

Red Dress Day

May 5, 2026

Red Dress Day, observed on May 5, honours the lives of missing and murdered Indigenous women, girls and 2SLGBTQIA+ people, and raises awareness of the disproportionate violence they face in Canada.

Red dresses are powerful symbols of loss, remembrance and the need for action.

Show your support by taking part in this commemorative craft activity and displaying it in recognition of Red Dress Day.

Instructions

1. Print and cut along the dress outline.
2. Using materials of your choice, decorate the dress in red.
3. Add a reflection, sentiment or message of support.
4. Display the dress in a window in recognition of Red Dress Day.

Support

Please note: This topic may be distressing for some. A national, toll-free 24/7 crisis call line is available for anyone requiring emotional assistance related to missing and murdered Indigenous women, girls and 2SLGBTQIA+ people in Canada. For support, call 1-844-413-6649.

