



SOUTH ARM COMMUNITY CENTRE

SPRING 2025 PROGRAMS



SOUTH ARM COMMUNITY CENTRE
8880 WILLIAMS ROAD
604-238-8060



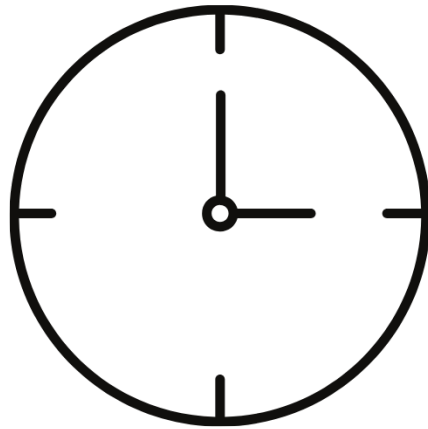
GENERAL INFORMATION

SOUTH ARM COMMUNITY ASSOCIATION

OUR MISSION:

South Arm Community Association aims to provide effective and enjoyable leisure opportunities for people so that they may grow and develop socially, emotionally, intellectually and physically.

We strive to create an inviting place where the community can come for information, to learn specific skills, to relax and to get into shape.



SPRING FACILITY HOURS

MONDAY-FRIDAY
6:00AM- 10:00PM

SATURDAY-SUNDAY
7:30AM-9:00PM

HOW TO REGISTER

- 1) IN-PERSON DURING FACILITY HOURS
- 2) REGISTRATION CALL CENTRE
604-276-4300 MON-FRI 8:30AM-5:00PM
- 3) ONLINE AT [RICHMOND.CA/REGISTER](https://richmond.ca/register)

FOR MORE INFORMATION, PLEASE VISIT OUR WEBSITE AT [RICHMOND.CA/SOUTHARM](https://richmond.ca/southarm)

CONNECT WITH US



South Arm Community Centre (SACC)



@SouthArmCC &
@SouthArmCCYouth



@SouthArmCC



southarm@richmond.ca

SOUTH ARM COMMUNITY CENTRE

CHILDREN'S BIRTHDAY PARTIES

Celebrate a child's special occasion with provided indoor and outdoor age-appropriate toys, games, craft activities and a variety of sports led by party leaders.

SATURDAYS

3:00-5:00PM

SUNDAYS

11:00AM-1:00PM

3:00-5:00PM

Register online at richmond.ca/register or by phone at 604-276-4300 or in-person during facility hours



Information: richmond.ca/birthdayparties



**SOUTH ARM COMMUNITY CENTRE
8880 WILLIAMS ROAD
604-238-8060**



PRESCHOOL (0-5 YEARS)

ARTS - DANCE

BALLET - PARENT AND TOT - PRESCHOOLERS

| | | | | | |
|---------------|-----|-----------------|----------------|--------|----------|
| Apr 4-May 16 | Fri | 5:00-5:45pm | \$39.60/6 sess | 2-3yrs | 00387519 |
| Apr 4-May 16 | Fri | 5:45-6:30pm | \$39.60/6 sess | 2-3yrs | 00387520 |
| Apr 10-May 15 | Thu | 4:45-5:30pm | \$26.40/4 sess | 2-3yrs | 00387530 |
| Apr 12-Jun 28 | Sat | 11:30am-12:15pm | \$59.40/9 sess | 2-3yrs | 00387532 |
| Apr 12-Jun 28 | Sat | 12:30-1:15pm | \$59.40/9 sess | 2-3yrs | 00390509 |
| May 22-Jun 26 | Thu | 4:45-5:30pm | \$39.60/6 sess | 2-3yrs | 00387531 |
| May 23-Jun 27 | Fri | 5:00-5:45pm | \$39.60/6 sess | 2-3yrs | 00387521 |
| May 23-Jun 27 | Fri | 5:45-6:30pm | \$39.60/6 sess | 2-3yrs | 00387522 |

CREATIVE MOVEMENT - PARENT AND TOT - PRESCHOOLERS

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 3-May 8 | Thu | 2:30-3:15pm | \$39.60/6 sess | 1-3yrs | 00390784 |
| Apr 9-May 7 | Wed | 4:15-5:00pm | \$33.00/5 sess | 1-3yrs | 00389502 |
| May 15-Jun 19 | Thu | 2:30-3:15pm | \$39.60/6 sess | 1-3yrs | 00390785 |
| May 21-Jun 18 | Wed | 4:15-5:00pm | \$33.00/5 sess | 1-3yrs | 00389507 |

DANCE COMBO - PRESCHOOLERS

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 4-May 9 | Fri | 3:30-4:15pm | \$33.00/5 sess | 3-5yrs | 00390772 |
| Apr 7-May 12 | Mon | 5:00-5:45pm | \$33.00/5 sess | 3-5yrs | 00390792 |
| Apr 9-May 7 | Wed | 3:15-4:00pm | \$33.00/5 sess | 3-5yrs | 00389486 |
| May 14-Jun 18 | Wed | 3:15-4:00pm | \$39.60/6 sess | 3-5yrs | 00389495 |
| May 16-Jun 20 | Fri | 3:30-4:15pm | \$39.60/6 sess | 3-5yrs | 00390773 |
| May 26-Jun 16 | Mon | 5:00-5:45pm | \$26.40/4 sess | 3-5yrs | 00390793 |

ARTS - MUSIC

MUSIC - PARENT AND TOT - PRESCHOOLERS

| | | | | | |
|--------------|-----|---------------|----------------|--------|----------|
| Apr 9-May 14 | Wed | 10:15-10:45am | \$26.40/6 sess | 1-4yrs | 00387749 |
|--------------|-----|---------------|----------------|--------|----------|

ARTS - PERFORMING

MUSICAL THEATRE - PRESCHOOLERS

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 4-May 16 | Fri | 3:00-3:45pm | \$39.60/6 sess | 3-5yrs | 00387515 |
| May 23-Jun 27 | Fri | 3:00-3:45pm | \$39.60/6 sess | 3-5yrs | 00387516 |

ARTS - VISUAL

ART FOR TWOS - PARENT AND TOT - PRESCHOOLERS

| | | | | | |
|---------------|-----|---------------|----------------|--------|----------|
| Apr 6-May 11 | Sun | 9:00-9:45am | \$33.00/5 sess | 2-3yrs | 00387875 |
| Apr 10-May 15 | Thu | 10:45-11:30am | \$39.60/6 sess | 2-3yrs | 00387770 |
| Apr 14-May 26 | Mon | 9:45-10:30am | \$33.00/5 sess | 2-3yrs | 00387534 |
| Apr 15-May 13 | Tue | 9:45-10:30am | \$33.00/5 sess | 2-3yrs | 00387911 |
| May 25-Jun 22 | Sun | 9:00-9:45am | \$33.00/5 sess | 2-3yrs | 00387876 |
| May 20-Jun 24 | Tue | 9:45-10:30am | \$39.60/6 sess | 2-3yrs | 00387913 |
| May 22-Jun 26 | Thu | 10:45-11:30am | \$39.60/6 sess | 2-3yrs | 00387775 |
| Jun 2-Jun 23 | Mon | 9:45-10:30am | \$26.40/4 sess | 2-3yrs | 00387535 |

ART ADVENTURES - PRESCHOOLERS

| | | | | | |
|---------------|-----|---------------|----------------|--------|----------|
| Apr 4-Apr 25 | Fri | 9:45-10:30am | \$19.80/3 sess | 2-5yrs | 00387781 |
| Apr 15-May 13 | Tue | 10:45-11:30am | \$33.00/5 sess | 2-5yrs | 00387939 |
| May 30-Jun 20 | Fri | 9:45-10:30am | \$26.40/4 sess | 2-5yrs | 00387783 |
| May 20-Jun 24 | Tue | 10:45-11:30am | \$39.60/6 sess | 2-5yrs | 00387942 |

ARTS - VISUAL

ARTS COMBO - PRESCHOOLERS

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 8-May 13 | Tue | 3:00-4:00pm | \$52.80/6 sess | 4-5yrs | 00387292 |
| May 20-Jun 24 | Tue | 3:00-4:00pm | \$52.80/6 sess | 4-5yrs | 00387295 |

CRAFT COMBO - PARENT AND TOT - PRESCHOOLERS

| | | | | | |
|---------------|-----|--------------|----------------|--------|----------|
| Apr 8-May 13 | Tue | 9:30-10:15am | \$39.60/6 sess | 2-5yrs | 00387861 |
| Apr 9-May 14 | Wed | 9:30-10:15am | \$39.60/6 sess | 2-5yrs | 00391152 |
| May 20-Jun 24 | Tue | 9:30-10:15am | \$39.60/6 sess | 2-5yrs | 00387862 |
| May 21-Jun 25 | Wed | 9:30-10:15am | \$39.60/6 sess | 2-5yrs | 00391154 |

CRAFT COMBO - PRESCHOOLERS

| | | | | | |
|---------------|-----|---------------|----------------|--------|----------|
| May 25-Jun 22 | Sun | 9:15-10:00am | \$33.00/5 sess | 3-5yrs | 00387608 |
| May 31-Jun 28 | Sat | 10:30-11:15am | \$33.00/5 sess | 3-5yrs | 00387609 |

