

WINTER 2026 SEASONAL PROGRAMS



Steveston Community Centre

604-238-8080

stevestoncc@richmond.ca



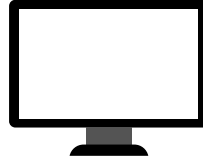
WINTER 2026

HOW TO REGISTER



PHONE 604-276-4300

Monday – Friday
8:30am – 5:00pm



ONLINE www.richmond.ca/register

Register online anytime
using our interactive guide.
24 hours a day,
7 days a week



IN-PERSON

Drop-in and
register at any
community
facility

REFUNDS, WITHDRAWALS, TRANSFERS

To receive a refund, withdrawal or transfer from a program or class, customers may phone the Registration Call Centre at 604-276-4300, Monday to Friday, 8:30am to 5:00pm.

SEASONAL PROGRAMS

Unless otherwise specified (on the registration confirmation/alert text):

- If notice is given prior to the beginning of the third session of the class, a refund, less classes taken, will be provided.
- If notice is given after the beginning of the third session, no refund will be given.

PRIVATE/SEMI-PRIVATE LESSONS (MUSIC, AQUATICS AND SKATING), AQUATIC LEADERSHIP COURSES

- If notice is given 72 hours prior to the start of the course, a full refund will be provided.
- If notice is given less than 72 hours prior to the start of the course, no refund will be provided.

SHORT PROGRAMS (1 WEEK OR LESS), CAMPS AND WORKSHOPS

Unless otherwise specified:

- If less than one week's notice given, 50% of the fee will be provided.
- If notice is given on or after the start date of the program, no refund will be provided.
- Transfers will be allowed with 72 hours notice prior to the start date of the program.

WHY COURSES GET CANCELLED

Great courses can be cancelled if everyone leaves it to the last minute to register. Programming staff have to ensure *minimum participation levels* are met for each course. If there are not enough registrants, the course may be cancelled. So, ***please register early*** to assist us and avoid disappointment.

WINTER 2026

FACILITY HOURS & INFORMATION

Visit our website at www.richmond.ca/steveston or call us at 604-238-8080 for our most up to date facility hours.

STAFF

Area Coordinator: Alex Homeniuk

Community Facilities Coordinator: Kendall Herder

Community Facilities Coordinator: Isabel Wong

Recreation Facility Clerk: Rav Reel

Recreation Leader: Justin de Graauw

Youth Coordinator: Pria Sidhu

Seniors Coordinator: Yathu Radhakrishnan

Fitness Coordinator: Jeannie Mansell

Racquets Coordinator: Stephen Thom

Preschool Coordinator: Catherine Nevada

Events & Volunteer Coordinator: Madhav Chhibbar

SOCIAL MEDIA

Stay up to date on what is happening at Steveston Community Centre by following us on Facebook and Instagram!



Steveston Community Centre



@stevestoncc

PROGRAM INFORMATION

Full information about programming, including temporary locations, is available on the City's website at richmond.ca/register.

Note: all programs and schedules are subject to change.

If you have any questions, please do not hesitate to reach out to us at 604-238-8080 during facility hours.

ARTS - DANCE

BALLET - PRESCHOOLERS

Jan 9 - Feb 6	Fri	3:30pm - 4:15pm	\$33.95/5 sess	4-5 yrs	00466384
Feb 20 - Mar 13	Fri	3:30pm - 4:15pm	\$20.40/3 sess	4-5 yrs	00466385

JAZZ DANCING - PRESCHOOLERS

Jan 9 - Feb 6	Fri	4:30pm - 5:15pm	\$33.95/5 sess	4-5 yrs	00466388
Feb 20 - Mar 13	Fri	4:30pm - 5:15pm	\$20.40/3 sess	4-5 yrs	00468393

