

Cambie Community Centre

WINTER 2025 PROGRAM GUIDE



12800 Cambie Road,
Richmond, BC V6V 0A9
604-238-8399
cambie@richmond.ca



Cambie Community Centre



@cambiecc

This guide is updated regularly. Program information and schedules are subject to change. Thank you for your understanding!



Facility Hours:

Monday - Friday: 7:00am-9:45pm

Saturday: 9:00am-8:45pm

Sunday: 9:00am-9:45pm

Visit us at richmond.ca/cambie for up to date holiday hours!



Program Registration Information

- 1) **Online:** Visit www.richmond.ca/register to register at any time.
- 2) **By Phone:** Registration Call Centre at **604-276-4300**, Mon-Fri 8:30am-5:00pm
- 3) **In Person:** Visit the community centre during operating hours to register in person

To browse available programs please check out www.richmond.ca/register. A MyRichmond account and credit card is required for online registration.

Refunds and Withdrawals

To receive a refund, or to withdraw or transfer from a class, call the Registration Call Centre at **604-276-4300**, Monday to Friday, 8:30am-5:00pm. Visit www.richmond.ca/register for our full refund policy.

Register early to avoid program cancellations!

Programs are cancelled approximately seven days prior to start date if there are not enough participants. Register as early as possible to reserve your spot and avoid program cancellations!

Volunteer Opportunities

Interested in volunteering with Cambie Community Centre? Visit icanhelp.richmond.ca to browse volunteer opportunities!

Arts - Dance

BALLET - PARENT AND TOT

Spin, twirl and leap while discovering the fun aspects of this popular dance style. Parent participation required.

2-3 yrs	Jan 18-Mar 15	Sat	11:15-11:45am	\$39.60/9 sess.	#00368531
2-3 yrs	Jan 18-Mar 15	Sat	12:00-12:30pm	\$39.60/9 sess.	#00368592

BALLET

Spin, twirl and leap in this introductory class that focuses on fun and specific-age group ballet techniques.

3-5 yrs	Jan 13-Mar 10	Mon	3:15-4:00pm	\$59.40/9 sess.	#00368228 Cancelled
3-5 yrs	Jan 13-Mar 10	Mon	4:15-5:00pm	\$59.40/9 sess.	#00368232
3-5 yrs	Jan 18-Mar 15	Sat	9:15-10:00am	\$59.40/9 sess.	#00368410
3-5 yrs	Jan 18-Mar 15	Sat	10:15-11:00am	\$59.40/9 sess.	#00368422

CHAKRADANCE

Discover the joy of self-expression through music, dance, chakras and mandala art creation including the whimsical world of modern fairytales, the fluidity of movement and the tranquility of meditation.

3-5 yrs	Jan 19-Mar 16	Sun	1:00-2:00pm	\$79.20/9 sess.	#00381590 Cancelled
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FAIRY TALE DANCING

Spin, roar, stomp and twirl to favourite fairy tale characters followed by storytime after each dance session.

3-5 yrs	Jan 17-Mar 14	Fri	3:15-4:00pm	\$59.40/9 sess.	#00368396
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MINI HIP HOPPERS

Groove to new and exciting moves in this fun and active class that covers the basics of this dance style through basic choreography and dance games.

3-5 yrs	Jan 17-Mar 14	Fri	4:15-5:00pm	\$59.40/9 sess.	#00367415
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Arts - Visual

CLAY HANDBUILDING

Dress for a mess and create handmade pieces that develop skills in this self-confidence building, fun and creative class.

3-5 yrs Jan 16-Mar 13 Thu 4:45-5:45pm \$79.20/9 sess. #00369903

PAINT AND PLAY

Paint, draw, make crafts and sing songs in this fun and interactive program.

3-5 yrs Jan 16-Mar 13 Thu 3:30-4:30pm \$79.20/9 sess. #00369906 **Cancelled**

Sports

SPORTBALL® - MULTISPORT - PARENT AND TOT

Focus on Physical Literacy and social exploration and learn Fundamental Sport Skills together through creative and challenging games. In addition, adults are taught techniques to help toddlers refine motor skills. Parent participation required. Instructed by Sportball®.

2-3 yrs Jan 18-Mar 15 Sat 10:00-10:45am \$144.00/8 sess. #00370028

SPORTBALL® - MULTISPORT

Refine, rehearse, repeat in these sessions that focus on the basic skills common to all sports such as balance, coordination and stamina all in a fun, supportive and non-competitive setting that emphasizes teamwork. Instructed by Sportball®.