DRAWING AND PAINTING - PRESCHOOLERS

| | | | | | |
|---------------|-----|---------------|----------------|--------|----------|
| Apr 4-Apr 25 | Fri | 11:00-11:45am | \$19.80/3 sess | 3-5yrs | 00387784 |
| Apr 7-May 12 | Mon | 9:30-10:15am | \$33.00/5 sess | 3-5yrs | 00387559 |
| Apr 9-May 14 | Wed | 10:30-11:30am | \$52.80/6 sess | 3-5yrs | 00387869 |
| May 21-Jun 25 | Wed | 10:30-11:30am | \$52.80/6 sess | 3-5yrs | 00387870 |
| May 26-Jun 23 | Mon | 9:30-10:15am | \$33.00/5 sess | 3-5yrs | 00387565 |
| May 30-Jun 20 | Fri | 11:00-11:45am | \$26.40/4 sess | 3-5yrs | 00387785 |

ART MEETS NATURE - PARENT AND TOT - PRESCHOOLERS

| | | | | | |
|---------------|-----|--------------|----------------|--------|----------|
| Apr 10-May 15 | Thu | 9:45-10:30am | \$39.60/6 sess | 2-4yrs | 00387767 |
| May 22-Jun 26 | Thu | 9:45-10:30am | \$39.60/6 sess | 2-4yrs | 00387769 |

ART MEETS NATURE - PRESCHOOLERS

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 4-May 16 | Fri | 1:00-1:45pm | \$39.60/6 sess | 3-5yrs | 00389151 |
| May 23-Jun 27 | Fri | 1:00-1:45pm | \$39.60/6 sess | 3-5yrs | 00389154 |

ART JAM - PRESCHOOLERS

| | | | | | |
|---------------|-----|---------------|-----------------|--------|----------|
| Apr 5-May 10 | Sat | 10:40-11:40am | \$100.00/5 sess | 4-5yrs | 00386323 |
| May 24-Jun 28 | Sat | 10:40-11:40am | \$120.00/6 sess | 4-5yrs | 00386324 |



EVENTS AND SEASONAL PROGRAMS

EASTER EGGSTRAVAGANZA - ADULT AND CHILD - PRESCHOOLERS/CHILDREN/ADULTS

| | | | | | |
|--------|-----|-----------------|----------------|--------|----------|
| Apr 19 | Sat | 9:45-11:00am | \$11.70/1 sess | 1-8yrs | 00390598 |
| Apr 19 | Sat | 11:15am-12:30pm | \$11.70/1 sess | 1-8yrs | 00390600 |

NATURE AND SCIENCE

SLIME-MAKING WORKSHOP - PRESCHOOLERS

| | | | | | |
|--------|-----|---------------|---------------|--------|----------|
| Apr 8 | Tue | 4:15-5:15pm | \$8.80/1 sess | 3-5yrs | 00387852 |
| Apr 12 | Sat | 10:45-11:45am | \$8.80/1 sess | 3-5yrs | 00387465 |
| May 6 | Tue | 4:15-5:15pm | \$8.80/1 sess | 3-5yrs | 00387853 |
| Jun 3 | Tue | 4:15-5:15pm | \$8.80/1 sess | 3-5yrs | 00387854 |

WACKY SCIENCE - PRESCHOOLERS

| | | | | | |
|---------------|-----|-----------------|----------------|--------|----------|
| Apr 4-May 16 | Fri | 2:00-2:45pm | \$39.60/6 sess | 3-5yrs | 00389160 |
| Apr 7-May 12 | Mon | 10:45-11:30am | \$33.00/5 sess | 3-5yrs | 00387452 |
| Apr 10-May 15 | Thu | 3:30-4:15pm | \$39.60/6 sess | 3-5yrs | 00387951 |
| Apr 26-May 24 | Sat | 11:30am-12:15pm | \$33.00/5 sess | 3-5yrs | 00387457 |
| May 22-Jun 26 | Thu | 3:30-4:15pm | \$39.60/6 sess | 3-5yrs | 00387954 |
| May 23-Jun 27 | Fri | 2:00-2:45pm | \$39.60/6 sess | 3-5yrs | 00389162 |
| May 26-Jun 23 | Mon | 10:45-11:30am | \$33.00/5 sess | 3-5yrs | 00387455 |
| May 31-Jun 28 | Sat | 11:30am-12:15pm | \$33.00/5 sess | 3-5yrs | 00387459 |

SPORTS

ADAPTED SPORT AND PLAY - PRESCHOOLERS

| | | | | | |
|---------------|-----|---------------|----------------|--------|----------|
| Apr 26-Jun 21 | Sat | 11:00-11:45am | \$34.45/7 sess | 3-5yrs | 00387991 |
|---------------|-----|---------------|----------------|--------|----------|

SPORTBALL® - SOCCER - PARENT AND TOT - PRESCHOOLERS

| | | | | | |
|--------------|-----|--------------|------------------|--------|----------|
| Apr 6-Jun 22 | Sun | 9:30-10:15am | \$180.00/10 sess | 2-3yrs | 00388003 |
|--------------|-----|--------------|------------------|--------|----------|

SPORTBALL® - SOCCER - PRESCHOOLERS

| | | | | | |
|--------------|-----|---------------|------------------|--------|----------|
| Apr 6-Jun 22 | Sun | 10:15-11:15am | \$180.00/10 sess | 3-5yrs | 00388001 |
|--------------|-----|---------------|------------------|--------|----------|

ADAPTED SPORTS AND PLAY PROGRAM

SUITABLE FOR YOUNG CHILDREN WITH AUTISM AND NEURO/DEVELOPMENTAL DIFFERENCES.



SATURDAY, APR 26-JUN21

11:00-11:45AM

\$34.57/ 7 SESS



**TO REGISTER AND FOR MORE INFORMATION, EMAIL
SOUTHARM@RICHMOND.CA.**

CHILDREN (6-12 Years)

ARTS - DANCE

BALLET - CHILDREN

| | | | | | |
|---------------|-----|-------------|----------------|---------|----------|
| Apr 3-May 15 | Thu | 5:45-6:45pm | \$44.00/5 sess | 6-12yrs | 00387526 |
| May 22-Jun 26 | Thu | 5:45-6:45pm | \$52.80/6 sess | 6-12yrs | 00387527 |

JAZZ DANCING - CHILDREN

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 7-May 12 | Mon | 3:45-4:45pm | \$44.00/5 sess | 5-8yrs | 00390790 |
| May 26-Jun 16 | Mon | 3:45-4:45pm | \$35.20/4 sess | 5-8yrs | 00390791 |

CHEER DANCING - PRETEENS

| | | | | | |
|--------------|-----|-------------|------------------|---------|----------|
| Apr 1-Jun 17 | Tue | 4:15-5:15pm | \$105.60/12 sess | 9-12yrs | 00390854 |
|--------------|-----|-------------|------------------|---------|----------|

ARTS - MUSIC

MUSICAL EXPRESSIONS - GUITAR OR UKULELE PRIVATE LESSONS - ALL AGES

Lessons are available in 30 minute timeslots on Wednesdays 2:55-9:15pm and Fridays 3:30-7:30pm. Please visit richmond.ca/register or visit the South Arm Community Centre front desk to inquire about session availability.

MUSICAL EXPRESSIONS - PIANO PRIVATE LESSONS - ALL AGES

Lessons are available in 30 minute timeslots on Tuesdays 3:30-7:30pm, Thursdays 3:30-7:30pm, and Saturdays 9:30am-4:30pm. Please visit richmond.ca/register or visit the South Arm Community Centre front desk to inquire about session availability.

ARTS - PERFORMING

CREATIVE DRAMA - CHILDREN

| | | | | | |
|---------------|-----|-------------|----------------|---------|----------|
| Apr 4-May 16 | Fri | 3:45-4:45pm | \$52.80/6 sess | 8-12yrs | 00387517 |
| May 23-Jun 27 | Fri | 3:45-4:45pm | \$52.80/6 sess | 8-12yrs | 00387518 |

ARTS - VISUAL

3D PAPER ARTS - CHILDREN

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 1-Apr 22 | Tue | 3:45-5:00pm | \$44.00/4 sess | 6-9yrs | 00387786 |
| May 27-Jun 24 | Tue | 3:45-5:00pm | \$55.00/5 sess | 6-9yrs | 00387787 |

CRAFT COMBO - CHILDREN

| | | | | | |
|---------------|-----|--------------|----------------|---------|----------|
| Apr 26-May 24 | Sat | 9:15-10:15am | \$44.00/5 sess | 6-12yrs | 00387592 |
| May 31-Jun 28 | Sat | 9:15-10:15am | \$44.00/5 sess | 6-12yrs | 00387593 |

CARTOONING - CHILDREN

| | | | | | |
|---------------|-----|--------------|-----------------|--------|----------|
| Apr 5-May 10 | Sat | 9:30-10:30am | \$100.00/5 sess | 6-8yrs | 00386328 |
| May 24-Jun 28 | Sat | 9:30-10:30am | \$120.00/6 sess | 6-8yrs | 00386329 |

CHARACTER DESIGN - CHILDREN

| | | | | | |
|---------------|-----|-----------------|-----------------|---------|----------|
| Apr 5-May 10 | Sat | 11:50am-12:50pm | \$100.00/5 sess | 9-12yrs | 00386333 |
| May 24-Jun 28 | Sat | 11:50am-12:50pm | \$120.00/6 sess | 9-12yrs | 00386335 |