ARTS - MUSIC

MUSIC - PARENT AND TOT - PRESCHOOLERS

Jan 10 - Mar 14	Sat	9:15am - 9:45am	\$40.75/9 sess	1-5 yrs	00470616
Jan 10 - Mar 14	Sat	9:50am - 10:20am	\$40.75/9 sess	1-5 yrs	00470619
Jan 10 - Mar 14	Sat	10:25am - 10:55am	\$40.75/9 sess	1-5 yrs	00470620
Jan 10 - Mar 14	Sat	11:00am - 11:30am	\$40.75/9 sess	1-5 yrs	00470622
Jan 10 - Mar 14	Sat	11:35am - 12:05pm	\$40.75/9 sess	1-5 yrs	00470623
Jan 10 - Mar 14	Sat	12:10pm - 12:40pm	\$40.75/9 sess	1-5 yrs	00470625

ARTS - VISUAL

ART ADVENTURES - PRESCHOOLERS

Jan 10 - Feb 7	Sat	9:30am - 10:15am	\$33.95/5 sess	3-5 yrs	00469584
Feb 21 - Mar 14	Sat	9:30am - 10:15am	\$27.20/4 sess	3-5 yrs	00469641

ARTS COMBO - PRESCHOOLERS

Jan 10 - Feb 7	Sat	10:30am - 11:15am	\$33.95/5 sess	3-5 yrs	00469595
Feb 21 - Mar 14	Sat	10:30am - 11:15am	\$27.20/4 sess	3-5 yrs	00469647

ART JAM - PRESCHOOLERS

Jan 9 - Feb 6	Fri	3:45pm - 4:45pm	\$100.00/5 sess	3-5 yrs	00471654
Feb 20 - Mar 13	Fri	3:45pm - 4:45pm	\$80.00/4 sess	3-5 yrs	00471657

CLAY CREATIONS - AIR DRY CLAY - PARENT AND TOT - PRESCHOOLERS

Jan 13 - Mar 10	Tue	3:30pm - 4:30pm	\$81.55/9 sess	3-5 yrs	00471647
-----------------	-----	-----------------	----------------	---------	-----------------

CAMPS

DAYCAMP - PRESCHOOL CAMP - BORN 2021-2022 - LICENSED - PRESCHOOLERS

Mar 16 - Mar 20	Mon - Fri	9:00am - 1:00pm	\$149.65/5 sess	3-4 yrs	00473039
Mar 23 - Mar 27	Mon - Fri	9:00am - 1:00pm	\$149.65/5 sess	3-4 yrs	00473040

FITNESS

YOGA PLAYTIME - PARENT AND TOT - PRESCHOOLERS

Jan 11 - Mar 8	Sun	9:15am - 10:00am	\$60.65/8 sess	2-5 yrs	00472827
Jan 11 - Mar 8	Sun	10:15am - 11:00am	\$60.65/8 sess	2-5 yrs	00472828
Jan 11 - Mar 8	Sun	11:15am - 12:00pm	\$60.65/8 sess	2-5 yrs	00472830
Jan 11 - Mar 8	Sun	12:15pm - 1:00pm	\$60.65/8 sess	2-5 yrs	00472836

SPORTS

MULTISPORT - PRESCHOOLERS

Jan 10 - Feb 7	Sat	10:30am - 11:15am	\$25.30/5 sess	3-5 yrs	00472750
Feb 21 - Mar 14	Sat	10:30am - 11:15am	\$20.25/4 sess	3-5 yrs	00472753

MULTISPORT - PARENT AND TOT - PRESCHOOLERS

Jan 10 - Feb 7	Sat	9:30am - 10:15am	\$25.30/5 sess	3-5 yrs	00472748
Feb 21 - Mar 14	Sat	9:30am - 10:15am	\$20.25/4 sess	3-5 yrs	00472752

PRESCHOOL SCHOOL YEAR 2025/2026

SPOTS AVAILABLE FOR 2025/2026 PRESCHOOL SCHOOL YEAR

Time for Twos - Children born in 2023

Licensed Preschool - Children born in 2021/2022

Inquire at Front Desk or email Catherine.Nevada@richmond.ca for more details!