3-5 yrs Jan 18-Mar 15 Sat 10:50-11:50am \$144.00/8 sess. #00370029

SPORTBALL® - SOCCER - PARENT AND TOT

Develop some fundamental skills that include throw-ins, dribbling, trapping, passing and goalie skills to practice in exciting, non-competitive games. Parent participation required. Instructed by Sportball®.

2-3 yrs Jan 18-Mar 15 Sat 11:55am-12:40pm \$144.00/8 sess. #00370036

SPORTBALL® - SOCCER

Develop some fundamental skills that include throw-ins, dribbling, trapping, passing and goalie skills to practice in exciting, non-competitive games. Instructed by Sportball®.

3-5 yrs Jan 18-Mar 15 Sat 12:45-1:45pm \$144.00/8 sess. #00370039

Arts - Dance

BALLET

Spin, twirl and leap in this fun dance program.

6-8 yrs	Jan 13-Mar 10	Mon	5:15-6:15pm	\$79.20/9 sess.	#00367434	Cancelled
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CHINESE DANCING

Learn this beloved and challenging multicultural art form composed of Chinese classical and folk dancing that includes jumping and tumbling techniques and the interpretation of music through movement, facial expressions and postures. No dance experience required.

6-8 yrs	Jan 19-Mar 16	Sun	10:00-11:00am	\$79.20/9 sess.	#00368831
6-8 yrs	Jan 19-Mar 16	Sun	11:15am-12:15pm	\$79.20/9 sess.	#00368833

HIP HOP

Get your groove on in this easy going dance class.

6-8 yrs	Jan 16-Mar 6	Thu	3:30-4:30pm	\$70.40/8 sess.	#00369269
9-12 yrs	Jan 16-Mar 6	Thu	4:45-5:45pm	\$70.40/8 sess.	#00369270

JAZZ DANCING

Explore this popular and energetic form of dance that is characterized by syncopated rhythms and free expression.

6-12 yrs	Jan 14-Mar 11	Tue	6:30-7:30pm	\$79.20/9 sess.	#00336734
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K-POP DANCING

Dance to up-tempo music and learn choreography to match with this fun, social and popular style of dance that consists of quick, repetitive movements while moving in synchronicity.

9-12 yrs	Jan 14-Mar 11	Tue	5:15-6:15pm	\$79.20/9 sess.	#00369861
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Arts - Music

VIOLIN PRIVATE LESSONS

Work privately on an individually-designed curriculum specifically for age and ability. Violin required at each class.

6+ yrs	Jan 13-Mar 10	Mon	3:30-4:00pm	\$224.75/9 sess.	#00373369
6+ yrs	Jan 13-Mar 10	Mon	4:00-4:30pm	\$224.75/9 sess.	#00373383
6+ yrs	Jan 13-Mar 10	Mon	4:30-5:00pm	\$224.75/9 sess.	#00373388
6+ yrs	Jan 13-Mar 10	Mon	5:00-5:30pm	\$224.75/9 sess.	#00373396
6+ yrs	Jan 13-Mar 10	Mon	5:30-6:00pm	\$224.75/9 sess.	#00373403
6+ yrs	Jan 13-Mar 10	Mon	6:00-6:30pm	\$224.75/9 sess.	#00373419
6+ yrs	Jan 13-Mar 10	Mon	6:30-7:00pm	\$224.75/9 sess.	#00373422
6+ yrs	Jan 13-Mar 10	Mon	7:00-7:30pm	\$224.75/9 sess.	#00373423
6+ yrs	Jan 13-Mar 10	Mon	7:30-8:00pm	\$224.75/9 sess.	#00373425

Arts - Visual

ART JAM WITH A DISNEY ANIMATOR

Create concept drawings, learn about colour palettes and develop freehand drawing skills in this specialized class. Instructed by Happy Kids Studios.

4-5 yrs	Jan 11-Feb 8	Sat	2:00-3:00pm	\$100.00/5 sess.	#00369540
4-5 yrs	Feb 22-Mar 22	Sat	2:00-3:00pm	\$100.00/5 sess.	#00369640

CARTOON WITH A DISNEY ANIMATOR

Learn how to tell stories through drawings with a former Disney animator. Work on character development, thumbnails, layout pages, paneling and more. This program is instructed by Happy Kids Studios.