COMICS AND CARTOONING - PRETEENS

| | | | | | |
|---------------|-----|-------------|----------------|---------|----------|
| Apr 6-May 11 | Sun | 2:15-3:15pm | \$44.00/5 sess | 9-12yrs | 00387896 |
| May 25-Jun 22 | Sun | 2:15-3:15pm | \$44.00/5 sess | 9-12yrs | 00387898 |

ILLUSTRATING SQUISHMALLOWS™ - CHILDREN

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 9-May 14 | Wed | 3:45-4:45pm | \$52.80/6 sess | 6-8yrs | 00390720 |
| May 21-Jun 25 | Wed | 3:45-4:45pm | \$52.80/6 sess | 6-8yrs | 00391056 |

ARTS - VISUAL

CLAY HANDBUILDING - CHILDREN

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 9-May 14 | Wed | 5:15-6:15pm | \$52.80/6 sess | 6-8yrs | 00387764 |
| May 21-Jun 25 | Wed | 5:15-6:15pm | \$52.80/6 sess | 6-8yrs | 00387765 |

CLAY HANDBUILDING - PRETEENS

| | | | | | |
|---------------|-----|-------------|----------------|---------|----------|
| Apr 4-May 16 | Fri | 7:00-8:00pm | \$52.80/6 sess | 9-12yrs | 00387523 |
| Apr 7-May 12 | Mon | 3:45-4:45pm | \$44.00/5 sess | 9-12yrs | 00386944 |
| May 23-Jun 27 | Fri | 7:00-8:00pm | \$52.80/6 sess | 9-12yrs | 00387524 |
| May 26-Jun 23 | Mon | 3:45-4:45pm | \$44.00/5 sess | 9-12yrs | 00386946 |

DRAWING AND PAINTING - CHILDREN

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 3-Apr 24 | Thu | 3:30-4:45pm | \$44.00/4 sess | 6-9yrs | 00387788 |
| Apr 6-May 11 | Sun | 1:00-2:00pm | \$44.00/5 sess | 6-9yrs | 00387893 |
| May 25-Jun 22 | Sun | 1:00-2:00pm | \$44.00/5 sess | 6-9yrs | 00387895 |
| May 29-Jun 26 | Thu | 3:30-4:45pm | \$55.00/5 sess | 6-9yrs | 00387789 |

ILLUSTRATING ANIMALS - CHILDREN

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 9-May 14 | Wed | 5:00-6:00pm | \$52.80/6 sess | 6-8yrs | 00390794 |
| May 21-Jun 25 | Wed | 5:00-6:00pm | \$52.80/6 sess | 6-8yrs | 00390795 |

JEWELLERY MAKING - CHILDREN

| | | | | | |
|---------------|-----|---------------|----------------|--------|----------|
| Apr 9-May 14 | Wed | 3:45-5:00pm | \$66.00/6 sess | 6-8yrs | 00387761 |
| May 21-Jun 25 | Wed | 3:45-5:00pm | \$66.00/6 sess | 6-8yrs | 00387762 |
| May 25-Jun 22 | Sun | 10:15-11:30am | \$55.00/5 sess | 6-8yrs | 00387921 |

JEWELLERY MAKING - PRETEENS

| | | | | | |
|---------------|-----|-------------|----------------|---------|----------|
| Apr 7-May 12 | Mon | 5:00-6:15pm | \$55.00/5 sess | 9-12yrs | 00386955 |
| May 26-Jun 23 | Mon | 5:00-6:15pm | \$55.00/5 sess | 9-12yrs | 00386959 |

ACRYLIC PAINTING - CHILDREN

| | | | | | |
|---------------|-----|-----------------|----------------|--------|----------|
| Apr 6-May 11 | Sun | 11:15am-12:15pm | \$44.00/5 sess | 6-9yrs | 387880 |
| Apr 8-May 13 | Tue | 5:45-6:45pm | \$52.80/6 sess | 6-9yrs | 00387296 |
| Apr 10-May 15 | Thu | 5:45-6:45pm | \$52.80/6 sess | 6-9yrs | 00387959 |
| May 20-Jun 24 | Tue | 5:45-6:45pm | \$52.80/6 sess | 6-9yrs | 00387297 |
| May 22-Jun 26 | Thu | 5:45-6:45pm | \$52.80/6 sess | 6-9yrs | 00387960 |
| May 25-Jun 22 | Sun | 11:15am-12:15pm | \$44.00/5 sess | 6-9yrs | 00387887 |



EVENTS AND SEASONAL PROGRAMS

EASTER EGGSTRAVAGANZA - ADULT AND CHILD - PRESCHOOLERS/CHILDREN/ADULTS

| | | | | | |
|--------|-----|-----------------|----------------|--------|----------|
| Apr 19 | Sat | 9:45-11:00am | \$11.70/1 sess | 1-8yrs | 00390598 |
| Apr 19 | Sat | 11:15am-12:30pm | \$11.70/1 sess | 1-8yrs | 00390600 |

EASTER CANVAS BAG DECORATING - CHILDREN

| | | | | | |
|--------|-----|-----------------|---------------|---------|----------|
| Apr 20 | Sun | 10:00-11:00am | \$8.80/1 sess | 6-12yrs | 00397354 |
| Apr 20 | Sun | 11:15am-12:15pm | \$8.80/1 sess | 6-12yrs | 00397202 |

FITNESS

YOGA - CHILDREN

| | | | | | |
|---------------|-----|-------------|----------------|---------|----------|
| Apr 3-May 8 | Thu | 3:45-4:45pm | \$53.05/6 sess | 6-12yrs | 00387175 |
| May 15-Jun 19 | Thu | 3:45-4:45pm | \$53.05/6 sess | 6-12yrs | 00387178 |

ZUMBA® KIDS - CHILDREN

| | | | | | |
|---------------|-----|-------------|----------------|---------|----------|
| Apr 2-May 7 | Wed | 6:00-7:00pm | \$53.05/6 sess | 7-12yrs | 00387191 |
| May 14-Jun 18 | Wed | 6:00-7:00pm | \$53.05/6 sess | 7-12yrs | 00387197 |

GENERAL INTEREST

PRETEEN HANGOUT - PRETEENS

| | | | | | |
|--------------|-----|-------------|-----------------|---------|----------|
| Apr 3-Jun 19 | Thu | 4:30-6:30pm | \$42.00/12 sess | 9-13yrs | 00390837 |
|--------------|-----|-------------|-----------------|---------|----------|

MARTIAL ARTS

TAEKWONDO - BEGINNER - CHILDREN

| | | | | | |
|---------------|-----|-------------|----------------|---------|----------|
| Apr 12-Jun 21 | Sat | 2:30-3:30pm | \$81.00/9 sess | 6-12yrs | 00390748 |
| Apr 14-Jun 23 | Mon | 3:30-4:30pm | \$81.00/9 sess | 6-12yrs | 00390779 |
| Apr 14-Jun 23 | Mon | 4:30-5:30pm | \$81.00/9 sess | 6-12yrs | 00390781 |
| Apr 25-Jun 20 | Fri | 5:30-6:30pm | \$81.00/9 sess | 6-12yrs | 00390827 |

TAEKWONDO - INTERMEDIATE - CHILDREN

| | | | | | |
|---------------|-----|-------------|----------------|---------|----------|
| Apr 14-Jun 23 | Mon | 5:30-6:30pm | \$81.00/9 sess | 6-18yrs | 00390787 |
| Apr 14-Jun 23 | Mon | 6:30-7:30pm | \$81.00/9 sess | 6-18yrs | 00390788 |
| Apr 25-Jun 20 | Fri | 3:30-4:30pm | \$81.00/9 sess | 6-18yrs | 00390825 |
| Apr 25-Jun 20 | Fri | 4:30-5:30pm | \$81.00/9 sess | 6-18yrs | 00390826 |
| Apr 25-Jun 20 | Fri | 6:30-7:30pm | \$81.00/9 sess | 6-12yrs | 00394711 |

NATURE AND SCIENCE

SLIME-MAKING WORKSHOP - CHILDREN

| | | | | | |
|--------|-----|--------------|---------------|--------|----------|
| Apr 12 | Sat | 9:30-10:30am | \$8.80/1 sess | 6-9yrs | 00387464 |
| Apr 15 | Tue | 4:15-5:15pm | \$8.80/1 sess | 6-9yrs | 00387857 |
| May 13 | Tue | 4:15-5:15pm | \$8.80/1 sess | 6-9yrs | 00387858 |
| Jun 10 | Tue | 4:15-5:15pm | \$8.80/1 sess | 6-9yrs | 00387859 |

WACKY SCIENCE - CHILDREN

| | | | | | |
|---------------|-----|---------------|----------------|---------|----------|
| Apr 6-May 11 | Sun | 10:00-11:00am | \$44.00/5 sess | 6-12yrs | 00387877 |
| Apr 8-May 13 | Tue | 4:15-5:15pm | \$52.80/6 sess | 6-12yrs | 00387293 |
| Apr 10-May 15 | Thu | 4:30-5:30pm | \$52.80/6 sess | 6-12yrs | 00387956 |
| May 20-Jun 24 | Tue | 4:15-5:15pm | \$52.80/6 sess | 6-12yrs | 00387294 |
| May 22-Jun 26 | Thu | 4:30-5:30pm | \$52.80/6 sess | 6-12yrs | 00387957 |
| May 25-Jun 22 | Sun | 10:00-11:00am | \$44.00/5 sess | 6-12yrs | 00387878 |