ARTS - DANCE

BALLET - CHILDREN

Jan 9 - Feb 6	Fri	5:30pm - 6:15pm	\$33.95/5 sess	6-9 yrs	00468402
Feb 20 - Mar 13	Fri	5:30pm - 6:15pm	\$20.40/3 sess	6-9 yrs	00468409

HIP HOP - FOUNDATIONS - CHILDREN

Jan 9 - Mar 13	Fri	5:15pm - 6:15pm	\$72.50/8 sess	6-9 yrs	00470634
----------------	-----	-----------------	----------------	---------	-----------------

HIP HOP - INTERMEDIATE - CHILDREN

Jan 9 - Mar 13	Fri	6:15pm - 7:15pm	\$72.50/8 sess	6-9 yrs	00470640
----------------	-----	-----------------	----------------	---------	-----------------

ARTS - MUSIC

MUSICAL EXPRESSIONS® - GUITAR OR UKULELE PRIVATE LESSONS - ALL AGES

Jan 11 - Mar 8	Sun	2:00pm - 2:30pm	\$273.05/8 sess	5+ yrs	00474142
Jan 11 - Mar 8	Sun	2:30pm - 3:00pm	\$273.05/8 sess	5+ yrs	00474156
Jan 11 - Mar 8	Sun	3:00pm - 3:30pm	\$273.05/8 sess	5+ yrs	00474163
Jan 11 - Mar 8	Sun	3:30pm - 4:00pm	\$273.05/8 sess	5+ yrs	00474167
Jan 11 - Mar 8	Sun	4:00pm - 4:30pm	\$273.05/8 sess	5+ yrs	00474168

MUSICAL EXPRESSIONS® - PIANO PRIVATE LESSONS - ALL AGES

Jan 5 - Mar 9	Mon	3:30pm - 4:00pm	\$307.15/9 sess	5+ yrs	00466703
Jan 5 - Mar 9	Mon	4:00pm - 4:30pm	\$307.15/9 sess	5+ yrs	00466705
Jan 5 - Mar 9	Mon	4:30pm - 5:00pm	\$307.15/9 sess	5+ yrs	00466709
Jan 5 - Mar 9	Mon	5:00pm - 5:30pm	\$307.15/9 sess	5+ yrs	00466711
Jan 5 - Mar 9	Mon	5:30pm - 6:00pm	\$307.15/9 sess	5+ yrs	00466714
Jan 5 - Mar 9	Mon	6:00pm - 6:30pm	\$307.15/9 sess	5+ yrs	00466716
Jan 5 - Mar 9	Mon	6:30pm - 7:00pm	\$307.15/9 sess	5+ yrs	00466719
Jan 5 - Mar 9	Mon	7:00pm - 7:30pm	\$307.15/9 sess	5+ yrs	00466721
Jan 5 - Mar 9	Mon	7:30pm - 8:00pm	\$307.15/9 sess	5+ yrs	00466725
Jan 7 - Mar 11	Wed	3:30pm - 4:00pm	\$341.25/10 sess	5+ yrs	00466706
Jan 7 - Mar 11	Wed	4:00pm - 4:30pm	\$341.25/10 sess	5+ yrs	00466710

