-2:45pm	\$35.00/1 sess	55yrs+	00533289
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CIRQUE DU SOLEIL "LUZIA" TRIP - 55+

Nov 21	Sat	10:15am-3:15pm	\$111.00/1 sess	55yrs+	00528822
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GLOW CHRISTMAS IN LANGLEY TRIP - 55+

Dec 16	Wed	3:30-8:00pm	\$35.00/1 sess	55yrs+	00533294
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QUEEN ELIZABETH THEATRE - THE NUTCRACKER BALLET - 55+

Dec 12	Sat	11:30am-5:00pm	\$85.00/1 sess	55yrs+	00533670
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Racquet Sports

PICKLEBALL - BEGINNER - 55+

Sep 8-Oct 20	Tue	8:00-9:30am	\$73.70/7 sess	55yrs+	00528194
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Sep 8-Oct 20	Tue	5:30-7:00pm	\$73.70/7 sess	55yrs+	00528197
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Oct 27-Dec 15	Tue	8:00-9:30am	\$84.25/8 sess	55yrs+	00540582
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Oct 27-Dec 15	Tue	5:30-7:00pm	\$84.25/8 sess	55yrs+	00540586
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PICKLEBALL - INTERMEDIATE - 55+

Sep 8-Oct 20	Tue	9:45-11:15am	\$73.70/7 sess	55yrs+	00528195
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Sep 8-Oct 20	Tue	7:00-8:30pm	\$73.70/7 sess	55yrs+	00528198
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Oct 27-Dec 15	Tue	9:45-11:15am	\$84.25/8 sess	55yrs+	00540583
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Oct 27-Dec 15	Tue	7:00-8:30pm	\$84.25/8 sess	55yrs+	00540588
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PICKLEBALL - ADVANCED - 55+

Sep 8-Oct 20	Tue	11:30am-1:00pm	\$73.70/7 sess	55yrs+	00528196
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Oct 27-Dec 15	Tue	11:30am-1:00pm	\$84.25/8 sess	55yrs+	00540585
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Christmas **CRAFT FAIR**

SATURDAY, NOVEMBER 21
10:00AM-4:00PM

DISCOVER UNIQUE HOMEMADE GOODS FROM 80+ VENDORS
AND MAKE YOUR HOLIDAY SHOPPING FUN, EASY, AND
MEANINGFUL!

SANTA'S WORKSHOP- CHILDREN

Celebrate the holiday season with various art activities, followed by a reading of festive,
holiday-themed stories with Santa.

Supplies included. Parent participation required.

10:00-11:15AM
1-8yrs
\$12.40/sess
#00549100



11:00AM-12:15PM
1-8yrs
\$12.40/sess
#00549103

SATURDAY, DECEMBER 12

REFUND POLICY

Seasonal/Registered Classes

- If notice is given **PRIOR** to the beginning of the third session, a refund (less classes taken) will be provided.
- If notice is given **AFTER** the beginning of the third session, **NO** refund will be given.

Short Programs (1 week or less), Camps, Workshops, Out Trips, Special Events

- If **LESS THAN A WEEK's** notice, 50% of the fee will be refunded.
- If notice is given **ON** or **AFTER** the start date, **NO** refund will be given.
- Transfers will be allowed within 72 hours notice prior to start date.

Private/Semi Private Lessons

- If notice is given 72 hours **PRIOR** to the start of the course, a full refund will be given.
- If request is received less than 72 hours prior to the start of the course, no refund will be given.

VOLUNTEER WITH SOUTH ARM COMMUNITY CENTRE

SIGN UP ON ICANHELP.RICHMOND.CA

**OR SIGN UP FOR EMAILS
ABOUT FUTURE
OPPORTUNITIES BY
SCANNING THIS
QR CODE**