RACQUET SPORTS

BADMINTON - INTERMEDIATE - PRETEENS

| | | | | | |
|--------------|-----|-------------|-----------------|---------|----------|
| Apr 2-Jun 18 | Wed | 4:20-5:20pm | \$78.70/12 sess | 9-12yrs | 00387965 |
|--------------|-----|-------------|-----------------|---------|----------|

SPORTS

GIRLS AT BAT - CHILDREN

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Mar 31-Jun 16 | Mon | 4:15-5:15pm | \$59.05/9 sess | 6-9yrs | 00387938 |
|---------------|-----|-------------|----------------|--------|----------|

BASKETBALL - CHILDREN

| | | | | | |
|---------------|-----|-------------|-----------------|---------|----------|
| Mar 31-Jun 16 | Mon | 5:45-6:45pm | \$65.60/10 sess | 8-10yrs | 00387950 |
|---------------|-----|-------------|-----------------|---------|----------|

BASKETBALL - PRETEENS

| | | | | | |
|---------------|-----|-------------|-----------------|----------|----------|
| Mar 31-Jun 16 | Mon | 7:00-8:00pm | \$65.60/10 sess | 10-12yrs | 00387946 |
|---------------|-----|-------------|-----------------|----------|----------|

SPORTBALL® - SOCCER - CHILDREN

| | | | | | |
|--------------|-----|-----------------|------------------|--------|----------|
| Apr 6-Jun 22 | Sun | 11:15am-12:15pm | \$180.00/10 sess | 5-7yrs | 00388004 |
|--------------|-----|-----------------|------------------|--------|----------|

VOLLEYBALL - BEGINNER - PRETEENS

| | | | | | |
|--------------|-----|-------------|-----------------|---------|----------|
| Apr 3-Jun 19 | Thu | 4:45-5:45pm | \$78.70/12 sess | 9-12yrs | 00387990 |
|--------------|-----|-------------|-----------------|---------|----------|

VOLLEYBALL - INTERMEDIATE - PRETEENS

| | | | | | |
|--------------|-----|-------------|-----------------|---------|----------|
| Apr 3-Jun 19 | Thu | 5:45-6:45pm | \$78.70/12 sess | 9-12yrs | 00387976 |
|--------------|-----|-------------|-----------------|---------|----------|

BASKETBALL - RYBL - SMALL BALL - GRADES K/1 - CHILDREN

| | | | | | |
|-------------|-----|-------------|----------------|--------|----------|
| Apr 7-Jun 9 | Mon | 6:00-6:45pm | \$95.00/8 sess | 4-6yrs | 00389724 |
|-------------|-----|-------------|----------------|--------|----------|

BASKETBALL - RYBL - SMALL BALL - GRADES 2/3 - CHILDREN

| | | | | | |
|-------------|-----|-------------|----------------|--------|----------|
| Apr 7-Jun 9 | Mon | 7:00-7:45pm | \$95.00/8 sess | 7-8yrs | 00389725 |
|-------------|-----|-------------|----------------|--------|----------|

BASKETBALL - RYBL - JUMP - GRADES 4/5 - CHILDREN

| | | | | | |
|-------------|-----|-------------|------------------|---------|----------|
| Apr 3-Jun 5 | Thu | 6:15-7:15pm | \$125.00/10 sess | 8-10yrs | 00389717 |
|-------------|-----|-------------|------------------|---------|----------|

| | | | | | |
|-------------|-----|-------------|-----------------|---------|----------|
| Apr 4-Jun 6 | Fri | 6:15-7:15pm | \$112.50/9 sess | 8-10yrs | 00389720 |
|-------------|-----|-------------|-----------------|---------|----------|

BASKETBALL - RYBL - SKILLS AND GAME PLAY - 3 V 3 - GRADES 4/5 - CO-ED - CHILDREN

| | | | | | |
|-------------|-----|-----------------|-----------------|---------|----------|
| Apr 6-Jun 8 | Sun | 11:15am-12:30pm | \$105.00/8 sess | 8-10yrs | 00389721 |
|-------------|-----|-----------------|-----------------|---------|----------|

BASKETBALL - RYBL - SKILLS AND GAME PLAY - GRADES 4/5 - FOR GIRLS - CHILDREN

| | | | | | |
|---------------|-----|---------------|-----------------|---------|----------|
| Apr 12-Jun 14 | Sat | 10:15-11:45am | \$115.00/8 sess | 8-10yrs | 00389727 |
|---------------|-----|---------------|-----------------|---------|----------|

BASKETBALL - RYBL - SPRING LEAGUE - GRADES 4/5 - PRETEENS

| | | | | | |
|---------------|-----|-----------------|-----------------|---------|----------|
| Apr 12-Jun 14 | Sat | 11:00am-12:30pm | \$125.00/8 sess | 8-10yrs | 00391223 |
|---------------|-----|-----------------|-----------------|---------|----------|

BASKETBALL - RYBL - JUMP - GRADES 6/7 - CHILDREN

| | | | | | |
|-------------|-----|-------------|------------------|----------|----------|
| Apr 3-Jun 5 | Thu | 7:30-8:30pm | \$125.00/10 sess | 10-12yrs | 00389718 |
|-------------|-----|-------------|------------------|----------|----------|

| | | | | | |
|-------------|-----|-------------|-----------------|----------|----------|
| Apr 4-Jun 6 | Fri | 7:30-8:30pm | \$112.50/9 sess | 10-12yrs | 00389719 |
|-------------|-----|-------------|-----------------|----------|----------|

BASKETBALL - RYBL - SKILLS AND GAME PLAY - 3 V 3 - GRADES 6/7 - CO-ED - CHILDREN

| | | | | | |
|-------------|-----|--------------|-----------------|----------|----------|
| Apr 6-Jun 8 | Sun | 12:45-2:00pm | \$105.00/8 sess | 10-12yrs | 00389722 |
|-------------|-----|--------------|-----------------|----------|----------|

BASKETBALL - RYBL - SKILLS AND GAME PLAY - GRADES 6/7 - FOR GIRLS - CHILDREN

| | | | | | |
|---------------|-----|--------------|-----------------|----------|----------|
| Apr 12-Jun 14 | Sat | 12:00-1:30pm | \$115.00/8 sess | 10-12yrs | 00389728 |
|---------------|-----|--------------|-----------------|----------|----------|

BASKETBALL - RYBL - SPRING LEAGUE - GRADES 6/7 - CO-ED - PRETEENS

| | | | | | |
|---------------|-----|--------------|-----------------|----------|----------|
| Apr 12-Jun 14 | Sat | 12:45-2:15pm | \$125.00/8 sess | 10-12yrs | 00391224 |
|---------------|-----|--------------|-----------------|----------|----------|

YOUTH (13-18 YEARS)

ARTS - DANCE

K-POP DANCING - YOUTH

| | | | | | |
|--------------|-----|-------------|----------------|----------|----------|
| Apr 1-Apr 22 | Tue | 6:00-7:00pm | \$35.20/4 sess | 13-18yrs | 00390860 |
|--------------|-----|-------------|----------------|----------|----------|

COOKING

IRON CHEF COOKING - YOUTH

| | | | | | |
|--------------|-----|--------------|------------------|----------|----------|
| Apr 6-Jun 22 | Sun | 12:30-2:00pm | \$236.10/10 sess | 11-16yrs | 00390823 |
| Apr 6-Jun 22 | Sun | 3:00-4:30pm | \$236.10/10 sess | 11-16yrs | 00390859 |

FITNESS

GROUP WEIGHT TRAINING - YOUTH

| | | | | | |
|---------------|-----|-----------------|----------------|----------|----------|
| Apr 11-May 9 | Fri | 4:00-4:45pm | \$54.70/4 sess | 13-18yrs | 00390362 |
| Apr 13-May 11 | Sun | 11:30am-12:15pm | \$54.70/4 sess | 13-18yrs | 00390354 |
| May 23-Jun 13 | Fri | 4:00-4:45pm | \$54.70/4 sess | 13-18yrs | 00390364 |
| May 25-Jun 15 | Sun | 11:30am-12:15pm | \$54.70/4 sess | 13-18yrs | 00390356 |

ULTIMATE KICKBOXING - FOR GIRLS - YOUTH

| | | | | | |
|---------------|-----|-----------------|----------------|----------|----------|
| Apr 5-May 10 | Sat | 11:45am-12:45pm | \$44.20/5 sess | 13-18yrs | 00388931 |
| May 24-Jun 21 | Sat | 11:45am-12:45pm | \$44.20/5 sess | 13-18yrs | 00388971 |

ULTIMATE KICKBOXING - YOUTH

| | | | | | |
|---------------|-----|---------------|----------------|----------|----------|
| Apr 5-May 10 | Sat | 10:45-11:45am | \$44.20/5 sess | 13-18yrs | 00388875 |
| May 24-Jun 21 | Sat | 10:45-11:45am | \$44.20/5 sess | 13-18yrs | 00388892 |