ARTS - MUSIC

MUSICAL EXPRESSIONS® - PIANO PRIVATE LESSONS - ALL AGES

Jan 7 - Mar 11	Wed	4:30pm - 5:00pm	\$341.25/10 sess	5+ yrs	00466713
Jan 7 - Mar 11	Wed	5:00pm - 5:30pm	\$341.25/10 sess	5+ yrs	00466717
Jan 7 - Mar 11	Wed	5:30pm - 6:00pm	\$341.25/10 sess	5+ yrs	00466720
Jan 7 - Mar 11	Wed	6:00pm - 6:30pm	\$341.25/10 sess	5+ yrs	00466724
Jan 7 - Mar 11	Wed	6:30pm - 7:00pm	\$341.25/10 sess	5+ yrs	00466726
Jan 7 - Mar 11	Wed	7:00pm - 7:30pm	\$341.25/10 sess	5+ yrs	00466729
Jan 7 - Mar 11	Wed	7:30pm - 8:00pm	\$341.25/10 sess	5+ yrs	00466730
Jan 10 - Mar 14	Sat	10:00am - 10:30am	\$238.90/7 sess	5+ yrs	00466838
Jan 10 - Mar 14	Sat	10:30am - 11:00am	\$238.90/7 sess	5+ yrs	00466846
Jan 10 - Mar 14	Sat	11:00am - 11:30am	\$238.90/7 sess	5+ yrs	00466851
Jan 10 - Mar 14	Sat	11:30am - 12:00pm	\$238.90/7 sess	5+ yrs	00466855
Jan 10 - Mar 14	Sat	12:00pm - 12:30pm	\$238.90/7 sess	5+ yrs	00466859
Jan 10 - Mar 14	Sat	12:30pm - 1:00pm	\$238.90/7 sess	5+ yrs	00466864
Jan 10 - Mar 14	Sat	1:00pm - 1:30pm	\$238.90/7 sess	5+ yrs	00466877
Jan 10 - Mar 14	Sat	1:30pm - 2:00pm	\$238.90/7 sess	5+ yrs	00466881
Jan 10 - Mar 14	Sat	2:00pm - 2:30pm	\$238.90/7 sess	5+ yrs	00466882
Jan 10 - Mar 14	Sat	2:30pm - 3:00pm	\$238.90/7 sess	5+ yrs	00466883

ARTS - VISUAL

ACRYLIC PAINTING - PRETEENS

Jan 12 - Mar 9	Mon	4:45pm - 5:45pm	\$72.50/8 sess	9-12 yrs	00470554
----------------	-----	-----------------	----------------	----------	-----------------

CHARACTER DESIGN - CHILDREN

Jan 9 - Feb 6	Fri	5:00pm - 6:00pm	\$100.00/5 sess	9-12 yrs	00471604
Feb 20 - Mar 13	Fri	5:00pm - 6:00pm	\$80.00/4 sess	9-12 yrs	00471605

CLAY CREATIONS - MODELLING CLAY - CHILDREN

Jan 13 - Mar 10	Tue	4:45pm - 5:45pm	\$81.55/9 sess	6-8 yrs	00471645
-----------------	-----	-----------------	----------------	---------	-----------------

CHILDREN

6-12 YRS

ARTS - VISUAL

CRAFT STUDIO - CHILDREN

Jan 10 - Feb 7	Sat	11:30am - 12:30pm	\$45.30/5 sess	6-9 yrs	00469638
----------------	-----	-------------------	----------------	---------	-----------------

Feb 21 - Mar 14	Sat	11:30am - 12:30pm	\$36.25/4 sess	6-9 yrs	00469650
-----------------	-----	-------------------	----------------	---------	-----------------

DRAWING AND SKETCHING - CHILDREN

Jan 15 - Mar 12	Thu	3:30pm - 4:30pm	\$81.55/9 sess	6-8 yrs	00471622
-----------------	-----	-----------------	----------------	---------	-----------------

DRAWING AND SKETCHING - PRETEENS

Jan 12 - Mar 9	Mon	3:30pm - 4:30pm	\$72.50/8 sess	9-12 yrs	00470553
----------------	-----	-----------------	----------------	----------	-----------------

Jan 15 - Mar 12	Thu	4:45pm - 6:15pm	\$122.30/9 sess	9-12 yrs	00471641
-----------------	-----	-----------------	-----------------	----------	-----------------

KNITTING - CHILDREN**

Jan 8 - Mar 12	Thu	4:00pm - 5:00pm	\$90.60/10 sess	8-18 yrs	00466736
----------------	-----	-----------------	-----------------	----------	-----------------

Jan 8 - Mar 12	Thu	5:00pm - 6:00pm	\$90.60/10 sess	8-18 yrs	00466741
----------------	-----	-----------------	-----------------	----------	-----------------

CAMPS

DAYCAMP - PAINT, POT AND PLANT CAMP - PRETEENS

Mar 16 - Mar 20	Mon - Fri	9:00am - 1:00pm	\$181.20/5 sess	9-12 yrs	00471783
-----------------	-----------	-----------------	-----------------	----------	-----------------