6-8 yrs	Jan 11-Feb 8	Sat	3:10-4:10pm	\$100.00/5 sess.	#00369852
6-8 yrs	Feb 22-Mar 22	Sat	3:10-4:10pm	\$100.00/5 sess.	#00369853

Arts - Visual cont.

CHARACTER DESIGN

Focus on creating appealing characters in animation, comics, games and more. Instructed by a former Disney animator from Happy Kids Studios.

9-12 yrs	Jan 11-Feb 8	Sat	4:20-5:20pm	\$100.00/5 sess.	#00369854
9-12 yrs	Feb 22-Mar 22	Sat	4:20-5:20pm	\$100.00/5 sess.	#00369855

CHINESE BRUSH PAINTING - BEGINNER

Explore this ancient art and create beautiful pieces by practicing basic techniques and experimenting with various exercises. A non-refundable \$15 supplies fee is added when registering. Additional supplies may also be needed.

6-10 yrs	Jan 19-Mar 16	Sun	9:15-10:30am	\$99.00/9 sess.	#00369869
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WILDLIFE IN WATERCOLOUR PAINTING

Paint some of the world's most majestic animals using a variety of watercolour techniques that achieve textural effects. Supplies included.

6-10 yrs	Jan 19-Mar 16	Sun	10:45-11:45am	\$79.20/9 sess.	#00369893
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General Interest

PRIMARY CARE - BABYSITTING BASICS

Learn fun games and activities for children, basic babysitting skills and how to deal with emergencies. A Canadian Red Cross Babysitting Certificate provided upon successful completion of session. Instructed by Primary Care First Aid.

10-16 yrs	January 19	Sun	9:00am-5:00pm	\$85.00/1 sess.	#00363693
10-16 yrs	February 16	Sun	9:00am-5:00pm	\$85.00/1 sess.	#00363701
10-16 yrs	March 16	Sun	9:00am-5:00pm	\$85.00/1 sess.	#00363703

Martial Arts

KARATE - SHITO-RYU - BEGINNER

Learn this traditional style of martial arts in a fun and safe environment. There may be additional fees including; membership fees, belt grading fee (optional), uniform and safety equipment (optional). The instructor will provide details of options.

6+ yrs	Jan 8-Mar 12	Wed	6:30-7:30pm	\$74.40/10 sess.	#00369907
6+ yrs	Jan 10-Mar 14	Fri	6:30-7:30pm	\$74.40/10 sess.	#00369910

KARATE - SHITO-RYU - BEGINNER/INTERMEDIATE

Learn this traditional style of martial arts in a fun and safe environment. There may be additional fees including; membership fees, belt grading fee (optional), uniform and safety equipment (optional). The instructor will provide details of options.

6+ yrs	Jan 8-Mar 12	Wed	7:00-8:00pm	\$74.40/10 sess.	#00369908
6+ yrs	Jan 10-Mar 14	Fri	7:00-8:00pm	\$74.40/10 sess.	#00369911

KARATE - SHITO-RYU - INTERMEDIATE/ADVANCED

Learn this traditional style of martial arts in a fun and safe environment. Uniform and safety gear required. Additional fees required for membership, belt grading (optional), uniform and safety equipment.

6+ yrs	Jan 8-Mar 12	Wed	8:00-9:00pm	\$74.40/10 sess.	#00369909
6+ yrs	Jan 10-Mar 14	Fri	8:00-9:00pm	\$74.40/10 sess.	#00369915

TAEKWONDO - BEGINNER

Learn the art of self-defence with an emphasis on control, kicking and punching moves all in a safe environment. Additional fees may be charged for equipment and belt testing.

6-12 yrs	Jan 11-Mar 8	Sat	4:00-5:00pm	\$81.00/9 sess.	#00369919
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TAEKWONDO - INTERMEDIATE/ADVANCED

Practice advanced skills and techniques with a continued emphasize on control and discipline. Previous experience and instructor approval required.

6+ yrs	Jan 11-Mar 8	Sat	5:00-6:00pm	\$81.00/9 sess.	#00369920
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Martial Arts cont.

TAEKWONDO - BLACK BELT

Practice advanced skills and techniques with experienced instructors who emphasize control and discipline. Previous experience and instructor approval required. Additional fees may be charged for equipment and belt testing.