TOTAL ATHLETE DEVELOPMENT CAMP- TRY-IT -YOUTH

| | | | | | |
|-----------|---------|-------------|-------------|----------|----------|
| Mar 18-20 | Tue-Thu | 1:00-2:00pm | Free/3 sess | 13-18yrs | 00392860 |
| Mar 25-27 | Tue-Thu | 1:00-2:00pm | Free/3 sess | 13-18yrs | 00392862 |

GENERAL INTEREST

LEADERSHIP - INTRODUCTION - YOUTH

| | | | | | |
|--------------|-----|-------------|--------------|----------|----------|
| Apr 1-Jun 17 | Tue | 3:45-5:00pm | Free/12 sess | 13-18yrs | 00390830 |
|--------------|-----|-------------|--------------|----------|----------|

RESUME AND INTERVIEW SKILL BUILDING - YOUTH

| | | | | | |
|---------------|-----|-------------|-------------|----------|----------|
| May 21-Jun 04 | Wed | 3:45-4:45pm | Free/3 sess | 13-18yrs | 00390831 |
|---------------|-----|-------------|-------------|----------|----------|

PEEK INTO BUSINESS WORKSHOP - YOUTH

| | | | | | |
|---------------|-----|-------------|-------------|----------|----------|
| Apr 25-May 23 | Fri | 5:15-6:45pm | Free/5 sess | 11-16yrs | 00390828 |
|---------------|-----|-------------|-------------|----------|----------|

RACQUET SPORTS

BADMINTON - INTERMEDIATE - YOUTH

| | | | | | |
|--------------|-----|-------------|-----------------|----------|----------|
| Apr 2-Jun 18 | Wed | 3:15-4:15pm | \$78.70/12 sess | 13-18yrs | 00387964 |
| Apr 2-Jun 18 | Wed | 5:25-6:25pm | \$78.70/12 sess | 13-18yrs | 00387963 |

SPORTS

BASKETBALL DEVELOPMENT SKILLS - YOUTH

| | | | | | |
|--------------|-----|--------------|-----------------|----------|----------|
| Apr 5-Jun 21 | Sat | 9:30-10:30am | \$65.60/10 sess | 13-18yrs | 00390844 |
|--------------|-----|--------------|-----------------|----------|----------|

BASKETBALL - RYBL - SKILLS AND GAME PLAY - GRADES 8/9 - FOR BOYS - YOUTH

| | | | | | |
|--------------|-----|--------------|-----------------|----------|----------|
| Apr 5-Jun 14 | Sat | 12:00-1:30pm | \$112.50/9 sess | 13-15yrs | 00389729 |
|--------------|-----|--------------|-----------------|----------|----------|

BASKETBALL - RYBL - SKILLS AND GAME PLAY - GRADES 8/9 - FOR GIRLS - YOUTH

| | | | | | |
|---------------|-----|-------------|-----------------|----------|----------|
| Apr 12-Jun 14 | Sat | 1:45-3:00pm | \$105.00/8 sess | 13-15yrs | 00389730 |
|---------------|-----|-------------|-----------------|----------|----------|

VOLLEYBALL SKILLS - YOUTH

| | | | | | |
|--------------|-----|-----------------|-----------------|----------|----------|
| Apr 5-Jun 21 | Sat | 11:00am-12:00pm | \$65.60/10 sess | 13-18yrs | 00390843 |
|--------------|-----|-----------------|-----------------|----------|----------|



EASTER EGGSTRAVAGANZA

PARENT PARTICIPATION AND REGISTRATION OF CHILD ONLY REQUIRED.

SATURDAY, APR 19

9:45-11:00am: #00390598

11:15am-12:30pm: #00390600



Ages: 1-8 YRS
\$8.80/ session



SOUTH ARM NEIGHBOURHOOD BLOCK PARTY



**FREE FOR
ALL AGES**

THURSDAY JUN 12

5:30-7:30pm

(Outside at the South Arm Basketball Courts)



SOUTH ARM COMMUNITY CENTRE
8880 WILLIAMS ROAD
604-238-8060



SOUTH ARM COMMUNITY CENTRE

DROP-IN SCHEDULE

**BADMINTON
DROP IN - 55+ YRS**

**MONDAYS/FRIDAYS
9:30AM-12:00PM
\$5.00/SESS**

**PICKLEBALL
DROP IN - 18+ YRS**

**MONDAYS
12:15-2:30PM
\$6.25/SESS**

**BADMINTON
DROP IN - FAMILY**

**ALL AGES
THURSDAYS
7:15-9:15PM
\$3.50/SESS (0-18YRS)
\$6.25/SESS (19-54YRS)
\$5.00/SESS (55+YRS)**

**PLAYTIME: OPEN
GYM - 0-5YRS**

**WED/THURS
9:30-11:00AM
\$3.10/SESS**



**SOUTH ARM COMMUNITY CENTRE
8880 WILLIAMS ROAD
604-238-8060**



PRESCHOOL & OUT OF SCHOOL CARE

UPCOMING 2025-26 SCHOOL YEAR REGISTRATION

PLEASE REFER TO [RICHMOND.CA/PARKS-RECREATION/ABOUT/PRESCHOOL.HTML](https://richmond.ca/parks-recreation/about/preschool.html) FOR REGISTRATION UPDATES



YOUTH FRIDAY NIGHT HANGOUT



EVERY FRIDAY: 5:30-11:30pm

AGES: 13-18 YRS

OPEN GYM SCHEDULE:

6:00-9:30pm (Volleyball)

8:00-11:30pm (Basketball)



NO REGISTRATION REQUIRED. FREE DROP IN WITH A YOUTH FACILITY PASS.



SOUTH ARM COMMUNITY CENTRE
8880 WILLIAMS ROAD
604-238-8060



ADULTS (18+ YEARS)

ARTS - VISUAL

DRAWING AND SKETCHING - ADULTS

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 6-May 11 | Sun | 3:30-4:30pm | \$44.00/5 sess | 18yrs+ | 00387907 |
| Apr 10-May 15 | Thu | 7:15-8:15pm | \$52.80/6 sess | 18yrs+ | 00387961 |
| May 25-Jun 22 | Sun | 3:30-4:30pm | \$44.00/5 sess | 18yrs+ | 00387908 |
| May 22-Jun 26 | Thu | 7:15-8:15pm | \$52.80/6 sess | 18yrs+ | 00387962 |

ACRYLIC PAINTING - ADULTS

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 8-May 13 | Tue | 7:00-8:00pm | \$52.80/6 sess | 18yrs+ | 00387298 |
| May 20-Jun 24 | Tue | 7:00-8:00pm | \$52.80/6 sess | 18yrs+ | 00387299 |

PAINT NIGHT - ADULTS

| | | | | | |
|--------|-----|-------------|----------------|--------|----------|
| Apr 26 | Sat | 6:30-8:00pm | \$13.20/1 sess | 18yrs+ | 00387124 |
| May 24 | Sat | 6:30-8:00pm | \$13.20/1 sess | 18yrs+ | 00387128 |
| Jun 14 | Sat | 6:30-8:00pm | \$13.20/1 sess | 18yrs+ | 00387131 |

ARTS - MUSIC

TAIKO DRUMMING - BEGINNER - ADULTS

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 14-Jun 16 | Mon | 7:30-8:30pm | \$70.40/8 sess | 19yrs+ | 00395556 |
|---------------|-----|-------------|----------------|--------|----------|

TAIKO DRUMMING - INTERMEDIATE - ADULTS

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 14-Jun 16 | Mon | 6:30-7:30pm | \$70.40/8 sess | 19yrs+ | 00395559 |
|---------------|-----|-------------|----------------|--------|----------|

TAIKO DRUMMING - ADVANCED - ADULTS

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 14-Jun 16 | Mon | 5:30-6:30pm | \$70.40/8 sess | 19yrs+ | 00395564 |
|---------------|-----|-------------|----------------|--------|----------|

EVENTS AND SEASONAL PROGRAMS

SWAP MEET - ALL AGES

| | | | | | |
|--------|-----|----------------|----------------|--------|----------|
| May 10 | Sat | 10:00am-2:00pm | \$23.70/1 sess | 16yrs+ | 00390571 |
|--------|-----|----------------|----------------|--------|----------|

GENERAL SWAP MEET



SATURDAY, MAY 10
10:00AM - 2:00PM
FREE TO ATTEND

BOOK A TABLE TO SELL GENTLY USED ITEMS IN
 GOOD CONDITION (\$23.70 +TAX)
 REGISTRATION OVER THE PHONE AT 604-238-8060
 OR IN PERSON AT SOUTH ARM COMMUNITY CENTRE