DAYCAMP - LEGO® OUT OF THIS WORLD CAMP - CHILDREN

Mar 16 - Mar 20	Mon - Fri	2:00pm - 5:00pm	\$220.00/5 sess	5-10 yrs	00472681
-----------------	-----------	-----------------	-----------------	----------	-----------------

DAYCAMP - FILM CAMP IN A BOX - LEGO® BRICK STOP MOTION ANIMATION CAMP - CHILDREN

Mar 23 - Mar 27	Mon - Fri	9:00am - 4:00pm	\$376.95/5 sess	7-10 yrs	00472989
-----------------	-----------	-----------------	-----------------	----------	-----------------

DAYCAMP - LEGO® BRICK-BIT ARCADE CAMP - CHILDREN

Mar 23 - Mar 27	Mon - Fri	2:00pm - 5:00pm	\$220.00/5 sess	5-10 yrs	00472697
-----------------	-----------	-----------------	-----------------	----------	-----------------

FITNESS

YOGA - CHILDREN

Jan 14 - Mar 11	Wed	3:45pm - 4:45pm	\$91.00/9 sess	6-12 yrs	00464766
-----------------	-----	-----------------	----------------	----------	-----------------

MARTIAL ARTS

TAEKWONDO - BEGINNER - CHILDREN

Jan 10 - Mar 14	Sat	1:00pm - 2:00pm	\$60.00/6 sess	6-17 yrs	00471702
Jan 10 - Mar 14	Sat	2:00pm- 3:00pm	\$60.00/6 sess	6-17 yrs	00471704

TAEKWONDO - INTERMEDIATE - CHILDREN

Jan 10 - Mar 14	Sat	3:00pm - 4:00pm	\$60.00/6 sess	6-17 yrs	00471707
-----------------	-----	-----------------	----------------	----------	-----------------

SPORTS

BASKETBALL - CHILDREN

Jan 8 - Feb 5	Thu	5:15pm - 6:15pm	\$33.75/5 sess	6-8 yrs	00470645
Jan 8 - Feb 5	Thu	6:15pm - 7:15pm	\$33.75/5 sess	6-8 yrs	00470647
Feb 12 - Mar 12	Thu	5:15pm - 6:15pm	\$33.75/5 sess	6-8 yrs	00470649
Feb 12 - Mar 12	Thu	6:15pm - 7:15pm	\$33.75/5 sess	6-8 yrs	00470655

BASKETBALL - FOR GIRLS - PRETEENS

Jan 7 - Feb 4	Wed	5:15pm - 6:15pm	\$33.75/5 sess	9-12 yrs	00470555
Feb 11 - Mar 11	Wed	5:15pm - 6:15pm	\$33.75/5 sess	9-12 yrs	00470556

BASKETBALL - PRETEENS

Jan 11 - Mar 8	Sun	9:15am - 10:15am	\$54.00/8 sess	9-12 yrs	00470557
Jan 11 - Mar 8	Sun	10:20am - 11:20am	\$54.00/8 sess	9-12 yrs	00470560

MULTISPORT - CHILDREN

Jan 10 - Feb 7	Sat	11:30am - 12:30pm	\$33.75/5 sess	6-8 yrs	00472751
Feb 21 - Mar 14	Sat	11:30am - 12:30pm	\$27.00/4 sess	6-8 yrs	00472754

VOLLEYBALL - BEGINNER - FOR GIRLS - PRETEENS

Jan 7 - Feb 4	Wed	6:30pm - 7:30pm	\$33.75/5 sess	9-12 yrs	00470562
Feb 11 - Mar 11	Wed	6:30pm - 7:30pm	\$33.75/5 sess	9-12 yrs	00470563

VOLLEYBALL - BEGINNER - PRETEENS

Jan 9 - Feb 6	Fri	5:15pm - 6:15pm	\$33.75/5 sess	9-12 yrs	00470567
Feb 20 - Mar 13	Fri	5:15pm - 6:15pm	\$27.00/4 sess	9-12 yrs	00470568