6+ yrs	Jan 11-Mar 8	Sat	6:00-7:30pm	\$121.50/9 sess.	#00369921
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Racquet Sports

BADMINTON - INTERMEDIATE

Master more basic skills plus footwork along with an introduction about the rules of singles and doubles play. Pre-requisite: Previous badminton experience required.

9-12 yrs	Jan 25-Mar 15	Sat	10:50-11:50am	\$45.90/7 sess.	#00370059
9-12 yrs	Jan 26-Mar 16	Sun	11:00am-12:00pm	\$45.90/7 sess.	#00370066

Sports

BASKETBALL

Practice dribbling, passing and shooting skills followed by friendly games.

6-8 yrs	Jan 25-Mar 15	Sat	9:15-10:15pm	\$52.50/8 sess.	#00370015
8-10 yrs	Jan 25-Mar 15	Sat	10:25-11:25pm	\$52.50/8 sess.	#00370017
10-12 yrs	Jan 25-Mar 15	Sat	11:35am-12:35pm	\$52.50/8 sess.	#00370019

MULTISPORT - FOR GIRLS

Learn the basic fundamental movement skills for improved participation a variety of sports. For female-identifying youth.

9-12 yrs	Jan 14-Feb 4	Tue	4:45-5:45pm	\$26.25/4 sess.	#00369253	Cancelled
9-12 yrs	Feb 11-Mar 4	Tue	4:45-5:45pm	\$26.25/4 sess.	#00369259	

SOCCER

Learn basic soccer skills and participate in casual games with your peers.

9-12 yrs	Jan 15-Mar 5	Wed	4:45-5:45pm	\$52.50/8 sess.	#00369236
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Sports cont.

SPORTBALL® - SOCCER

Develop some fundamental skills that include throw-ins, dribbling, trapping, passing and goalie skills to practice in exciting, non-competitive games. Instructed by Sportball®.

5-7 yrs Jan 18-Mar 15 Sat 1:50-2:50pm \$144.00/8 sess. #00370040

VOLLEYBALL - BEGINNER

Improve game play in these professionally-designed sessions that include mini games and a fun and non-competitive atmosphere. This program is for new volleyball players.

9-12 yrs Jan 16-Mar 6 Thu 4:45-5:45pm \$52.50/8 sess. #00369223

VOLLEYBALL - INTERMEDIATE

Improve game play in these designed sessions that include mini games and a fun and non-competitive atmosphere. Suitable for players that have completed Volleyball - Preteens or Volleyball - Beginner - Preteens.

9-12 yrs Jan 13-Mar 3 Mon 4:45-5:45pm \$52.50/8 sess. #00369228

VOLLEYBALL BC - SMASHBALL ATOMIC

Compete and play in these fast-paced, engaging and fun sessions that introduce new tactics and game concepts while incorporating additional volleyball skills. Open to all skill levels regardless of previous experience. Instructed by Volleyball BC.

8-12 yrs Jan 25-Mar 15 Sat 3:30-4:30pm \$105.00/7 sess. #00369957



Martial Arts

KARATE - SHITO-RYU - ALL LEVELS

Learn this traditional style of martial arts in a fun and safe environment. There may be additional fees including; membership fees, belt grading fee (optional), uniform and safety equipment (optional). The instructor will provide details of options.

16-18 yrs Jan 7-Mar 11 Tue 7:30-9:30pm \$148.80/10 sess. #00369917

Racquet Sports

BADMINTON - INTERMEDIATE

Apply the strategy, speed and placement skills learned in practices to high-energy games. Basic and refined strokes are covered along with control and consistency. Pre-requisite: Previous badminton experience.

13-18 yrs Jan 26-Mar 16 Sun 12:05-1:05pm \$45.90/7 sess. #00373511

BADMINTON - ADVANCED

Apply the strategy, speed and placement skills learned in practices to high-energy games. Basic and refined strokes are covered along with control and consistency. Pre-requisite: Badminton-Intermediate experience.

13-18 yrs Jan 25-Mar 15 Sat 11:55am-12:55pm \$45.90/7 sess. #00370060

Sports

VOLLEYBALL BC - TRAIN AND PLAY

Compete and play in these low-pressure, engaging and fun sessions for all levels to learn different technical and tactical skills using both a traditional and conceptual approach. Open to all skill levels regardless of previous experience. Instructed by Volleyball BC.

13-16 yrs Jan 25-Mar 15 Sat 4:45-5:45pm \$105.00/7 sess. #00369968

Spring Break Camps

Children

BADMINTON - INTERMEDIATE

Master more basic skills plus footwork along with an introduction about the rules of singles and doubles play. Pre-requisite: Previous badminton experience required.