FITNESS

ADAPTED FITNESS - ADULTS

Apr 10-Jun 12 Thu 1:30-2:30pm \$60.10/10 sess 18yrs+ 00389364

EXPRESS FIT - ADULTS

Apr 7-May 12 Mon 6:30-7:15am \$44.20/5 sess 16yrs+ 00389475

May 26-Jun 23 Mon 6:30-7:15am \$44.20/5 sess 16yrs+ 00389485

FULL BODY CIRCUIT WORKOUT - ADULTS

Apr 10-May 08 Thu 6:30-7:30pm \$44.20/5 sess 16yrs+ 00389572

May 15-Jun 12 Thu 6:30-7:30pm \$44.20/5 sess 16yrs+ 00389579

FUNDAMENTALS OF FITNESS - LEVEL 1 - ADULTS

Apr 8-Apr 29 Tue 10:00-11:00am \$54.70/4 sess 16yrs+ 00389688

May 6-May 27 Tue 10:00-11:00am \$54.70/4 sess 16yrs+ 00389689

Jun 3-Jun 24 Tue 10:00-11:00am \$54.70/4 sess 16yrs+ 00389690

FUNDAMENTALS OF FITNESS - LEVEL 2 - ADULTS

Apr 10-May 15 Thu 10:00-11:00am \$82.00/6 sess 16yrs+ 00389654

May 22-Jun 26 Thu 10:00-11:00am \$82.00/6 sess 16yrs+ 00389656

POUND® - ADULTS

Apr 29-Jun 17 Tue 5:30-6:30pm \$70.75/8 sess 16yrs+ 00389388

POWERBUILDING 101 - ADULTS

Apr 9-Apr 30 Wed 6:15-7:15pm \$54.70/4 sess 16yrs+ 00390635

May 21-Jun 11 Wed 6:15-7:15pm \$54.70/4 sess 16yrs+ 00390636

TRX® PLUS - ADULTS

Apr 11-May 16 Fri 11:30am-12:30pm \$68.35/5 sess 16yrs+ 00389649

May 23-Jun 20 Fri 11:30am-12:30pm \$68.35/5 sess 16yrs+ 00389651

WOMEN ON WEIGHTS - ADULTS

Apr 13-Jun 08 Sun 9:30-10:30am \$95.70/7 sess 16yrs+ 00389647

CYCLE AND STRENGTH - ADULTS

Apr 7-Jun 16 Mon 9:00-10:00am \$79.55/9 sess 16yrs+ 00387766

CYCLE AND YOGA - ADULTS

Apr 9-Jun 11 Wed 9:30-10:30am \$88.40/10 sess 16yrs+ 00387760

CYCLE H.I.I.T. BOOT CAMP - ADULTS

Apr 12-Jun 21 Sat 8:15-9:15am \$79.55/9 sess 16yrs+ 00388869

Apr 12-Jun 21 Sat 9:30-10:30am \$79.55/9 sess 16yrs+ 00388872

ZUMBA® - ADULTS

Apr 16-Jun 11 Wed 7:15-8:15pm \$79.55/9 sess 16yrs+ 00389391

ZUMBA® - TONING - ADULTS

Apr 10-Jun 12 Thu 7:15-8:15pm \$88.40/10 sess 16yrs+ 00390353

CARDIO PILATES - ADULTS

Apr 4-Apr 25 Fri 6:15-7:15pm \$30.35/3 sess 16yrs+ 00389595

Apr 5-Apr 26 Sat 12:00-1:00pm \$30.35/3 sess 16yrs+ 00389613

May 3-Jun 28 Sat 12:00-1:00pm \$80.90/8 sess 16yrs+ 00389630

May 6-Jun 24 Tue 6:45-7:45pm \$80.90/8 sess 16yrs+ 00389031

May 8-Jun 26 Thu 6:15-7:15pm \$80.90/8 sess 16yrs+ 00389040

May 9-Jun 27 Fri 6:15-7:15pm \$80.90/8 sess 16yrs+ 00389604

GENTLE YIN YOGA - ADULTS

Apr 14-Jun 16 Mon 5:00-6:00pm \$80.90/8 sess 16yrs+ 00389000

GENTLE YOGA - ADULTS

Apr 16-Jun 11 Wed 5:15-6:15pm \$91.00/9 sess 16yrs+ 00388992

FITNESS

IYENGAR® YOGA - LEVEL 1 - ADULTS

Apr 1-Jun 24 Tue 9:15-10:45am \$166.75/11 sess 16yrs+ 00389319

IYENGAR® YOGA - LEVEL 2 - ADULTS

Apr 2-Jun 25 Wed 6:30-8:00pm \$166.75/11 sess 16yrs+ 00389323

PILATES - LEVEL 1 - ADULTS

Apr 3-Apr 24 Thu 5:00-6:00pm \$40.45/4 sess 16yrs+ 00389033

May 8-Jun 26 Thu 5:00-6:00pm \$80.90/8 sess 16yrs+ 00389039

PILATES - LEVEL 2 - ADULTS

Apr 1-Apr 29 Tue 5:30-6:30pm \$50.55/5 sess 16yrs+ 00389016

May 6-Jun 24 Tue 5:30-6:30pm \$80.90/8 sess 16yrs+ 00389024

STRENGTH AND FLEX YOGA - ADULTS

Apr 14-Jun 16 Mon 6:15-7:15pm \$80.90/8 sess 16yrs+ 00389005

GENERAL INTEREST

FLORAL ARRANGING BASICS - INTRODUCTION - ADULTS

Apr 5-Apr 26 Sat 2:00-3:30pm \$39.60/3 sess 18yrs+ 00390255

Jun 14-Jun 28 Sat 2:00-3:30pm \$39.60/3 sess 18yrs+ 00389186

RACQUET SPORTS

PICKLEBALL - BEGINNER - ADULTS

Apr 5-Jun 21 Sat 8:45-10:15am \$88.55/9 sess 19yrs+ 00388000

SPORTS

BASKETBALL - ADULTS

Mar 31-Jun 16 Mon 8:15-9:45pm \$65.60/10 sess 18yrs+ 00387952

VOLLEYBALL - ADULTS

Apr 2-Jun 18 Wed 7:30-9:30pm \$78.70/12 sess 18yrs+ 00387970



SENIORS (55+ YEARS)

ARTS - DANCE

BALLROOM DANCING - ULTIMATE - 55+

| | | | | | |
|--------------|-----|-------------|----------------|--------|----------|
| Apr 11-May 2 | Fri | 5:00-6:30pm | \$45.00/3 sess | 55yrs+ | 00390885 |
| May 9-May 30 | Fri | 5:00-6:30pm | \$60.00/4 sess | 55yrs+ | 00390886 |
| Jun 6-Jun 27 | Fri | 5:00-6:30pm | \$60.00/4 sess | 55yrs+ | 00390887 |

LINE DANCING - BEGINNER - 55+

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 16-Jun 11 | Wed | 3:45-4:45pm | \$58.75/9 sess | 55yrs+ | 00387012 |
|---------------|-----|-------------|----------------|--------|----------|

LINE DANCING - BEGINNER - IMPROVER - 55+

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 16-Jun 11 | Wed | 2:30-3:30pm | \$58.75/9 sess | 55yrs+ | 00392411 |
|---------------|-----|-------------|----------------|--------|----------|

ARTS - MUSIC

TAIKO DRUMMING - BEGINNER - 55+

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 14-Jun 16 | Mon | 7:30-8:30pm | \$52.25/8 sess | 55yrs+ | 00389726 |
|---------------|-----|-------------|----------------|--------|----------|

TAIKO DRUMMING - INTERMEDIATE - 55+

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 14-Jun 16 | Mon | 6:30-7:30pm | \$52.25/8 sess | 55yrs+ | 00390020 |
|---------------|-----|-------------|----------------|--------|----------|

TAIKO DRUMMING - ADVANCED - 55+

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 14-Jun 16 | Mon | 5:30-6:30pm | \$52.25/8 sess | 55yrs+ | 00389723 |
|---------------|-----|-------------|----------------|--------|----------|

UKULELE - BEGINNER - 55+

| | | | | | |
|--------------|-----|--------------|-----------------|--------|----------|
| Apr 7-Jun 16 | Mon | 12:00-1:00pm | \$65.30/10 sess | 55yrs+ | 00387790 |
|--------------|-----|--------------|-----------------|--------|----------|

ARTS - VISUAL

CREATIVE CRAFT SERIES - CREATIVE CURTAIN TIE - 55+

| | | | | | |
|--------|-----|-----------------|----------------|--------|----------|
| Apr 24 | Thu | 10:30am-12:30pm | \$13.05/1 sess | 55yrs+ | 00388340 |
|--------|-----|-----------------|----------------|--------|----------|

CREATIVE CRAFT SERIES - EGG CARTOON FLORAL WREATH - 55+

| | | | | | |
|--------|-----|-----------------|----------------|--------|----------|
| Apr 17 | Thu | 10:30am-12:30pm | \$13.05/1 sess | 55yrs+ | 00388336 |
|--------|-----|-----------------|----------------|--------|----------|

CREATIVE CRAFT SERIES - FLORAL PICTURE FRAME - 55+

| | | | | | |
|-------|-----|-----------------|----------------|--------|----------|
| Jun 5 | Thu | 10:30am-12:30pm | \$13.05/1 sess | 55yrs+ | 00388342 |
|-------|-----|-----------------|----------------|--------|----------|

CREATIVE CRAFT SERIES - PAPER FLOWERS - 55+

| | | | | | |
|-------|-----|-----------------|----------------|--------|----------|
| Apr 3 | Thu | 10:30am-12:30pm | \$13.05/1 sess | 55yrs+ | 00388064 |
|-------|-----|-----------------|----------------|--------|----------|

CREATIVE CRAFT SERIES - PEG BOARD - 55+

| | | | | | |
|--------|-----|-----------------|----------------|--------|----------|
| Jun 12 | Thu | 10:30am-12:30pm | \$13.05/1 sess | 55yrs+ | 00388343 |
|--------|-----|-----------------|----------------|--------|----------|