YOUTH/ADULTS 11-18+ YRS

CAMPS

DAYCAMP - ADVENTURE CAMP - YOUTH

Mar 24 - Mar 27	Tue - Fri	10:00am - 4:00pm	\$221.05/4 sess	11-16 yrs	00471777
-----------------	-----------	------------------	-----------------	-----------	-----------------

SPORTS

BASKETBALL DEVELOPMENT SKILLS - YOUTH

Jan 11 - Mar 8	Sun	11:25am - 12:25pm	\$54.00/8 sess	13-18 yrs	00470569
----------------	-----	-------------------	----------------	-----------	-----------------

VOLLEYBALL SKILLS - FOR GIRLS - YOUTH

Jan 7 - Feb 4	Wed	7:45pm - 8:45pm	\$33.75/5 sess	13-18 yrs	00471240
---------------	-----	-----------------	----------------	-----------	-----------------

Feb 11 - Mar 11	Wed	7:45pm - 8:45pm	\$33.75/5 sess	13-18 yrs	00471241
-----------------	-----	-----------------	----------------	-----------	-----------------

VOLLEYBALL SKILLS - YOUTH

Jan 9 - Feb 6	Fri	6:30pm - 7:30pm	\$33.75/5 sess	13-18 yrs	00471242
---------------	-----	-----------------	----------------	-----------	-----------------

Feb 20 - Mar 13	Fri	6:30pm - 7:30pm	\$27.00/4 sess	13-18 yrs	00471243
-----------------	-----	-----------------	----------------	-----------	-----------------

ARTS - VISUAL

KNITTING - BEGINNER - ADULTS

Jan 8 - Mar 12	Thu	10:00am - 11:30am	\$135.90/10 sess	18+ yrs	00466754
----------------	-----	-------------------	------------------	---------	-----------------

Jan 8 - Mar 12	Thu	7:00pm - 8:30pm	\$135.90/10 sess	18+ yrs	00466756
----------------	-----	-----------------	------------------	---------	-----------------

PAINT NIGHT - WATERCOLOUR - ADULTS**

Jan 30	Fri	6:30pm - 8:30pm	\$18.10/1 sess	18+ yrs	00470688
--------	-----	-----------------	----------------	---------	-----------------

Feb 27	Fri	6:30pm - 8:30pm	\$18.10/1 sess	18+ yrs	00471599
--------	-----	-----------------	----------------	---------	-----------------

Mar 27	Fri	6:30pm - 8:30pm	\$18.10/1 sess	18+ yrs	00471600
--------	-----	-----------------	----------------	---------	-----------------

WATERCOLOUR PAINTING TECHNIQUES AND STYLES - ADULTS

Jan 10 - Mar 14	Sat	10:00am - 12:00pm	\$126.85/7 sess	18+ yrs	00466826
-----------------	-----	-------------------	-----------------	---------	-----------------

Jan 14 - Mar 11	Wed	1:00pm - 3:00pm	\$163.10/9 sess	18+ yrs	00466824
-----------------	-----	-----------------	-----------------	---------	-----------------

****Extra program fee applies. Please inquire with front desk staff.**

CARDIO, STRENGTH AND ATHLETICS

H.I.I.T AND STRENGTH CIRCUIT

Jan 6 - Feb 10	Tue	6:15pm - 7:15pm	\$85.25/6 sess	16+ yrs	00470705
Jan 8 - Feb 12	Thu	7:30pm - 8:30pm	\$85.25/6 sess	16+ yrs	00471066
Jan 10 - Feb 7	Sat	11:45am - 12:45pm	\$71.05/5 sess	16+ yrs	00470685
Feb 17 - Mar 24	Tue	6:15pm - 7:15pm	\$85.25/6 sess	16+ yrs	00470708
Feb 19 - Mar 26	Thu	7:30pm - 8:30pm	\$85.25/6 sess	16+ yrs	00471067
Feb 28 - Mar 28	Sat	11:45am - 12:45pm	\$56.85/4 sess	16+yrs	00470702