9-12 yrs Mar 24-Mar 28 Mon-Fri 2:00-3:00pm \$32.80/5 sess. #00373505

BRICKS 4 KIDZ® - ARCADE ADVENTURES CAMP

Experience the world of Minecraft® building motorized LEGO® models, creating favourite characters, from popular arcade games and more! This program is instructed by Bricks 4 Kidz®.

5-10 yrs Mar 17-Mar 21 Mon-Fri 1:00-4:00pm \$220.00/5 sess. #00369858

5-10 yrs Mar 24-Mar 28 Mon-Fri 9:30am-12:30pm \$220.00/5 sess. #00369859

BRICKS 4 KIDZ® - LEGO® GALAXY FAR AWAY CAMP

Go on an adventurous journey creating Lego® spacecraft models based on popular space movies and make and take home a customized minifigure! Bricks 4 Kidz® offers Lego® brick-building activities that engage curiosity and creativity and provide an extraordinary atmosphere for children.

5-10 yrs Mar 17-Mar 21 Mon-Fri 9:30am-12:30pm \$220.00/5 sess. #00369856

5-10 yrs Mar 24-Mar 28 Mon-Fri 1:00-4:00pm \$220.00/5 sess. #00369857

KARATE - SHITO-RYU - BEGINNER

Learn this traditional style of martial arts in a fun and safe environment. There may be additional fees including; membership fees, belt grading fee (optional), uniform and safety equipment (optional). The instructor will provide details of options.

8+ yrs Mar 18-Mar 21 Tue-Fri 3:30-4:30pm \$29.75/4 sess. #00372174

MAGIC CAMP

Amaze friends and family by learning magic tricks and sleight-of-hand skills taught by a professional magician. This program is instructed by John Kaplan of Abracadabra Show Productions.

7-13 yrs Mar 24-Mar 28 Mon-Fri 12:30-3:00pm \$152.50/5 sess. #00369283

Spring Break Camps

Children cont.

VOLLEYBALL BC - SMASHBALL ATOMIC

Compete and play in these fast-paced, engaging and fun sessions that introduce new tactics and game concepts while incorporating additional volleyball skills. Open to all skill levels regardless of previous experience. Instructed by Volleyball BC.

8-12 yrs Mar 17-Mar 21 Mon-Fri 9:30am-12:30pm \$225.00/5 sess. #00373516

Youth

BADMINTON - INTERMEDIATE

Apply the strategy, speed and placement skills learned in practices to high-energy games. Basic and refined strokes are covered along with control and consistency. Pre-requisite: Previous badminton experience.

13-18 yrs Mar 24-Mar 28 Mon-Fri 3:05-4:05pm \$32.80/5 sess. #00373512

BADMINTON - ADVANCED

Apply the strategy, speed and placement skills learned in practices to high-energy games. Basic and refined strokes are covered along with control and consistency. Pre-requisite: Badminton-Intermediate experience.

13-18 yrs Mar 24-Mar 28 Mon-Fri 4:10-5:10pm \$32.80/5 sess. #00373514

RECREATION LEADERSHIP CAMP

Develop leadership skills to use in a day camp setting. This camp is also a great opportunity to learn about a career in recreation.

11-16 yrs Mar 24-Mar 27 Mon-Thu 11:00am-3:00pm \$104.00/4 sess. #00369276

VOLLEYBALL BC - TRAIN AND PLAY

Compete and play in these low-pressure, engaging and fun sessions for all levels to learn different technical and tactical skills using both a traditional and conceptual approach. Open to all skill levels regardless of previous experience. Instructed by Volleyball BC.

13-16 yrs Mar 17-Mar 21 Mon-Fri 1:00-4:00pm \$225.00/5 sess. #00373515

Arts - Dance

SWING DANCING

Develop the fundamental movements of this vibrant and popular dance style in a welcoming environment. Suitable for all levels.

18+ yrs Jan 14-Mar 11 Tue 7:30-8:30pm \$79.20/9 sess. #00367394

Arts - Visual

DRAWING - BASICS

Capture on paper simple objects, images and still life's while learning basic concepts and techniques to eventually progress to drawing from imagination with improved understanding and confidence.

18+ yrs Jan 15-Mar 19 Wed 2:45-4:45pm \$176.00/10 sess. #00370633

PAINT NIGHT

Recreate a famous painting to take home with step-by-step instruction. Instructed by Party with Laura. No experience required.