ABSTRACT ACRYLIC PAINTING SERIES - FLOWERS ON THE WINDOWSILL - 55+

| | | | | | |
|-------|-----|-----------------|----------------|--------|----------|
| Jun 3 | Tue | 10:30am-12:30pm | \$13.05/1 sess | 55yrs+ | 00388331 |
|-------|-----|-----------------|----------------|--------|----------|

ABSTRACT ACRYLIC PAINTING SERIES - GARDEN DOOR - 55+

| | | | | | |
|--------|-----|-----------------|----------------|--------|----------|
| Apr 15 | Tue | 10:30am-12:30pm | \$13.05/1 sess | 55yrs+ | 00388323 |
|--------|-----|-----------------|----------------|--------|----------|

ABSTRACT ACRYLIC PAINTING SERIES - LIGHTHOUSE - 55+

| | | | | | |
|-------|-----|-----------------|----------------|--------|----------|
| Apr 8 | Tue | 10:30am-12:30pm | \$13.05/1 sess | 55yrs+ | 00388322 |
|-------|-----|-----------------|----------------|--------|----------|

ABSTRACT ACRYLIC PAINTING SERIES - SPRING FLOWERS - 55+

| | | | | | |
|-------|-----|-----------------|----------------|--------|----------|
| Apr 1 | Tue | 10:30am-12:30pm | \$13.05/1 sess | 55yrs+ | 00388054 |
|-------|-----|-----------------|----------------|--------|----------|

ABSTRACT ACRYLIC PAINTING SERIES - SPRING PATH - 55+

| | | | | | |
|--------|-----|-----------------|----------------|--------|----------|
| Jun 10 | Tue | 10:30am-12:30pm | \$13.05/1 sess | 55yrs+ | 00388345 |
|--------|-----|-----------------|----------------|--------|----------|

ABSTRACT ACRYLIC PAINTING SERIES - TULIPS - 55+

| | | | | | |
|--------|-----|-----------------|----------------|--------|----------|
| May 27 | Tue | 10:30am-12:30pm | \$13.05/1 sess | 55yrs+ | 00388327 |
|--------|-----|-----------------|----------------|--------|----------|

ABSTRACT ACRYLIC PAINTING SERIES - WATERFALL - 55+

| | | | | | |
|--------|-----|-----------------|----------------|--------|----------|
| Apr 22 | Tue | 10:30am-12:30pm | \$13.05/1 sess | 55yrs+ | 00388324 |
|--------|-----|-----------------|----------------|--------|----------|

COMPUTERS, TECHNOLOGY AND SOCIAL MEDIA

SMART PHONES, TABLETS AND LAPTOPS - LEARN FROM A YOUTH - 55+

| | | | | | |
|--------|-----|-------------|-------------|--------|----------|
| Apr 10 | Thu | 3:30-4:00pm | Free/1 sess | 55yrs+ | 00387922 |
| Apr 10 | Thu | 4:00-4:30pm | Free/1 sess | 55yrs+ | 00387927 |
| Apr 24 | Thu | 3:30-4:00pm | Free/1 sess | 55yrs+ | 00387935 |
| Apr 24 | Thu | 4:00-4:30pm | Free/1 sess | 55yrs+ | 00387936 |
| May 8 | Thu | 3:30-4:00pm | Free/1 sess | 55yrs+ | 00387937 |
| May 8 | Thu | 4:00-4:30pm | Free/1 sess | 55yrs+ | 00387953 |
| May 22 | Thu | 3:30-4:00pm | Free/1 sess | 55yrs+ | 00387955 |
| May 22 | Thu | 4:00-4:30pm | Free/1 sess | 55yrs+ | 00387958 |

COOKING

12 HUNGRY MEN COOKING - 55+

| | | | | | |
|--------------|-----|---------------|----------------|--------|----------|
| Jun 3-Jun 24 | Tue | 10:00-11:30am | \$94.40/4 sess | 55yrs+ | 00388415 |
|--------------|-----|---------------|----------------|--------|----------|

HEALTHY WORLD COOKING - ASIAN - 55+

| | | | | | |
|-------|-----|-------------|----------------|--------|----------|
| Apr 8 | Tue | 4:00-5:30pm | \$23.60/1 sess | 55yrs+ | 00388504 |
|-------|-----|-------------|----------------|--------|----------|

HEALTHY WORLD COOKING - GREEK - 55+

| | | | | | |
|--------|-----|-------------|----------------|--------|----------|
| May 13 | Tue | 4:00-5:30pm | \$23.60/1 sess | 55yrs+ | 00388509 |
|--------|-----|-------------|----------------|--------|----------|

HEALTHY WORLD COOKING - INDIAN - 55+

| | | | | | |
|--------|-----|-------------|----------------|--------|----------|
| Apr 15 | Tue | 4:00-5:30pm | \$23.60/1 sess | 55yrs+ | 00388505 |
|--------|-----|-------------|----------------|--------|----------|

HEALTHY WORLD COOKING - ITALIAN - 55+

| | | | | | |
|-------|-----|-------------|----------------|--------|----------|
| Apr 1 | Tue | 4:00-5:30pm | \$23.60/1 sess | 55yrs+ | 00388503 |
|-------|-----|-------------|----------------|--------|----------|

HEALTHY WORLD COOKING - JAPANESE - 55+

| | | | | | |
|--------|-----|-------------|----------------|--------|----------|
| Apr 22 | Tue | 4:00-5:30pm | \$23.60/1 sess | 55yrs+ | 00388507 |
|--------|-----|-------------|----------------|--------|----------|

HEALTHY WORLD COOKING - MIDDLE EASTERN - 55+

| | | | | | |
|-------|-----|-------------|----------------|--------|----------|
| May 6 | Tue | 4:00-5:30pm | \$23.60/1 sess | 55yrs+ | 00388508 |
|-------|-----|-------------|----------------|--------|----------|

HEALTHY WORLD COOKING - SPAIN - 55+

| | | | | | |
|--------|-----|-------------|----------------|--------|----------|
| May 20 | Tue | 4:00-5:30pm | \$23.60/1 sess | 55yrs+ | 00388511 |
|--------|-----|-------------|----------------|--------|----------|



FITNESS

ACTIVAGE™ - 55+

Apr 23-Jun 25 Wed 1:30-2:30pm Free/10 sess 55yrs+ 00392718

BETTER BACKS AND BALANCE - 55+

Apr 9-Jun 11 Wed 10:30-11:30am \$60.10/10 sess 55yrs+ 00387763

CHOOSE TO MOVE (CTM) - 55+

Apr 23-Jun 25 Wed 12:30-1:30pm Free/8 sess 55yrs+ 00392712

EXERCISES FOR THOSE WITH PARKINSON'S - 55+

Apr 22-Jun 24 Tue 12:30-1:30pm \$60.10/10 sess 55yrs+ 00390368

INFORMATION SESSION FOR CHOOSE TO MOVE AND ACTIVAGE™ - 55+

Apr 16 Wed 12:30-1:30pm Free/1 sess 55yrs+ 00392795

ACTIVE AND FIT - 55+

Apr 22-Jun 24 Tue 11:00-12:00pm \$69.30/10 sess 55yrs+ 00387768

Apr 17-Jun 19 Thu 11:00-12:00pm \$69.30/10 sess 55yrs+ 00389413

M.I.I.T. (MODERATE INTENSITY INTERVAL TRAINING) - 55+

Apr 7-Jun 16 Mon 10:30-11:30am \$62.35/9 sess 55yrs+ 00389328

WOMEN ON WEIGHTS - 55+

Apr 24-May 22 Thu 12:30-1:30pm \$53.60/5 sess 55yrs+ 00389645

May 29-Jun 26 Thu 12:30-1:30pm \$53.60/5 sess 55yrs+ 00389646

MINDS IN MOTION - 55+

Apr 3-May 08 Thu 1:30-3:00pm \$34.80/6 sess 55yrs+ 00389961

May 22-Jun 26 Thu 1:30-3:00pm \$34.80/6 sess 55yrs+ 00390884

ZUMBA® - GOLD - 55+

Apr 11-Jun 13 Fri 10:30-11:30am \$62.35/9 sess 55yrs+ 00387756



GENERAL INTEREST

FATHER'S DAY JOHNNY ROCKETS INSPIRED BBQ - 55+

| | | | | | |
|--------|-----|----------------|----------------|--------|----------|
| Jun 24 | Tue | 11:00am-1:00pm | \$22.00/1 sess | 55yrs+ | 00388434 |
|--------|-----|----------------|----------------|--------|----------|

MOTHER'S DAY LUNCH PARTY - 55+

| | | | | | |
|--------|-----|----------------|----------------|--------|----------|
| May 20 | Tue | 11:30am-2:00pm | \$16.50/1 sess | 55yrs+ | 00388378 |
|--------|-----|----------------|----------------|--------|----------|

HEALTH AND WELLNESS

OSTEOARTHRITIS SERIES - NORDIC POLE WALKING FOR ARTHRITIS - 55+

| | | | | | |
|---------------|---------|----------------|-------------|--------|----------|
| Apr 15-Apr 15 | Tue-Wed | 11:30am-1:00pm | Free/1 sess | 55yrs+ | 00392060 |
|---------------|---------|----------------|-------------|--------|----------|