FUNDAMENTALS OF FITNESS - ALL LEVELS

Jan 7 - Feb 11	Wed	7:30pm - 8:30pm	\$85.25/6 sess	16+yrs	00471012
Jan 9 - Feb 13	Fri	5:00pm - 6:00pm	\$85.25/6 sess	16+yrs	00471055
Feb 18 - Mar 25 -	Wed	7:30pm - 8:30pm	\$85.25/6 sess	16+yrs	00471052
Feb 27 - Mar 27	Fri	5:00pm - 6:00pm	\$56.85/4 sess	16+yrs	00471058

DANCE FITNESS

ZUMBA® - ADULTS

Jan 5- Feb 9	Mon	7:30pm - 8:30pm	\$53.60/6 sess	18+ yrs	00471080
Jan 8 - Feb 12	Thu	6:15pm - 7:15pm	\$53.60/6 sess	18+ yrs	00471102
Feb 19 - Mar 26	Thu	6:15pm - 7:15pm	\$53.60/6 sess	18+ yrs	00471114
Feb 23 - Mar 23	Mon	7:30pm - 8:30pm	\$44.65/5 sess	18+ yrs	00471088

MIND BODY, MOBILITY AND FLEXIBILITY

CORE YOGA - ADULTS

Jan 09 - Feb 13	Fri	11:00am - 12:15pm	\$75.85/6 sess	16+ yrs	00470995
Feb 20 - Mar 27	Fri	11:00am - 12:15pm	\$75.85/6 sess	16+ yrs	00470996

Our drop-in fitness classes are continuing during relocation!
For Drop-in Group Fitness Schedule please visit www.richmond.ca/schedules

MIND BODY, MOBILITY AND FLEXIBILITY

GENTLE YOGA - ADULTS

Jan 06 - Feb 10	Tue	9:30am - 10:30am	\$60.65/6 sess	16+ yrs	00470941
Feb 24 - Mar 24	Tue	9:30am - 10:30am	\$50.55/5 sess	16+ yrs	00470942

GENTLE YIN YOGA - ADULTS

Jan 9 - Jan 23	Fri	9:45am - 10:45 am	\$30.35/3 sess	16+ yrs	00470982
Jan 30 - Feb 20	Fri	9:45am - 10:45 am	\$40.45/4 sess	16+ yrs	00470984

PILATES - ALL LEVELS - ADULTS

Jan 7 - Feb 11	Wed	9:30 am - 10:30am	\$60.65/6 sess	14+ yrs	00470934
Feb 18 - Mar 25	Wed	9:30 am - 10:30am	\$60.65/6 sess	14+ yrs	00470938

SIMPLY STRETCH - ADULTS

Jan 05 - Feb 09	Mon	6:15pm - 7:15pm	\$53.60/6 sess	16+ yrs	00471073
Feb 23 - Mar 23	Mon	6:15pm - 7:15pm	\$44.65/5 sess	16+ yrs	00471074

STRENGTH AND FLEX YOGA - ADULTS

Feb 27 - Mar 27	Fri	9:30am - 10:45am	\$63.20/5 sess	16+ yrs	00470988
-----------------	-----	------------------	----------------	---------	-----------------

WALKING AND RUNNING

NORDIC POLE WALKING AND STRENGTH - OUTDOOR - ADULTS

Jan 5 - Feb 9	Mon	9:00am - 10:00am	\$53.60/6 sess	18+ yrs	00470914
Jan 7 - Feb 11	Wed	8:30am - 9:30am	\$53.60/6 sess	18+ yrs	00470926
Feb 18 - Mar 25	Wed	8:30 am - 9:30am	\$53.60/6 sess	18+ yrs	00470930
Feb 23 - Mar 23	Mon	9:00am - 10:00am	\$44.65/5 sess	18+ yrs	00470921

Many of the programs and events listed in this brochure have volunteer opportunities.

To sign up for these opportunities at Steveston, please visit icanhelp.richmond.ca.

If you have any questions, email Madhav at Madhav.Chhibbar@richmond.ca.