18+ yrs February 13 Thu 6:30-8:30pm \$35.00/1 sess. #00363692

General Interest

PUPPY PRESCHOOL

Learn some tips and tricks in proper puppy training in a positive environment that focuses on basic manners, socialization, handling and navigating challenging behaviours. Puppy must be 8 to 18 weeks on first day of class. Instructed by Daisy Dog Training.

18+ yrs Jan 18-Feb 8 Sat 10:00-11:00am \$175.00/4 sess. #00364443

18+ yrs Feb 15-Mar 8 Sat 10:00-11:00am \$175.00/4 sess. #00364444

DOG MANNERS - RECALL AND WALKING

Build on the basic skills of dog training by learning positive methods for adolescent to adult dogs along with body language basics. Instructed by Daisy Dog Training.

18+ yrs Jan 18-Feb 8 Sat 11:15am-12:15pm \$175.00/4 sess. #00364445

18+ yrs Feb 15-Mar 8 Sat 11:15am-12:15pm \$175.00/4 sess. #00364446

Martial Arts

KARATE - SHITO-RYU - ALL LEVELS

Learn this traditional style of martial arts in a fun and safe environment. There may be additional fees including; membership fees, belt grading fee (optional), uniform and safety equipment (optional). The instructor will provide details of options.

19+ yrs	Jan 7-Mar 11	Tue	7:30-9:30pm	\$148.80/10 sess.	#00369918
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Racquet Sports

BADMINTON - INTERMEDIATE

Learn strategy, speed and placement skills to then work on in high-energy games. Basic and refined strokes and control and consistency are also covered. Equipment required at each session. Pre-requisite: Previous badminton experience required.

18+ yrs	Jan 25-Mar 15	Sat	9:15-10:45am	\$68.90/7 sess.	#00370057
18+ yrs	Jan 25-Mar 15	Sat	2:00-3:30pm	\$68.90/7 sess.	#00370061
18+ yrs	Jan 26-Mar 9	Sun	1:10-2:40pm	\$59.05/6 sess.	#00370064

PICKLEBALL - BEGINNER

Learn the rules and basic techniques of this fun, simple and fast-paced game that combines ping pong, tennis and badminton on a badminton size court utilizing paddles and a plastic wiffle ball. Suitable for beginners. Paddles provided for use if required.

19+ yrs	Jan 11-Feb 15	Sat	1:00-2:30pm	\$90.00/5 sess.	#00369924
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PICKLEBALL - ADVANCED

Master advanced strategies, refine precision in shot placement and enhance court coverage. Instructed by a certified instructor. Paddles provided for use if required. Pre-requisite: Pickleball - Intermediate.

19+ yrs	Feb 22-Mar 29	Sat	1:00-2:30pm	\$108.00/6 sess.	#00369953
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PICKLEBALL - SKILL DRILL PLAY - ALL LEVELS

Continue to improve in these high-intensity, drill-focused sessions that focus on perfecting shots and heightening game awareness. Instructed by a certified instructor.

19+ yrs	Jan 11-Feb 15	Sat	2:30-4:15pm	\$105.00/5 sess.	#00369928
19+ yrs	Feb 22-Mar 29	Sat	2:30-4:15pm	\$126.00/6 sess.	#00369930

Drop-in is available first-come first-served for registered fitness classes with spaces remaining.
Call ahead at the Cambie Front Desk (**604-238-8399**) to check if space is available!

Please note that Total Fitness Passes are not applicable for dropping into a registered program.

CHAIR FITNESS

Manage chronic conditions and pain more effectively both in and out of the chair. Focus is on simple exercises, deep breathing, and gentle stretches in this basic fitness class. Suitable for older adults and those with physical limitations.

55+ yrs	Jan 7-Feb 11	Tue	1:15-2:00pm	\$36.05/6 sess.	#00369170
55+ yrs	Feb 18-Mar 25	Tue	1:15-2:00pm	\$36.05/6 sess.	#00369174

CORE YOGA

Focus on movements, breathing exercises and yoga poses that work to build a strong and stable core.

13+ yrs	Jan 8-Feb 12	Wed	5:45-6:45pm	\$60.65/6 sess.	#00369111
13+ yrs	Feb 19-Mar 26	Wed	5:45-6:45pm	\$60.65/6 sess.	#00369113

YOGA

Increase flexibility and strength, relieve stress and practice active relaxation in this balanced body and mind class.

