



THOMPSON COMMUNITY ASSOCIATION

5151 Granville Avenue, Richmond, British Columbia V7C 1E6 • Telephone 604-238-8422

Job posting Thompson Community Association **Group Fitness Instructor**

Applications are being accepted for the position of **Group Fitness Instructor** at Thompson Community Association.

Thompson Community Association works in partnership with the City of Richmond to provide services ranging from preschoolers to seniors. The facility has a large gymnasium, fitness centre, programming rooms and is surrounded by Thompson Community Park. If you value working in a team environment and making a difference in the community, this position is for you.

Job Summary:

Under the direction of the Fitness Coordinator, provides class instruction to clients attending registered or drop-in fitness classes.

Duties and Responsibilities:

Customer Service/Communication

Teach group fitness classes; improve technique; supervise and ensure the safety of patrons enrolled in registered or drop-in group fitness in the fitness facility/area.

Promote and market changing fitness programs; have a working knowledge of available programs provided at various Richmond Community Centres.

Safety/Risk Management

Ensure the fitness facility/area is safe and report any equipment malfunctions or safety issues to the Fitness Coordinator; ensure equipment is properly maintained, stored and locked.

Display the PAR-Q sign and ensure it is read by all participants; hand out and collect PAR-Q forms if needed; provide a verbal PAR-Q for all new participants at the beginning of class.

Administrative

Arrange for a substitute instructor from approved lists if unable to teach an assigned class; notify the Fitness Coordinator of absence; notify a front desk attendant by phone if late.

Ensure patrons properly checked in to the class.

Attend meetings with the fitness staff and/or the Fitness Committee on request.

Responsible for filling out accident report forms.

Other related duties as assigned.

Required Qualifications:

High school graduation or equivalent PLUS the following designations dependent upon course of instruction:

- BCRPA Group Fitness: Two year's experience (minimum 300 hours) with group fitness classes in a public facility OR an equivalent combination of education, training and experience.
- Standard or Emergency First Aid & CPR
- Police Information Check.
- Equivalency designations must include proof of personal liability insurance

Desired Qualifications:

- Older Adults certifications.
- Yoga: BCRPA Yoga Fitness OR Yoga certification from a yoga Alliance recognized certifying body.
- Pilates: BCRPA Pilates OR a recognized certificate with more than 40 hours theory and practical exam, Stott, Physical Mind, Method Pilates, etc.

Compensation and Benefits:

\$30.91 -\$51.51/hour (based on experience)

How to Apply:

Please send a detailed resume with a cover letter (Adobe PDF or MS Word format only) that reflects knowledge, skills, and abilities relevant to the position.

Attention:

Natalia Orekhova, Fitness Coordinator

E-mail: Natalia.orekhova@richmond.ca

Thompson Community Centre

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The Thompson Community Association thanks all applicants in advance for their interest. **This is an ongoing posting and will remain open until positions are filled.** Only those candidates under further consideration will be contacted.

Duties may be carried out in a City-owned facility; however, the City is not the Employer for this position.

This position is restricted to those legally entitled to work in Canada.

Thompson Community Association is an inclusive employer committed to employment equity objectives and invites applications from all qualified individuals. Should you be contacted and require some form of accommodation during the interview process, please let us know and we will endeavour to meet your needs to the best of our ability.