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### **City of Richmond**

# **Community Services e-News**



June



## ParticipACTION's Community Challenge | June 1 - 30

#### Get moving and track your activities to win prizes!

Staying active keeps us healthy and connected. That's why the City of Richmond is once again encouraging all residents to participate in the Community Challenge during the month of June and help Richmond become Canada's Most Active Community!

Open to both individuals and businesses, this nationwide initiative encourages individuals and communities to sit less and move more.

All month long, there will be physical activities and events taking place including free and low-cost programs, suitable for all ages and abilities. To view all the offerings, click here.

Tracking activities is quick and easy. Click here to:

- Download the ParticipACTION mobile app
- Sign-up for the Community Challenge using your Richmond postal code
- Log your activity in the ParticipACTION app or website

Every minute counts towards our community total so sign-up today! Together we move.

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# Celebrating BC Seniors Week | June 5 - 11

#### Choose from more than 25 activities

'Seniors in the Spotlight' is this year's theme focusing on the arts and the creativity of older adults in the community. Seniors Week will feature over 25 fun, free or low cost programs and events including: pickleball, a mixed media art workshop, dance workshops and an interactive Improv session.

The opening event takes place at Gateway Theatre on Monday, June 5 with opening remarks from Mayor Malcolm Brodie, and live performances that include multicultural dance, Hawaiian dancers, drumming, ukulele and more.

Free transportation is available to and from all community centres – you just need to register!

Check-out the complete program.

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# It's Time to Register for Daycamps!

#### Fun and healthy activities for kids

Led by enthusiastic and experienced staff, children will be inspired to stay active and socialize in a safe and respectful way as they connect with new peers and learn healthy new skills that will last a lifetime. Choose from the age groups below and register online, by phone at 604-276-4300 or in-person at any parks, recreation or cultural facility.



- Camps for Preschoolers
- Camps for Children
- Camps for Youth

Before and After Camp Care is also available.

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## June is Recreation and Parks Month

# Explore. Play. Walk. Dance. How will you celebrate Recreation and Parks Month?

From June 1 - 30, follow @cityofrichmondbc on Facebook and Instagram to learn about the many activities, exciting events and energizing programs to participate in.

It's a great way to improve your health and wellness and have some fun. Whether you're an avid outdoors person, or just kick-starting your active lifestyle, the City of Richmond has many fun activities, exciting events and energizing programs to support your goals.

Download the June is Recreation and Parks Month brochure now and start participating! Printed copies are available at all City of Richmond community facilities and Richmond libraries.

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### Educate, Celebrate, Contemplate National Indigenous History Month and National Indigenous Peoples Day

Numerous activities are taking place throughout the month of June for National Indigenous History Month and National Indigenous Peoples Day on Wednesday, June 21. Richmond residents are invited to learn and celebrate the vibrant and diverse cultures, languages and traditions of First Nations, Inuit and Métis peoples.



The upcoming events and activities provide opportunities to become more educated and aware of the history and contributions of Indigenous communities.

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# 16th Doors Open Richmond | June 3 & 4 Celebrating cultural diversity in our community

The 16th Doors Open Richmond returns as a free, in-person event this weekend! There will be 39 sites participating, providing behind-the-scenes access to some of Richmond's most popular museums, artist studios, faith-based institutions, cultural organizations, food and beverage establishments, civic centres and much more.

Since launching in 2008, over 235,000 visitors have been part of this free event!

For more information, including the full list of participating sites, visit richmondmuseum.ca/doors-open. Hours vary for each site and may require pre-registration.

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## The \$29 Summer Pass is back! Swim, Skate, Golf and Work Out June 10 - September 4

This affordable pass, gives 5 to 18 year olds unlimited access to drop in to any public session including:

- Swimming and fitness centres at Minoru Centre for Active Living & Watermania
- Swimming at South Arm & Steveston Outdoor Pools
- Skating at Richmond Ice Centre (public skating only)
- Golf at West Richmond Pitch & Putt (Mon-Thu, 12:00-4:00pm, excluding holidays)
- Fitness Centres at City Centre, Cambie, Hamilton, Sea Island, South Arm, Steveston, Thompson and West Richmond community centres

Fitness Centres are available for use for 13 to 18 year olds. An orientation and completed consent form are required to use community fitness centres.



Purchase a pass today!

Find all locations and details at www.richmond.ca/summerpass.

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# Save The Date

Steveston Outdoor Pool Now open 4151 Moncton Street

#### Walk Richmond

June 3, 8, 17, 22 Various locations

South Arm Outdoor Pool Opens June 10 10100 South Arm Place Thompson Community Picnic June 22 Thomson Community Centre

Canada Day and Steveston Salmon Festival July 1 Steveston Village

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