13+ yrs	Jan 10-Feb 14	Fri	5:45-6:45pm	\$60.65/6 sess.	#00374651
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ZUMBA® (*FOR WOMEN)

Move to zesty Latin and international music in this dance fitness program that offers a great cardiovascular workout with easy to follow routines.

13+ yrs	Jan 2-Feb 13	Thu	10:00-11:00am	\$61.90/7 sess.	#00369116
*13+ yrs	Jan 3-Feb 14	Fri	7:00-8:00pm	\$61.90/7 sess.	#00369128
*13+ yrs	Jan 6-Mar 17	Mon	7:15-8:15pm	\$88.40/10 sess.	#00368910
13+ yrs	Feb 20-Mar 27	Thu	10:00-11:00am	\$53.05/6 sess.	#00369119
*13+ yrs	Feb 21-Mar 28	Fri	7:00-8:00pm	\$53.05/6 sess.	#00369130

ZUMBA® - TONING - FOR WOMEN

Use toning sticks to help torch calories with dance and strength training that offers a great cardiovascular workout with easy-to-follow routines.

13+ yrs	Jan 8-Mar 19	Wed	7:15-8:15pm	\$97.25/11 sess.	#00370752
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Fitness Prices

Passes and Drop-In Rates		
	Adult	Youth/55+
Drop-In	\$6.90	\$5.00
Yoga Drop-In (1 hour)	\$8.75	N/A
10 Visit Card	\$55.00	\$40.00
1 Month	\$59.00	\$47.00
3 Month	\$128.00	\$105.00
6 Month	\$219.00	\$180.00
1 Year	\$365.00	\$300.00
1 Year Family Add-On	\$300.00	N/A
Passes are non-transferrable. Personal training is available. Inquire at the front desk for more information.		

With the purchase of a 1 year adult pass, you may add one additional family member living in the same residence for a reduced price. Passes must be purchased at the same time.

Annual pass holders are permitted one vacation extension per year. This extension must be requested before the start of the vacation and is only granted for periods of more than two weeks and no more than one calendar month.

Total Fitness Pass holders can attend drop-in fitness classes and fitness classes at other community centres for an add on fee of \$1.00 (**not including specialty classes**).

\$4.80 for Minoru Centre and Watermania pools.
Visit cards do not apply.

A refund will only be considered if a permanent disability occurs, or if a client moves outside the Richmond area.

Drop-In Fitness Classes

Schedule effective January 6 - March 30

All drop-in group fitness classes are included in your Total Fitness Pass. 1 hour drop-in yoga classes are **NOT** included in 10 visit cards.

Monday	Tuesday	Wednesday	Thursday	Friday
Total Body Conditioning 10:00-11:00am	Dance Fit 10:00-11:00am	Total Body Conditioning 10:00-11:00am		Functional Fitness 10:00-11:00am
	Hybrid/Express Zoom/Drop-In Yoga 12:15-1:00pm	Hybrid/Express Zoom/Drop-In HIIT 12:15-1:00pm	Hybrid/Express Zoom/Drop-In TBC 12:15-1:00pm	

Hybrid Class: Attend in person or register and attend through Zoom from home.

Express Class: 45 minute lunch-time lunch time classes - perfect for when you're on a lunch-break!

Drop-In Schedules

Drop-In Sports and Games Room Schedules/Pricing

Schedule effective January 6 - March 30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Badminton (Court Rentals) 9:30am-2:45pm All Ages	Badminton 12:00-2:45pm 18+ yrs	Pickleball 8:30-11:30am 18+ yrs	Badminton 12:00-2:45pm 18+ yrs	Pickleball 12:00-2:45pm 18+ yrs	Badminton 12:00-2:45pm 18+ yrs	Badminton (Court Rentals) 9:30am-8:00pm All Ages
Pickleball 9:30am-12:00pm 16+ yrs	Youth Open Gym 3:00-4:30pm 13-18 yrs	Basketball 12:00-2:45pm 18+ yrs	Youth Open Gym 3:00-4:30pm 13-18 yrs	Youth Open Gym 3:00-4:30pm 13-18 yrs	Youth Open Gym 3:00-4:30pm 13-18 yrs	Pickleball (Court Rentals) 4:15-8:00pm All Ages
Basketball 9:45am-12:00pm 13+ yrs		Youth Open Gym 3:00-4:30pm 13-18 yrs	Badminton 6:30-9:15pm 16+ yrs		Youth Volleyball and Basketball 6:00-8:30pm 13-18 yrs	
Pickleball (Court Rentals) 12:15-2:30pm All Ages		Volleyball (Registered Visits) 6:30-9:15pm 16+ yrs			Night Shift Basketball/Volleyball 9:00-11:30pm 16-30 yrs	
Volleyball 12:30-3:00pm 16+ yrs						