ACTIVE LIVING WITH DIABETES SELF-MANAGEMENT PROGRAM - 55+

| | | | | | |
|--------------|-----|-----------------|-------------|--------|----------|
| Apr 8-May 13 | Tue | 10:30am-12:30pm | Free/6 sess | 55yrs+ | 00387727 |
|--------------|-----|-----------------|-------------|--------|----------|

HOLISTIC HEALTH SERIES - HYPERTENSION WORKSHOP - 55+

| | | | | | |
|--------|-----|-------------|-------------|--------|----------|
| May 26 | Mon | 1:00-2:30pm | Free/1 sess | 55yrs+ | 00387036 |
|--------|-----|-------------|-------------|--------|----------|

MARTIAL ARTS

HEALTH QIGONG - YI JIN JING - BEGINNER - 55+

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| Apr 10-May 15 | Thu | 1:00-2:00pm | \$38.90/6 sess | 55yrs+ | 00387015 |
|---------------|-----|-------------|----------------|--------|----------|

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|---------------|-----|-------------|----------------|--------|----------|
| May 22-Jun 26 | Thu | 1:00-2:00pm | \$38.90/6 sess | 55yrs+ | 00387017 |
|---------------|-----|-------------|----------------|--------|----------|

OUT TRIPS AND TOURS

ABBOTSFORD TULIP FESTIVAL TRIP - 55+

| | | | | | |
|--------|-----|----------------|----------------|--------|----------|
| Apr 12 | Sat | 10:00am-4:00pm | \$40.00/1 sess | 55yrs+ | 00386337 |
|--------|-----|----------------|----------------|--------|----------|

ART IN THE PARK - 55+

| | | | | | |
|--------|-----|----------------|----------------|--------|----------|
| May 29 | Thu | 10:30am-3:00pm | \$42.00/1 sess | 55yrs+ | 00386339 |
|--------|-----|----------------|----------------|--------|----------|

VSO - THE PAUL SIMON SONGBOOK TRIP - 55+

| | | | | | |
|--------|-----|--------------|----------------|--------|----------|
| Jun 13 | Fri | 7:00-10:45pm | \$65.00/1 sess | 55yrs+ | 00386100 |
|--------|-----|--------------|----------------|--------|----------|

SCANDINAVIAN MIDSUMMER FESTIVAL TRIP - 55+

| | | | | | |
|--------|-----|----------------|----------------|--------|----------|
| Jun 22 | Sun | 10:00am-4:00pm | \$32.00/1 sess | 55yrs+ | 00396257 |
|--------|-----|----------------|----------------|--------|----------|

RACQUET SPORTS

PICKLEBALL - BEGINNER - 55+

| | | | | | |
|--------------|-----|--------------|----------------|--------|----------|
| Apr 1-May 13 | Tue | 9:45-11:15am | \$68.90/7 sess | 55yrs+ | 00386986 |
|--------------|-----|--------------|----------------|--------|----------|

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|--------------|-----|-------------|----------------|--------|----------|
| Apr 1-May 13 | Tue | 5:30-7:00pm | \$68.90/7 sess | 55yrs+ | 00386987 |
|--------------|-----|-------------|----------------|--------|----------|

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|---------------|-----|--------------|----------------|--------|----------|
| May 20-Jun 24 | Tue | 9:45-11:15am | \$59.05/6 sess | 55yrs+ | 00387007 |
|---------------|-----|--------------|----------------|--------|----------|

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|---------------|-----|-------------|----------------|--------|----------|
| May 20-Jun 24 | Tue | 5:30-7:00pm | \$59.05/6 sess | 55yrs+ | 00387010 |
|---------------|-----|-------------|----------------|--------|----------|

PICKLEBALL - INTERMEDIATE - 55+

| | | | | | |
|--------------|-----|-------------|----------------|--------|----------|
| Apr 1-May 13 | Tue | 8:00-9:30am | \$68.90/7 sess | 55yrs+ | 00386982 |
|--------------|-----|-------------|----------------|--------|----------|

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|--------------|-----|----------------|----------------|--------|----------|
| Apr 1-May 13 | Tue | 11:30am-1:00pm | \$68.90/7 sess | 55yrs+ | 00386985 |
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|--------------|-----|-------------|----------------|--------|----------|
| Apr 1-May 13 | Tue | 7:15-8:45pm | \$68.90/7 sess | 55yrs+ | 00386984 |
|--------------|-----|-------------|----------------|--------|----------|

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|---------------|-----|-------------|----------------|--------|----------|
| May 20-Jun 24 | Tue | 8:00-9:30am | \$59.05/6 sess | 55yrs+ | 00387005 |
|---------------|-----|-------------|----------------|--------|----------|

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|---------------|-----|----------------|----------------|--------|----------|
| May 20-Jun 24 | Tue | 11:30am-1:00pm | \$59.05/6 sess | 55yrs+ | 00387009 |
|---------------|-----|----------------|----------------|--------|----------|

| | | | | | |
|---------------|-----|-------------|----------------|--------|----------|
| May 20-Jun 24 | Tue | 7:15-8:45pm | \$59.05/6 sess | 55yrs+ | 00387011 |
|---------------|-----|-------------|----------------|--------|----------|



RACQUET SPORTS COURT RENTALS

TABLE TENNIS TABLE RENTALS

ALL AGES

SAT/SUN

8:00AM-1:15PM

\$7.35/45 MIN

BADMINTON COURT RENTALS

ALL AGES

SAT/SUN

4:30-8:15PM

\$11.65/45 MIN



RACQUETBALL COURT RENTALS

MON-FRI

6:30AM-5:00PM - \$7.35/45 MIN

5:00PM-8:45PM - \$11.85/45 MIN

SATURDAY/SUNDAY

7:30AM-8:15PM - \$7.35/45 MIN

SQUASH COURT RENTALS

MON-FRI

6:30AM-5:00PM - \$7.35/45 MIN

5:00PM-8:45PM - \$11.85/45 MIN

SAT/SUN

7:30AM-8:15PM - \$7.35/45 MIN

Table Tennis/Badminton Rentals

Register online at richmond.ca/register or by phone at 604-276-4300 (Monday-Friday 8:30AM-5:00PM) or in-person during facility hours.

Racquetball/Squash

Register in-person during facility hours or by phone at 604-238-8060.



SOUTH ARM COMMUNITY CENTRE
8880 WILLIAMS ROAD
604-238-8060



South Arm Community Centre

SPRING 2025 FITNESS CENTRE

Personal Training

South Arm Community Centre Personal Training Rates*

| | 1 on 1 | 2-3 People |
|-----------------------------|---------------|-------------------|
| 1 (1 hour) session | \$64.95 | \$97.45 |
| 3 (1 hour) sessions | \$185.15 | \$277.60 |
| 5 (1 hour) sessions | \$292.40 | \$438.65 |
| 10 (1 hour) sessions | \$552.35 | \$828.65 |
| 5 (30 min) sessions | \$154.25 | N/A |
| 10 (30 min) sessions | \$292.40 | N/A |
| 20 (30 min) sessions | \$552.35 | N/A |

Improve fitness and wellness with support from a Registered Personal Trainer at South Arm Community Centre. Information upon request at South Arm Fitness Reception, front desk or richmond.ca/fitness/southarm.

Group Training: 2-3 friends or family members with similar fitness levels and 1 trainer. Taxes included.



SOUTH ARM COMMUNITY CENTRE
8880 WILLIAMS ROAD
604-238-8060



REFUND POLICY

Seasonal/Registered Classes

- If notice is given PRIOR to the beginning of the third session, a refund (less classes taken) will be provided.
- If notice is given AFTER the beginning of the third session, NO refund will be given.

Short Programs (1 week or less), Camps, Workshops, Out Trips, Special Events

- If LESS THAN A WEEK's notice, 50% of the fee will be refunded.
- If notice is given ON or AFTER the start date, NO refund will be given.
- Transfers will be allowed within 72 hours notice prior to start date.

Private/Semi Private Lessons

- If notice is given 72 hours PRIOR to the start of the course, a full refund will be given.
- If request is received less than 72 hours prior to the start of the course, no refund will be given.

FITNESS PASS TERMS AND CONDITIONS

- The Membership or Visit Card must be presented to staff at each visit.
- The membership is for the exclusive use of the membership holder only (it is not transferable).
- Sharing visits on a Visit Card is allowed, but the Visit Card holder must be present.
- For Aquatics Family Visit Cards, an Account Client must be present.
- Facilities may close for maintenance and/or holidays during the term of the membership.
- Facility hours are subject to change.
- Classes are subject to cancellation and/or change.
- A refund will only be considered if a permanent disability occurs, or if a client moves outside of the Richmond area. Proof may be required. The membership must be current (not expired) and the refund will be based on the date the refund was applied for.
- A membership extension will only be considered for medical reasons for periods of more than two weeks when a medical note is provided. The membership must be current (not expired) and the refund will be based on the date the extension was applied for.
- Annual membership holders are permitted one vacation extension per year (during the effective dates of the membership). Extensions must be requested prior to the start of vacation, and will only be granted for periods of more than two weeks, not exceeding one calendar month.
- A small fee applies to lost cards.