Drop-in Sport Pricing and Court Rental Information

	Adult	55+	Youth
Drop-In	\$6.25	\$5.00	\$3.50
10 Visit Card	\$50.00	\$40.00	N/A
Court Rentals (45 mins)	\$11.65	N/A	N/A

No private instruction permitted. Courts can be booked starting at 12:00pm one week in advance. Book online, by phone, or in person. 24 hours notice must be given to get a refund. No refunds given for less than 24 hours notice. Clients are required to check-in at the front desk or with gym attendant before proceeding to the court. Max 2 court rentals per person, per day.

1 Year Games Room Pass

	Adult (18+)	18 and Under
1 Year Pass	\$13.00	\$7.00

Games room includes table tennis, foosball and pool table. Games room pass is required to use equipment. No access during "Youth Only" hours.

Sport and Games Room visit cards and passes are non-transferable and cannot be used at other Community Centres.

1 Year Youth Facility Pass (13-18 yrs)

Youth Facility Pass 1 FREE	<ul style="list-style-type: none"> • Access to Youth Open Gym, Youth Volleyball and Basketball • Equipment loans during Open Gym times with card • Access to Games Room during "Youth Only" hours (Mon-Fri: during school lunch and 3:00-4:30pm, Tu/Thu 8:00-10:00am)
Youth Facility Pass 2 \$7.00	<ul style="list-style-type: none"> • All of the above, plus • Unlimited access to the Games Room and Games Room Equipment rentals • Access to the Fitness Centre Tue & Thu 3:00-4:00pm.

Seasonal Programs and Events

Family Day Weekend

Celebrate the **Family Day** weekend with **Cambie Community Centre!** More programs and activities will be added here as they are confirmed. Stay tuned for more details!

FAMILY DAY - PANCAKE BREAKFAST

Enjoy a breakfast and entertainment together. All participants required to be registered. Adult participation required. Held at East Richmond Community Hall, 12360 Cambie Road.

1 mo.+

February 17

Mon

9:30-11:00am

Free/1 sess.

#00361919



Little Explorers (Ages 3 - 5)

Monday/Wednesday
9:00am-12:00pm
\$178.10/monthly

Tuesday/Thursday
9:00am-12:00pm
\$194.05/monthly

Kinderfun (Ages 3 - 5)

Mornings

Mon/Wed/Fri
9:00-11:30am
\$216.75/monthly

Tuesday/Thursday
9:00-11:30am
\$155.15/monthly

Afternoons

Mon/Wed/Fri
12:30-3:00pm
\$216.75/monthly

Tuesday/Thursday
12:30-3:00pm
\$155.15/monthly

Junior Kindergarten (Ages 4 - 5)

Note: Registrants must also be registered in either Kinderfun or Little Explorers!

Monday/Wednesday
11:30am-1:00pm
\$89.05/monthly

Tuesday/Thursday
11:30am-1:00pm
\$97.00/monthly

Contact Anne-Marie for more information!
Phone: 604-238-8385
Email: Anne-Marie.Olmstead-Wilcox@richmond.ca

Cambie's Out of School Care programs encourage children to pursue their interests, develop confidence, independence and friendships while respecting themselves, their environment and others!

Schools that we service include:
McNeely and Mitchell - Morning and after school
Tomsett - After school only

Winter/Spring Break and Pro-D days are included in monthly fees.

Contact Julian for more information!
Phone: 604-238-8388
Email: Julian.Hui@richmond.ca

Playtime - Parent and Tot

Play on equipment and try different activity tables.
For children up to 5 years old.

Parent participation required.

Day/Time/Price:

Mondays and Fridays
9:15-11:00am
\$3.10/Drop-in



Recreation Fee Subsidy Program

The City of Richmond's **Recreation Fee Subsidy Program** helps Richmond residents in need of financial assistance access recreational programs.

Applications are submitted yearly, with terms running from September 1 - August 31.

For more information, visit richmond.ca/subsidy